



Base Briefs

POSITION OPENING

The 30th Mission Support Group has an immediate opening for a dorm manager. Technical and master sergeants may apply for the position of chief of unaccompanied housing. This is a two-year controlled tour. Applicants must submit a letter of recommendation from their commander, and copies of their last three performance reports to the 30th Mission Support Group. The submission deadline is Monday. Call Staff Sgt. Raul Molina at 606-3933 for more information.

CRIME HOTLINE

The 30th Security Forces Squadron Crime Stoppers Hotline is an anonymous 24/7 way to report non-emergency crimes, suspicious activity, phone in tips, ask questions about security forces or join the Vandenberg Neighborhood Watch. The number is 606-6873.

OFFICE CLOSURE

The 30th Comptroller Squadron's financial services office customer service section will be closed Aug. 20 at 1 p.m. for an official function. If emergency financial assistance is needed, call 588-0701.

UNIFORM CHANGES

The 96th Air Force Uniform Board approved 39 changes to the AF dress and personal appearance instruction. The board also disapproved 61 proposals. For a complete list of the board's changes, go to Vandenberg's Military Personnel Flight Web site at <https://intranet/organization/30msg/30MSS/mpf/index.htm>.

BATTERY RECYCLING

Dormitory residents can now recycle their old batteries in the three dormitory dayrooms. The Vandenberg recycling program recycles AAA to D size consumer batteries, alkaline, carbon-zinc, 9-volt, nickel cadmium, nickel metal hydride and lithium batteries.

SUMMARY COURTS

Anyone having claims for or against the estate of Senior Airman David Renner, deceased, call Capt. John Lofton, 576th Flight Test Squadron, at 606-6621 or 588-8148.

NEW CLINIC HOURS

The 30th Medical Group is open Thursdays from 8 a.m. to 4:30 p.m. The phone lines are also open for appointments at 7:45 a.m. for active-duty service members and 8:30 a.m. for dependents and retirees. The clinic is closed for training the fourth Thursday of each month.

Silent warriors



Maj. Patrick Assayag and Staff Sgt. Keith Thompson, 9th Space Operations Squadron members, work in 14th Air Force's Space Air Operations Center. The center provides 24-hour command and control of all space operations forces. See the full 14th Air Force story on Page A2.

STRATCOM commander sees Team V's worldwide mission

BY TECH. SGT. REBECCA DANET
30th Space Wing Public Affairs

The commander of U.S. Strategic Command is at Vandenberg today on a whirlwind tour of the base's missile defense and space operations facilities. The visit is designed to further the general's understanding of the key role Air Force Space Command plays in global strategic and tactical missions including missile defense.

As USSTRATCOM commander, Marine Gen. James Cartwright is responsible for America's strategic forces.

"United States Strategic Command provides a single warfighting combatant command with a global perspective," said Maj. Randi Steffy, USSTRATCOM public affairs officer. "The command controls military space operations, computer network operations, and DoD information operations, while providing the nation's leadership with strategic warning and intelligence assessments as well as global strategic planning capabilities."

Those strategic capabilities include missile defense. By presidential directive, Vandenberg is set to provide initial defensive operational capability against a limited

"The men and women of Team Vandenberg have been working at a vigorous pace to ensure the infrastructure is in place to support this mission on 1 October."

COL. FRANK GALLEGOS,
30TH SPACE WING COMMANDER

ballistic missile attack by Oct. 1 this year. The missile defense component being activated here is set to target an incoming missile during its mid-course phase of flight, said Maj. Paula Lane, deputy commander of the 30th Space Wing's Site Activation Task Force.

"Thanks to the efforts of the men and women of Vandenberg, America and her allies are offered an added measure of protection," General Cartwright said. "With the base's strategic location, established infrastructure, and all the professional expertise, Vandenberg will play an invaluable role as our missile defense capabilities continue to evolve."

A space command and control briefing was first on

General Cartwright's agenda here.

As the Numbered Air Force for space, 14th Air Force provides space warfighting forces to USSTRATCOM through Air Force Space Command. It also manages the generation and employment of space forces to support USSTRATCOM operational plans and missions.

14th AF Commander Maj. Gen. Michael Hamel gave an overview of his unit's mission as well as a tour of the Air Force's only Space Air Operations Center. The Space AOC is the Air Force's central focal point for coordinating and directing its space assets.

As part of an overall system of systems, 14th AF assets like Upgrade, Early Warning Radar

and the Space-based Infrared System provide key data on possible missile launches against the United States, General Hamel said. UEWR provides information on the location of an incoming target during its mid-course phase. SBIRS provides first detection of possible launches using global infrared coverage.

30th Space Wing Commander Col. Frank Gallegos also briefed General Cartwright on the wing's mission and highlighted the work his team is doing to prepare for missile defensive operations.

"The men and women of Team Vandenberg have been working at a vigorous pace to ensure the infrastructure is in place to support this mission on 1 October," the wing commander said. The wing's units have installed fiber optic lines, completely revamped four launch facilities and worked closely with the Ground-based Midcourse Defense site activation team to ensure a smooth transition to operational capability.

As program director for GMD, Army Maj. Gen. John Holly gave General Cartwright an overview of his program and explained how it would augment

See VISIT Page A4

108 Airmen receive staff sergeant stripe

The Air Force has selected 13,625 of 33,306 eligible senior airmen for promotion to staff sergeant, a 40.91 percent selection rate. The average score for those selected was 272.33 points, with the following averages: - 130.85 enlisted performance reports - 58.23 promotion fitness exam - 54.29 specialty knowledge test - 16.43 time in grade - 10.88 time in service - 0.79 decorations the average selectee has 1.77 years time in grade and 4.39 years in service.

The Team Vandenberg members who made the grade are:

Renee Abella, 30th Space Communication Squadron
Rosamaria Alvarado, 30th Services Squadron
Jesus Alvarez, 30th SCS
Adam Alwazzan, 30th Mission Support Squadron
Martin Amador, 30th Security Forces Squadron
Omar Antuna, 30th Civil Engineer Squadron
James Asedo, 30th Logistics Readiness Squadron
Gabriela Avendano, 30th SCS
Jesse Baines, 30th LRS
Robert Beach, 30th CES
Wendy Beard, 30th SFS
Eddy Becerra, 30th MSS
Allan Bliss, 576th Flight Test Squadron
Serena Bliss, 533rd Training Squadron
Elsie Botello, 2nd Space Launch Squadron
Michael Brauer, 533rd TRS
Sang Bui, 576th FLTS
Jennifer Burton, 576th FLTS
Rachel Caliva, 30th SFS
Jeremy Camacho, 30th CES
Shawn Carr, 95th Space Group
Daniel Carroll, 30th CES
Cynthia Cheney, 576th FLTS
Brandon Cornwell, 30th SFS
Shauntey Dantzler, 30th CES
Jordan Davis, 14th Information Warfare Flight
Thomas Davis, 30th SFS
Hiram Delacruz, 30th SCS
Mark Delisle, 30th LRS
Jeremy Divine, 30th SFS
Neal Doucette, 30th CES

See PROMOTIONS Page A2

Pharmacy implements new formulary guidelines

BY LT. COL. DAVID W. BOBS
Office of the Air Force Surgeon General

Air Force Pharmacies are implementing a new formulary guideline, which includes the elimination of selected medications at Air Force pharmacies worldwide.

Major General (Dr.) Joseph E. Kelley has directed the change, due to an extremely challenging budget year for the Air Force Medical Service. General Kelley is the assistant surgeon general for Healthcare Operations, Office of the Surgeon General, Bolling AFB, Washington D.C.

"In addition to being faced with more expensive drugs coming to market this year, there has been an 8 percent price

increase in the approximately 150 high-use medications contained on the DOD/VA contract list," according to General Kelley.

To assist in meeting the Air Force medical Service fiscal parameters, General Kelley stated that several changes are being made to military treatment facility formularies. For example, Allegra will be deleted from the formulary and replaced with loratadine. Celebrex and Bextra will be deleted from MTF formularies and patients switched to Vioxx. Patients using Humalog insulin will be converted to Novolog.

General Kelley believes the implementation of the new formulary guidelines provide sound clinical options

with a very minimal impact of patient care.

For patients requesting refills on the medications being deleted, a 30-day supply will be provided to enable the patient enough time to obtain a new prescription for another medication.

"At times, it can be a somewhat bewildering process to track what medications your military treatment facility pharmacy keeps in stock," said Col. Phil L. Samples, pharmacy consultant to the Air Force Surgeon General.

"Not only can this be confusing at the local level, but as families PCS from base to base, situations arise where one

See PHARMACY Page A4

In this issue of the



Also view
The Space & Missile Times at
www.vandenberg.af.mil and click the Space & Missile Times button.



Team Vandenberg gears up for softball playoffs when 10 teams go head to head next week. See Page A6.



Destinations Central Coast explores the yachts and shops of Ventura Harbor south of Vandenberg. See Page B1.

Weekend forecast
Cloudy Saturday and partly cloudy Sunday.
Low/High
50/71
For a full Vandenberg weather report, visit
www.vandenberg.af.mil/30sw/organizations/30og/weather/weather_index.html

14th Air Force – America’s space warriors

By CAPT. TODD FLEMING
30th Space Wing Public Affairs

In World War II, before the United States officially entered the war, a group of American volunteer pilots flying P-40 Warhawks with the noses painted to resemble tiger sharks flew combat missions defending China. The group compiled an unparalleled war record and eventually, in March 1943, gave birth to the 14th Air Force.

The 14th Air Force today carries on the proud operational tradition of its forbears as the Air Force’s sole Numbered Air Force for space.

Whether enabling surgical strikes that limit collateral damage, tracking our forces to avoid friendly fire incidents, or identifying and tracking high-threat targets, 14th Air Force is a key team member in all-military operations, said Maj. Gen. Mike Hamel, 14th Air Force commander.

14th Air Force, headquartered at Vandenberg, is comprised of five space wings and carries out the critical space functions that directly support operations throughout the world. The command’s diverse missions are carried out by more than 20,000 men and women with responsibility for 28 weapon systems.

“We are the space operations arm of Air Force Space Command,” General Hamel said. “When the warfighters need space support, whether that be satellite information on where an enemy is located, precise coordinates for a strike, navigational information, or key communication support, we provide it.” 14th Air Force’s launch mission is carried out

here and at Patrick AFB, Fla. Vandenberg is the only military base in the United States from which unmanned military, civil, and commercial satellites are launched into polar orbit. It’s also the only site from which intercontinental ballistic missiles are test fired. Patrick AFB in Florida launches key U.S. military and commercial satellites from Cape Canaveral Air Force Station.

14th Air Force is also responsible for a space control and missile warning wing and a satellite operations wing in Colorado Springs, Colo., and a space-warning wing at Buckley AFB in Denver. Peterson AFB’s 21st Space Wing is the only Air Force unit providing worldwide missile warning and space superiority capabilities to combat forces worldwide. The unit detects and tracks more than 9,000 man-made objects in space. The 50th Space Wing at Schriever AFB, Colo., operates and controls satellites around the world. The 460th Space Wing is responsible for space-based missile warning and surveillance.

One of the Numbered Air Force’s most critical missions takes place in the Joint Space Air Operations Center, or Space AOC, at Vandenberg. This center provides 24-hour command and control of all space operations forces.

“At the AOC, we provide the warfighters space support across the spectrum of conflict,” General Hamel said. “That’s where we plan and direct space assets based upon mission needs. This is where we ensure space is integrated into all supported military operations around the globe, from peace

through crisis through war.”

As space has become increasingly vital to combat operations, 14th Air Force has emerged as a key player in nearly all operations.

“People don’t realize how much support we provide because so much of it is invisible to the warfighters, but they’d know it if they didn’t get it,” the general said. “We literally provide force-multiplying effects. Many of the weapons employed by the military today are targeted by space systems, commanded using space connectivity, and guided by precision space-based navigation systems. These assets enable us to be infinitely more lethal while significantly reducing collateral damage.”

14th Air Force is also a vital component of the missile defense effort, General Hamel said. Although most of the attention has been focused on the missile interceptors that will be stationed at Fort Greeley, Alaska, and right here at Vandenberg later this year, Air Force Space Command has been focused on upgrading radars and satellites, such as the Space Based Infrared System, that are vital to implementing the president’s goal of providing a ballistic missile shield over North America, said General Hamel.

Space has emerged to become an equal partner with land, air and sea in military operations, the general said.

“Just as General Chennault’s Flying Tigers were at the forefront of aerial combat in World War II, today’s Flying Tigers are at the cutting edge in providing space combat capabilities as we fight the Global War on Terrorism and defend our nation,” General Hamel said.

PROMOTIONS: From Page A2

Lane Dougherty, 30th SFS
Jean Ducrot, 595th SPG
Adam Dufford, 30th Security Forces Squadron
Delbert Dunbar, 30th CES
Elaina Ealy, 381st Training Support Squadron
Charles Eldridge, 30th SFS
Joseph Girardi, 576th FLTS
Cecilia Gomez, 30th SFS
Alakai Haorivera, 576th FLTS
Jeremy Hawkins, 30th CES
Stephen Herring, 30th Weather Squadron
Peter Heumann, 30th SFS
Brian Hill, 30th Space Wing
Jason House, 576th FLTS
Jason Hughes, 30th SFS
Michael Hughes, 30th CES
Adam Hunt, 30th SFS
David Hyder, 30th LRS
Glenn Jaralba, 30th SFS
Shawn Jenssen, 2nd SLS
William Kaelber, 2nd SLS
Leann Katz 30th, SFS
Michael Kennedy, 533rd TRS
Julie Krings, 2nd SLS
Perse Lane, 30th SFS
Carlos Laurencio, 576th FLTS
Dallas Lawry, 30th CES
Travis Layman, 576th FLTS
John Lott, 533rd TRS
Daniel Low, 30th LRS
Jason Mall, 30th LRS
Areman Mansouri, 30th LRS
Christopher Marasky, 30th SCS
Ricky Matthias, 30th SFS
Steven Mccartha, 30th SFS
Taulbee Mcginnis, 30th CES
Thamara Mercado, 614th Space Intelligence Squadron
David Mercier, 30th SFS
Bridget Miller, 30th CES

Stephen Montgomery, 30th CES
James Murray, 30th SFS
Bryan Nipper, 30th SFS
Robert Oller, 30th SCS
Manuel Painter, 30th CES
Danny Paredes, 533rd TRS
Joel Parney, 30th CES
Charles Pedersen, 595th Space Group
Tameka Peoples, 614th Space Communication Squadron
Cory Raven, 30th SFS
Michael Reis, 30th SFS
Christopher Reynolds, 30th SFS
Rudolph Rivo, 576th FLTS
Martha Robinson, 381st Training Support Squadron
Nestor Rodriguez, 30th CES
Jonathan Rose, 30th CES
James Salavarría, 30th CES
Brian Sanchez, 30th Medical Support Squadron
Jason Saunders, 392nd Training Squadron
Ricky Saunders, 576th FLTS
Kathryn Shinkle, 30th SCS
Richard Skerl, 30th SFS
Amy Staubit, 30th Medical Operations Squadron
Kitsie Steiner, 30th Operations Support, Squadron
Timothy Stewart, 30th SFS
Donnell Stokes, 30th MSS
Lemeika Stringer, 30th MSS
Robert Summers, 30th OSS
Julie Suriano, 30th SFS
Robert Trujillo, 30th SFS
Gilroy Walter, 30th CES
Sandietta Walter, 30th SCS
Deondra Wesley, 614th Space Operations Squadron
Harold White, 30th CES
Glenn Wolfgang, 381st Training Support Squadron
Carolyn Yates, 576th FLTS
Victoria Zappas, 30th MDOS
Aaron Zavala, 30th SFS

ALCON: *Bravo*

A DUI or alcohol-related incident has occurred without injuries.

AADD saves: **189**
Days since last DUI: **4**
DUI totals for the year: **14**

30th OG	2	30th SW	1	614th SOPG	0
30th MSG	5	14th AF	0	381st TRG	4
30th MDG	1	30th LCG	0	576th FLTS	1



Col. Frank Gallegos
30th Space Wing commander
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For information about the Space & Missile Times, call the staff at (805) 606-2040.

COMMANDER ON CONSOLE

Commander mourns Airman's death

By COL. FRANK GALLEGOS
30th Space Wing commander

Last week, Team V was saddened by the devastating news that one of our Airmen committed suicide, the second such loss suffered by the 576th Flight Test Squadron in the past year.

As with all suicides, we are left with heavy hearts and tough questions. Why? Was there something we could have done? What caused this young man to think things were so bad that his only choice was to take his life?

Suicides devastate those left behind. We are saddened at the loss of one of our colleagues, in this case a fellow Airman. Often, we're left wondering what we could have done.

After a suicide, we need to talk about it openly. I ask all supervisors to look your folks in the eye this week and talk about this. Let them know that no matter how bad things may seem, help is out there. Make sure our Airmen know they can come to you with problems. Keep a pulse on your folks and look for warning signs.

Pay particular attention to those who may be suffering severe stress from career difficulties, relationship/family issues, drug/alcohol abuse, financial problems, upcoming deployments, or facing disciplinary action.

Remind them of all the organizations on base that can help. There are plenty of resources available and people willing to assist Team V members in need of a helping hand. The chapel staff and the 30th Medical Group can offer immediate assistance.

It's an annual requirement that all military members receive suicide prevention training. Please make sure everybody in your section has received this training so they know how to look for warning signs and what to do if they suspect somebody is considering suicide. The training can be scheduled at 606-8217.

To the members of the 576th Flight Test Squadron, especially those who knew Senior Airman Renner best, please understand this was not your fault. Even if there are signs, they are hard to recognize. It was not your decision to make. So, please do not blame yourselves or your unit.

Suicide is a serious problem. It's the second leading cause of death in the Air Force. We must remain vigilant and do everything in our power to prevent them. Perhaps, working together, we've already prevented others or can prevent one in the future.

My heartfelt condolences go out to the family and workmates of this young man.

Please keep the family and the 576th FLTS folks in your thoughts and prayers during this difficult time.

Commander's Action Line

Call 606-7850
or
E-mail your message to
actionline@
vandenberg.af.mil



Col. Frank Gallegos
commander

By performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to

use your chain of command. Talk to your supervisors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our Airmen.

When calling the action line, leave your name and phone number in case more information is needed.

Everything I need to know I learned on the fairway

By MAJ. BENJAMIN SNOW
100th Maintenance Squadron

A couple of weeks ago, my 9-year-old son took golf lessons for the first time. As a result, a lot of our evening discussions and debates were centered on golf and the finer aspects of it.

This included watching the British Open whenever it was on and setting up a putting green in the middle of our living room for most of the week. I like golf as much as most people, but it is definitely not one of my obsessions.

Nevertheless, it occurred to me a person can learn a lot of life's lessons from golf. Lesson number one: You have to know where you want to go if you want to get there. In golf, your goal is to get the little white ball down to the green.

But, if you don't keep your eye on the flag and concentrate on the issue at hand, your ball will end up on the fairway beside you. This is true in life, too. It is so easy to watch and see what others are doing you forget to keep your eyes on what you are doing and what your goals are.

Your goal may be to be a chief master sergeant, a colonel, or maybe a good parent or supervisor. If you don't keep

your goals out there in front of you, you will get sidetracked and miss opportunities. Lesson number two: Stay out of the sandtraps because it is really hard to get back out.

Have you ever really thought of what the impact of your actions will be to your career? That one moment of "fun" could have a dramatic effect on you.

It may prevent you from being a below-the-zone candidate or from getting considered for a medal or special-duty assignment. It might result in the loss of rank, or even worse, end your career. It is so much better to stay out of trouble than to try to dig yourself out of it. Have a plan when you go out for the night, and stick to it.

Don't let your friends, your emotions or a bad decision put a mark on your career that will take years to overcome. Worse yet, don't put your career in the hands of someone else. Take charge, and shape the future you want. Lesson number three: Life is going to throw you curves, or in golf, a slice. Be ready.

A slice happens to everyone at some point in time. It is how you react to that slice and adjust your game accordingly that determine whether you win or lose.

Play it safe, and get your life back on the smooth fairway.

Don't compound the problem by making a risky shot and hit a tree or become lost in the woods. Lesson number four: Follow through. Establish your goals, set your plan of attack and stick to it. There are 100 things that will get in your way: an unexpected temporary duty away from station, a relationship, a new job, a new boss, sports, hobbies, money — the list is endless.

Everyone has issues that fight for attention. You have to figure out what is important to you, be willing to sacrifice in the short term to achieve long-term goals, and push everything else to the side and persevere.

Lesson number five: Never, ever leave the putting green in the middle of the living-room floor, or your new putter may just disappear. Of course, this may just be a life lesson for our house, but it is better to be safe than sorry. You never know what opportunities will come or when they will come.

You never know where life will take you, but if you are prepared for those opportunities, you will be ready to seize

them when they present themselves. The U.S. Air Force gives you a golden opportunity to get your education for free or at very little cost.

Take advantage of the educational opportunities you are provided to make the most of your Air Force career, and secure a bright future in the years beyond. Don't miss out. Yes, life is a lot like golf. Some days you're Tiger Woods — all your shots run straight and true, and everyone knows your name. Other days you can't get the ball 40 feet down the fairway.

Life, like golf, takes constant practice, anticipation and concentration. You have to get ready for the next big tournament. Opportunities will present themselves. Be ready. If you set your goals, stick to them, and keep your standards high, you can stay out of the sand and keep your ball on the fairway.

You may get off course from time to time, but your goals and what is important to you will bring you back on course.

Dream big dreams, set high standards and goals, and enjoy the game. Maybe one day you will be playing in your own British Open.

Do you have a perspective or experience you want to share with Team V? Write about it and E-mail it to SMT@vandenberg.af.mil or call Public Affairs at 606-3595.

HAWKS'

Point of View

"Are you going to re-enlist and why?"

"Yes — 12 years in and want to finish the rest."
— Staff Sgt. Jeff Thompson, 30th Space Communications Squadron



"Undecided — my re-enlistment bonus was taken away."
— Airman 1st Class Gabriel Gonzales, 30th Civil Engineer Squadron

"Yes — job security, benefits, and free school."
— Airman 1st Class Merma Jagoda, 30th Medical Group



"Yes — because of the benefits for the family."
— Master Sgt. Timothy Haase, 30th SCS

Perception means everything in two-way communication

By COL. JIM HOUGAS
5th Medical Group commander

Have you ever been in a conversation where all was going well, then Hall of the sudden another's eyes glare at you as if you had just insulted their mother?

I had one of those "Maalox moments" while deployed to Prince Sultan Air Base, Saudi Arabia, a few years back.

New to the area of responsibility, in the middle of morning stand up, the wing commander noticed the "pegged fun meter" patch on my flight suit. I was asked to remove it on the spot and sternly reminded that no one, especially one in a leadership position, should ever wear a morale drainer like that.

Offline, he explained my patch conveyed to him a malignant attitude of "if you think today is bad, don't expect it to improve anytime soon." No wonder he hit me with that laser cannon stare.

Embarrassed, I explained my genuinely intended sentiment was "Bring it on! I'm primed and eager to tackle any challenge." One patch, two diametrically opposed interpretations.

How often do you think this type of miscommunication occurs in your unit? While hopefully not as dramatic as my example, I suspect it happens more often than we realize.

Effective communication is a two-way street. When speaking, is your intended message getting through? Do you have mannerisms that detract from or confuse that intent? When listening, do you focus on the speaker, or are the words just going in one ear and out the other? Do you ask for clarification when you're not sure of what was just said?

More importantly, if you're offended by something said, do you take

the initiative to ask that person (in a nonconfrontational manner, of course) what he or she really meant, or do you just stew about what you think you heard?

Here are a few tips that helped me become a more effective communicator and leader.

- ♦ Start with your own winning attitude. Be a source of "positive waves." Every day is a great day, but recognize some days are more fun than others.
- ♦ Smile genuinely. In health care, our mantra is "Nobody cares what you know until they know that you care." A warm, engaging smile shows people you are happy to see them and ready to listen.
- ♦ Don't take yourself too seriously. Good-natured humor helps keep the shop loose, but never at another's expense.
- ♦ Address an individual by name and shake his or her hand when you can. Open, receptive body language is critical. With arms unfolded, sit or stand at his or her level, make solid eye contact and nod your understanding of what is said.

Watch the body language of those you speak to so you're sure their perceptions and reactions mirror your intent. Address any mismatches on the spot.

Walk this talk every day, and those around you will trust you. Clear and focused multilateral communication will inspire teamwork, and your shop will hum like a finely tuned engine.

Even better, you and your Airmen will be prepared for success even on those occasional days that aren't as much fun.

Now, flash me one of your million-dollar smiles and let's get down to business. Your country is depending on you.

Get ready for high flying excitement when
Team V opens its gates for
Air & Space Show 2004
Oct. 30 and 31
on the Vandenberg Flightline

Keep your eyes to the skies over Vandenberg to see the following acts air show teams and fly-bys:

- ♦ F-16 Tac-demo team from Hill AFB, Utah
- ♦ F/A-18 Tac-demo team from Naval Air Station Lemoore, Calif.
- ♦ A-10 Tac-demo West
- ♦ T-6 Tac-demo
- ♦ F-16, A-10 & P-51 heritage flight
- ♦ F-18, F-8F & F-4F legacy flight

- ♦ Patriot jet team
- ♦ Eddie Anderini in his YAK 3
- ♦ Bill Cornick in his S-2C Pitts
- ♦ Dave Nash in his 540 Edge
- ♦ Rob Harrison in his Zlin 50
- ♦ Julie Clark Air Shows
- ♦ Tim Weber Air Shows
- ♦ Bill Stein Air Shows
- ♦ B-2 fly-by
- ♦ F-22 fly-by

Keep reading the Space & Missile Times for updates

Crimebeat...



COMPILED BY SENIOR AIRMAN
HARIS JOHNSON
30th Security Forces Squadron

Aug. 3 Suicide response – 2:30 a.m.

A 30th Security Forces Squadron patrolman reported two vehicles parked at Cocheo Park after hours. While checking the status of the vehicles, the patrolman contacted an Airman's spouse accompanied by a non-base affiliated civilian. While being questioned, one of the individuals made suicidal comments to the patrolman. The individual was taken to Lompoc Hospital for medical evaluation.

Reading is fundamental – 12:24 p.m.

A wildlife officer reported a suspicious package at building 853. He said he witnessed an unknown individual loitering in the parking lot, place a book-sized item on the ground then depart the area in a privately owned vehicle.

Responding patrolmen evacuated all surrounding buildings. An explosive ordnance disposal team responded and identified the item as a paperback book.

Smashing – 3:40 p.m.
A World Wide Security gate guard reported a minor vehicle accident at Lompoc Gate. 30th SFS patrolman responded and contacted the driver of the one car accident. He said while exiting the installation, the gate arm swung shut and struck his vehicle causing damage to the hood and passenger side of his POV.

Aug. 4 Pet detective – 6:18 p.m.

An Airman reported two suspicious boxes and one bag at building 9192. 30th SFS patrolmen responded to the scene and cordoned off the area. An explosive detecting military working dog also responded and deemed the items non-hostile.

Domes- tic dispute – 8:47 p.m.

Base 911 dispatchers received a call about an officer and his spouse having a domestic dispute in base housing. 30th SFS patrolmen responded and contacted the couple. Both admitted to assaulting each other. The military member was apprehended for assault. The spouse was detained, cited for assault as well and released.

Aug. 5 Next time use MapQuest – 3:45 p.m.

A 30th SFS patrolman reported a non-base affiliated civilian trespassing at Coast Gate. The driver, a resident of Santa Barbara, said she was looking for Lompoc and made the wrong turn. She got her vehicle stuck in the grass surrounding Coast Gate while attempting to turn around. The woman was cited for trespassing and released.

This week in history...

COMPILED BY AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

August 8
1910 – The first tricycle landing gear is installed on the Army Wright plane.

August 9
1945 – The second atomic bomb is dropped on Nagasaki, Japan by B-29 "Bockscar." The Japanese surrendered shortly after the bombing.

August 10
1912 – Two Army aircraft participate for the first time in ground force maneuvers.

August 11
1950 – Fairchild XC-120, a detachable fuselage transport, completes its first flight.

August 13
1952 – The U.S. Air Force announces it has ordered the B-52 bomber into full production.

VISIT:

From Page A1

the nation's strategic a limited defensive operational capability.

"Our Joint Program Office is composed of dedicated members from all services," General Holly said. "They understand the importance and consequences of developing the most capable system possible for the warfighters. We're focused on an extremely important mission – protecting our families and our Homeland."

General Cartwright visited several sites supporting the GMD system here and the base's Evolved Expendable Launch Vehicle program.

The general saw the missile assembly building where the interceptors will be assembled before being placed in a launch facility. He flew over

Vandenberg's Relocatable Inflight Interceptor Communications System Data Terminal, or RIDT, and he toured Launch Facility 23.

At Vandenberg, the RIDT will represent Limited Defensive Operations Oct. 1. Actual interceptors will be operational in two launch facilities later this year. Two additional interceptors will come on-line early next year.

Finally, General Cartwright got a bird's eye view of Space Launch Complexes 3 and 6 where the Air Force's next generation launch vehicles, Atlas 5 and Delta 4 will lift-off in 2005.

"We're very pleased to have the general see firsthand the work we're doing here," Colonel Gallegos said. "Team Vandenberg is doing the right thing and this visit was just another opportunity to showcase the many important missions our people accomplish."

Going to the birds



PHOTO BY AIRMAN 1ST CLASS BRYAN FRANKS

A Great Blue Heron, one of the more than 300 species of bird that live on or migrate through Vandenberg, stands watch in the Pacific Coast Club parking lot. Many animals including 9 threatened or endangered species make their homes at Vandenberg.

PHARMACY:

From Page A1

pharmacy may carry a certain medication that another does not based on the scope of practice at any given facility," Colonel Samples said. "One of the functions of the [Department of Defense] Pharmacy and Therapeutics Committee and this policy letter is to minimize these variations."

The DoD Pharmacy and Therapeutics Committee is comprised of physicians and pharmacists from all services that reviews classes of drugs and makes recommendations regarding individual medications that must be carried at military pharmacy. These medications, called Basic Core Formulary drugs, provide the foundation for all other formulary decisions, and represent the minimum number of drugs a pharmacy will carry. The intent is to ensure certain maintenance medications for things like blood pressure or diabetes are available through the DOD system. Every Military Treatment Facility has its own pharmacy

and therapeutics committee consisting of local physicians and pharmacists that evaluates medications for addition to the formulary based upon the scope of practice at that particular facility. These medications are then available to augment those on the Basic Core Formulary.

For patients who desire medications not contained on the pharmacy formulary, two options exist.

First, the TRICARE Mail Order Pharmacy will mail up to a three-month supply of medication directly to the patient's home for a small copay (\$3 or \$9 depending on generic or brand name medication). Second, the Managed Care Support Contract (retail network) pharmacies provide up to a 30-day supply of medication for a \$3 or \$9 copay.

Both of these options provide a broader range of medications than normally found at the MTF pharmacy. The combination of the MTF pharmacy, TRICARE Mail Order Pharmacy, and retail network pharmacies, patients are ensured they can receive a wide variety of medications.

For more information about pharmacy benefits, contact your local pharmacy.

TAP aids military members in adjusting to civilian life

By Tech Sergeant Mark McKinney
30th Space Wing Public Affairs

Transitions can be nerve racking, exciting, adventurous, and daunting, all at once. Any one or all of these emotions are the norm for those transitioning out of the military, but don't fret, help with taming those emotions is available in the form of the Transition Assistance Program, more commonly referred to as TAP. The TAP seminar is an inter-service benefit offered globally to members of all branches of the United States military.

The program here on Vandenberg is not only alive, it is as vibrant as those who participate in it allow it to be.

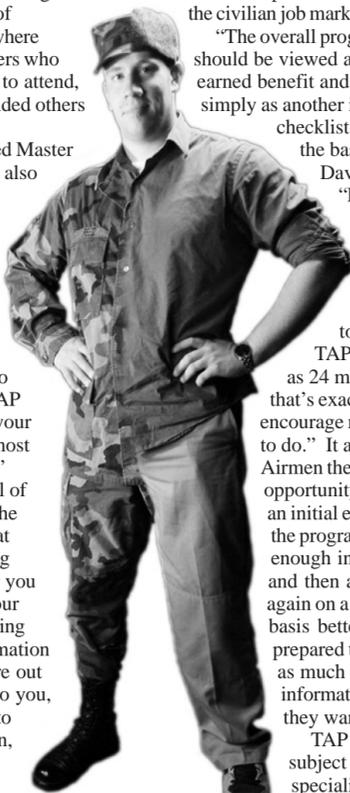
"TAP is, to a great degree, dependent on the participation of those very members it is designed to assist," said Larry Davis, program manager. "We're able to put together the various aspects of the program, but when the class begins it is the separatees and retirees who determine how much information is actually exchanged. The facilitators are there to provide information and answers, but it's the service members attending the seminar who must declare what they're seeking from the course."

A sure sign of a program's success is its word of mouth advertisement and Vandenberg's TAP seminar enjoys its fair share. "I've known about TAP for a

long time," said Master Sgt. Lloyd Conley, 30th Space Wing. "I heard about it through normal channels of communication, where separating members who were encouraged to attend, in turn recommended others attend."

Recently retired Master Sgt. Cary Rosson also became a big proponent of the program. "There's a lot to stay on top of when you're transitioning from military life to civilian life and TAP helps you focus your planning on the most important things," Rosson said. "All of the segments of the seminar have great value and are a big benefit. Whether you need help with your resume, interviewing techniques, information about jobs that are out there and suited to you, or you just need to set up a basic plan, TAP is geared toward that. I try to spread the word to anyone I know who is contemplating a transition."

When attending TAP, transitioning members are



exposed to different programs offered to veterans as well as the different aspects of entering the civilian job market. "The overall program should be viewed as an earned benefit and not simply as another item on a checklist to clear the base," Mr. Davis said. "Per Air Force Instruction, members are authorized to attend TAP as far out as 24 months and that's exactly what I encourage members to do." It affords Airmen the opportunity to get an initial exposure to the program far enough in advance and then attend again on a follow-up basis better prepared to extract as much information as they want, he said.

TAP offers subject matter specialists who provide tips on resume writing, dressing and interviewing for success, understanding VA benefits, recognizing educational

and employment resources, and the list goes on. "The goal is to arm transitioning members with information and avenues to use that information," Mr. Davis added.

TAP also offers real-time exposure to human resources people who could easily be on the other side of the table during upcoming interviews. "Our employer panel is the big hitter during the seminar according to feedback from course attendees," Mr. Davis said. "The panel is a consistent favorite primarily because they give answers that only they can give credibly. The panel is made up of people who can answer the key questions regarding, interviews, money negotiations and the expectations of employers with regard to prospective employees. This is all valuable to members leaving the known and heading into the unknown."

There are also more subtle forms of assistance provided during TAP. "Transitioning from military to civilian life is just that, a transition," Mr. Davis noted. "There is a stigma in society regarding the word 'retiree' and we try to help members realize that often the way you present yourself can make all the difference. Very few members actually retire, most simply transition to another job or career

in the civilian sector. We try to teach the idea of continuing to build a career. The word transition can and should be substituted for the words terminal (leave) and retire and the primary reason is to portray accurately what the member is doing at this time in their lives."

The monthly seminar is offered on an alternating basis to separating and retiring active-duty members. Vandenberg's course, conducted by the Family Support Center, has evolved over the last year to become the valued benefit it is today. Originally, the course governed by the Department of Labor was a two to three-day course. Based on attendee feedback, the role of the DoL facilitator was increased, allowing the course itself to be increased to a full four-day seminar. The evolution is not over and further expansion is in the works, according to Mr. Davis.

"The numbers generated from student feedback demand that we expand the VA (Veteran's Affairs) portion as well as the role of the DoL facilitator," Mr. Davis said. "The numbers are consistently high in the ratings of these two factors and that dictates the expansion we have planned for October of this year and again in January 2005. In October, the plan calls for the seminar to be offered two times each month, allowing for both the separation and the retiree seminar every month. Beginning in January, the

seminar will become a full five-day week and will include a segment where we assist the course participants in filling out their VA claim forms."

Once the course is complete, Mr. Davis and staff continue to follow-up and look for ways to assist transitioning members. "There is still a little foot-dragging that occurs when it comes to filling out and filing VA claims," Mr. Davis said. "There may be those members in transition who've had a perfectly clean bill of health while serving, but for those who haven't, it is absolutely important that they stay on top of submitting their claims in a timely manner. Adding the extra day to the seminar and actually filling out the claim in the class environment should prove to be a valuable addition to the course."

Mr. Davis also noted that beginning in the October/November timeframe, the TAP program will extend its reach by providing each squadron on Vandenberg with an in-house Career Readiness Consultant. The CRC will be available to aid members in getting signed up for the seminar and providing that little extra assistance with transition preparation.

Life is full of transitions and the lives of military personnel are no different. The TAP seminar provides the key to unlock the doors of success to continuing to build a career.

Softball playoffs begin next week

BY STAFF SGT. CHUCK WALKER
30th Space Communications Squadron
It's that time of year again — when you hear the distinct ping of ball on aluminum — softball playoffs.

With the playoffs starting next week, all of the top teams say they are ready to go.

The two top contenders, the 30th Launch Group, champions of the American League and the 30th Security Forces Squadron, champions of the National League, both are ready to bring home the trophy.

"I'd say the last couple of games we've gotten more enthusiastic about it," Launch Group assistant coach Mike Worden said. "We're finally starting to hit the ball and score runs again like we should. Winning games 2-0 is not the way to do it in slow-pitch softball. We're playing like we should and we should have a good shot."

Worden said the main obstacle standing in the way between them and the championship is the National Reconnaissance Office,

which finished in second place in the American League and is the defending base champions.

He said the Launch Group will need to bring their bats if they want to win the title.

"NRO is the only team that's beaten us this year and they're really the only team that can stop us," Worden said. "We just need to hit the ball. NRO doesn't let up offensively. We've got to hit the ball and hit it well if we want to win the championship."

NRO assistant coach Walt Lauderdale said his team is looking forward to defending its title.

"We're in pretty good shape," Lauderdale said. "Unfortunately the season got delayed in starting and the playoffs are starting later than usual and some of our players won't be here for the playoffs including myself. I know the team is really excited about playing in the playoffs."

Lauderdale said NRO would need solid offense and would also need to avoid making errors in order to be successful.

"The 30th Launch Group, the

"We have just as good a chance as everyone else."

BALTAZAR RUIZ,
30TH SECURITY FORCES

Med Group, the 576th, the Cops and the 14th Air Force, those are the teams that are always tough," Lauderdale said. "There are a lot of really good teams and really anyone of them can win it. It's going to come down to who can focus in the most on what they need to do and accomplish it."

One of the hottest teams coming into the playoffs is the Cops.

The Cops have won 11 games in a row and will look to keep the streak going in the playoffs.

"We're just focusing in on each game and taking it one win at a time," Cops assistant coach Baltazar Ruiz said. "Hopefully we can win it all. We have just as good a chance as everyone else."

Ruiz said solid offense and

defense will be the keys to taking home the title.

"We just need to keep hitting the ball like we have," Ruiz said. "Hitting and good defense. The key is going to be our defense, though. We've proven that we can score a lot of runs and our offense is pretty consistent. We just need to put forth the same effort and get the same results on defense. It's all going to come down to our defense."

Last year the NRO defeated the 30th Operations Group in a two-game finale, with NRO winning the second game in extra innings.

Realignment of some squadrons has seen some players from last year's 30th OG team switch to the 30th Launch Group team.

Lauderdale predicts it will be an exciting championship.

"Last year was so much fun," Lauderdale said. "And we have all the same teams involved this year. If you can be solid and avoid the mental errors, you have a shot. I encourage everyone to come out and watch. It's definitely going to be exciting."

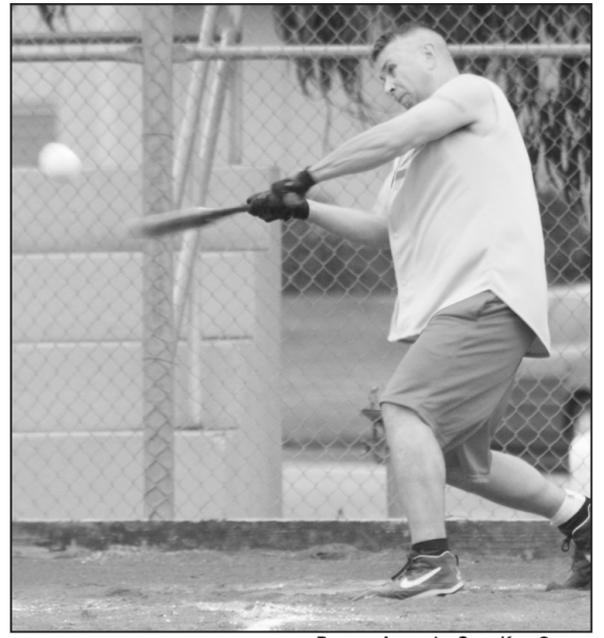


PHOTO BY AIRMAN 1ST CLASS KURT GIBBONS

Jeff Keen, 30th Space Wing team, strikes the ball in the final game to solidify his team's spot in the playoffs.

Destinations

CENTRAL COAST

SPACE & MISSILE TIMES

Aug. 13, 2004

Ventura Harbor Village offers food, fun for everyone

MASTER SGT. LLOYD CONLEY
30th Space Wing Public Affairs

This week my destination was a bit of an exploration. I normally head north up the coast but I wanted to see what the south had to offer, so I headed down the 101 with Ventura Harbor as my destination.

I was pleasantly surprised to discover that Ventura Harbor Village was the actual destination. With a five star hotel overlooking the harbor this is a good place for a weekend retreat.

But that was my initial impression. As I turned right on Spinnaker Drive I was impressed with the yachts and sailboats moored in the harbor—some very large and some very small. I camp upon Ventura Harbor Village as I rounded the curve, parked the car and went for a stroll.

The village is more like a mall and entertainment center with a little something for everyone with several choices in shopping, dining and water sports.

As I strolled along the promenade I observed many restaurants with patio dining offering patrons a beautiful view of the harbor and ocean.

But even more fascinating are the choices in cuisine. Whether casual or fine dining is your choice there's a bit of something for everyone. Of course seafood is on the menu but one establishment, The Parlor, serves up 20's style soda fountain drinks, burgers and hot dogs.

There's also Mexican and Italian restaurants and even a deli shop but my favorite is, "The Greek at the Harbor," serving traditional Greek and continental cuisine and featuring Belly dancing and



The Golden Eagle is just one of the many types of vessels in the harbor.



PHOTOS BY MASTER SGT. LLOYD CONLEY

(Above) Ventura Harbor Village restaurants and shops form an enclave around moored seagoing vessels. (Below) For those who dream of owning a yacht, Larry Dudley's Yacht Sales in the harbor can make it happen.

Greek dance shows.

But the shopping is not to be out done with specialty shops catering to particular tastes. One shop specializes in a vast assortment of hats while another's claim to fame was kites. Still other gift shops offered distinctive merchandise in the form of crystal, antiques and various collectables and jewelry.

A number of the businesses sell men, women and children clothing and swimwear. There's even a dive shop for SCUBA enthusiast to buy or rent dive equipment and accessories.

The dive shop is pretty convenient for harbor

merchants offering SCUBA tours and trips in the ocean. There was actually a group of Japanese tourist returning from a dive trip when I arrived.

Harbor businesses also offer tours, sailing and SCUBA diving lesson as well as boat sales.

Ventura Harbor Village is located on US-101 approximately 30 miles south of Santa Barbara and 65 miles north of Los Angeles at 1583 Spinnaker Drive in Ventura. To get there, take Highway 101 North exit Seward Avenue.

Turn left on Seward then left on Harbor Boulevard and right on Spinnaker Drive.

It is best to go in the morning other wise you could get caught in heavy traffic between Santa Barbara and Ventura.



Community Calendar

13
FRI

"B-I-N-G-O Spells Murder" – Lompoc Civic Theater, today and Sept. 3. The Alpha Club in Lompoc. Tickets are \$25 per person and include dinner. To make reservations, call 735-2281.

Santa Maria Improv Team – Adults 18 or older call (805) 474-8954 or e-mail mpassarelli@charter.com to join the team.

The Maverick Saloon – Live music weekends. 510 South Broadway St., Santa Maria. Call (805) 922-9002 for more information.

Equal Singles 60 Plus – A non-smoking group for all 60 plus adults who enjoy various activities including, tennis, golf, dancing, theater, travel, cards and dining. Call (805) 489-5481 or e-mail degell@juno.com for membership information.

Healthcare volunteers – The

San Luis Obispo County Health Department is looking for volunteers in several locations. Call (805) 781-5107 to volunteer.

CASA volunteers – Court Appointed Special Advocates provides volunteer advocates for children who have been removed from their homes due to abuse and neglect. Call Becky Reid at (805) 739-9102 for more information or sign up.

Red Cross volunteers – Call Pat Nuth at 605-0042 or e-mail tesee1@juno.com for more information or to sign up.

Library volunteer tutors – The Lompoc Public Library Adult Reading Program needs volunteers to work with English-speaking adults who want to improve their basic reading and writing skills. Call (805) 735-7323, ext. 16 for more information or to register.

Low walk-up fares – American

Airlines expanded its military fares through the fall. The fares include no advance-purchase requirements and no change fees. Call (800) 433-7300.

14
SAT
Quilters auction – viewing begins at 1 p.m. Saturday and the auctions starts at 2 p.m. outside the Historical Heritage House in Arroyo Grande. Call 489-9674 for more information.

Rancho de Guadalupe Historical Museum – 1 to 3 p.m. Saturdays and Sundays or by appointment. Call (805) 343-5901 for more information.

Stinky's Bar and Grill – DJ and dancing 9 p.m. Saturdays. 2430 South Broadway St., Santa Maria.

16
MON
Military Parents of the Central Coast – 6:30 p.m. the first Monday of each month at United Methodist Church. 1515

Fredericks St., San Luis Obispo. Call Janice Somers at (805) 549-9199 or Sharon Livsey at (805) 544-3930 for more information.

Computer resource room – 8 a.m. to 4 p.m. Monday through Friday in the family support center. Computers are available to those who need access to the Internet for job searches, relocation assistance, or to stay in touch with family separated by military service.

17
TUE
Word Wizards – 7 p.m. Tuesdays. 519 West Taylor St., Santa Maria. Writers of any genre meet for reading and critiquing. Call (805) 929-2140 for more information.

Star performers at Bill's Place – 7 to 10 p.m. Tuesdays. 112 East Branch St., Arroyo Grande. Call (805) 489-9989 for more information.

Disabled American Veterans

– 9 a.m. Tuesdays in the Lompoc Veterans Memorial Building. 108 East Locus St., Lompoc. Rides are available to various appointments. Call Dan Contreras at (310) 477-2539.

Youth sign language classes – 3 to 3:50 p.m. Tuesdays and Thursdays at the education center room E-4. The class is for children in third through fifth grades. Call 734-0452 for more information.

18
WED
Super Kids Fitness Club – 2 to 4 p.m. through Wednesday at the Health and Wellness Center. The club is for children ages 10 to 13. To sign up, call 606-2152 or register at the youth center

Reggae night – Wednesdays at the Frog and Peach Pub. 728 Higuera Rd., San Luis Obispo. Call (805) 595-3764 for more information.

Central Coast Chapter of the Society of Military Widows – 1 p.m. the second Wednesday of each month in the retirees' center here. Call (805) 937-6747 for more information.

Baby Meet – 9 to 10 a.m. Wednesdays in the Vandenberg Library. Participants should use the staff entrance. The group meets for discussion and socialization for expectant parents and those with babies, newborn through two years old. Call 734-6606 for more information.

Special needs information network – 6:30 to 7:30 p.m. the third Wednesday of each month at the library. Call 734-2282 for information.

Autumn Arts Grapes and Grains Festival – 10 a.m. to 4 p.m. Oct. 2 at the Abel Maldonado Community Youth Center, Santa Maria.

Movie



Corner

BASE THEATER

SPIDERMAN 2 PG-13
7 p.m. TONIGHT,
SPIDERMAN 2 PG-13
7 p.m. SATURDAY
SLEEPOVER PG
2 p.m. SUNDAY

Hi-Way Drive-in
Santa Maria Ph. 937-3515

ALIEN vs. PREDATOR PG-13
THE VILLAGE
DAILY 8:30 p.m.

Movies Lompoc

ALIEN vs. PREDATOR PG-13
DAILY 2 p.m., 4:30, 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.
COLLATERAL R

DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

THE PRINCESS DIARIES 2 G
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

THE BOURNE SUPREMACY PG-13
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

LITTLE BLACK BOOK PG-13
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

Movies Gemini

YI-GI-OHI PG
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9 p.m.
SAT-SUN 11:30 a.m.

THE VILLAGE PG-13
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

THE BOURNE SUPREMACY PG-13
DAILY 9:30 p.m.

Parks Plaza Buellton

THE MANCHURIAN CANDIDATE R
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

THE BOURNE SUPREMACY PG-13
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

THE PRINCESS DIARIES 2 G
DAILY 2:00 p.m., 4:30 p.m., 7:00 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

COLLATERAL R
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

ALIEN vs. PREDATOR PG-13
DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m.
SAT-SUN 11:30 a.m.

General Admission \$7.50; children and seniors \$5.50; shows before 5:30 p.m. \$5.50. Movies and times subject to change.

Chapel Services & Events

Call 606-5773 for other denomination worship services and events.

WORSHIP SERVICE TIMES

Sunday

8:30 a.m. Praise and Worship, Chapel 2
10 a.m. Catholic Mass, Chapel 1
11:30 a.m. Traditional Protestant, Chapel 1
11:30 a.m. Gospel, Chapel 2

Monday - Friday
11:30 a.m. Catholic Mass, Chapel 2
Saturday
5 p.m. Catholic Mass, Chapel 2

Know how to make a Caramel Frappuccino?

Volunteers are needed at the G.I. Java. Call 606-5773 for details.



30th Services News

AQUATIC CENTER

Dive-In Movie Night



Today • 7:30 to 9:30 p.m.
\$2 per person

(includes popcorn and soda)
Enjoy a movie on the big screen while lounging in the pool. Children under 10-years must be accompanied by an adult. Moviegoers are encouraged to bring their own flotation devices (rafts, tubes, etc.)

GOLF COURSE

Saturday and Sunday - Base/Club Championship Organizational Tournament, 11:04 a.m. to 12:08 p.m.

Wednesday - Open-play Shotgun, 7:30 a.m. 14ETC Shotgun Tournament, 12:30 pm.

Thursday - Barbecue lunch special Get a barbecue sandwich, chips, beans and drink for \$5.

Call the golf course for more information at 734-1333.

VET CLINIC



August 20
12 Noon to 8 p.m.
Call 606-3019
for an appointment.

LIBRARY

DIAL-A-STORY

Dial-A-Story: To hear this week's story, "Beauty and the Beast" call the Dial-A-Story at 606-4300. Stories are available 24/7, and are updated every Friday.

Paperback Exchange: Did you know we have a paperback exchange? One is for grown-ups and one for kids.

Road Map Exchange: If you are taking a trip and would like to have a roadmap before you get there, stop by and check out the Road Map Exchange at the Base Library.

It's coming! Teen Reading Month: Sept. 1 to 30. The theme is "Get Caught Reading". For preteens to high school. Check with the library for details.

Call the library at 606-6414 for more information.

YOUTH CENTER

School Age PROGRAM

SCHOOL AGE PROGRAM OPEN REGISTRATION
This is the last day for open registration for the school age program. Register at the Youth Center, 7a.m. to 5 p.m.

PRESCHOOL PRIORITY REGISTRATION
is Sep. 1-3, and open registration is Sep. 6-10. Orientation is Sep. 15, 9 to 10 a.m. for 3-yrs.-old and 10 to 11 a.m. for 4-yrs.-old.

30th Services Squadron

AROUND THE WORLD IN NINETY DAYS

WIN BIG!

Play today & win!

LET'S PLAY ATWIND!

WEEK #12: Pick up your game pieces at these locations!
One game piece per facility per day.

TODAY -
Outdoor Rec - Weekend rental
Golf - All active duty golfers
Fitness Center - Lunch work out, 11 a.m. to 1 p.m., Lunch & Learn -
'Outlook - Rules & Organizing Email', 11:30 a.m. to 12:30 p.m.
Family Support Center - 'Bundles for Babies', 2 to 4 p.m.
CDC - Give Parents a Break, 6 to 10 p.m.

SATURDAY -
Golf - Youth golfers, all day
Surf Lanes - Youth bowlers, all day
Pacific Coast Club - 5 to 8 p.m., order 1 large pizza, and 2nd is half price - get 3 game pcs.

MONDAY -
Vet Clinic - Over-the-counter sales, all day
Surf Lanes - Lunch, 11 a.m. to 1 p.m.
Pacific Coast Club - Lunch Buffet, 11 a.m. to 1 p.m.
Lunch & Learn - 'Word - Styles & Table of Contents' 11:30 a.m. to 12:30 p.m.

TUESDAY -
Skills, Arts & Crafts - All day
Surf Lanes - Open bowling, all day
Rod & Gun - Shoot a round of skeet or trap, all day
Golf - Intramural golf, 11 a.m. to 12:30 p.m.
Pacific Coast Club - Chicken Buffet, 5 to 8 p.m.

WEDNESDAY -
ITT, Leisure Travel (now located at Outdoor Rec) - All day, 8 p.m. to 5 p.m.,
Auto Hobby - All day
Rod & Gun - All day
Beachcomber - Ethnic Lunch, 11 a.m. to 2 p.m.
Lunch & Learn - 'Office - Customizing Toolbars', 11:30 a.m. to 12:30 p.m.
Family Support Center - 'Interviewing Workshop', 1 to 3 p.m.
CDC - Share-a-Snack, 2 p.m.
Pacific Coast Club -
Over-the-Hump night, 5 to 6:30 p.m., sign up for club drawing
Pacific Coast Club -New!
Steak & Chicken Fajita Dinner, 5 to 8 p.m.

THURSDAY -
Youth Center - All day
Rod & Gun - Shoot a round of skeet or trap, all day
Library - Participate in Storytime, 10 a.m.
Golf - Lunch, 11 a.m. to 1 p.m.
Surf Lanes - Airman's Bowling Night, 5 to 9 p.m.

WIN: CARS! CASH! FURNITURE! VACATION TRIPS!

The more you play - the more chances you have to win!

You Could win a new Saturn!

Play ATWIND all Summer long...

Golf Organization Tourneys - Sign up, get 1 game piece
PCC - Join the club or sign a member up - Get 1 game piece
Vet Clinic - Newly registered pet - Get 1 game piece
Lunch & Learn classes - Get 1 game piece
Honor Guard - Current member signs up new member - Get 1 game piece
Education Center - Receive a game piece on Wednesday, 9 a.m. to 3 p.m., for coming by the center
Education Center - Take a college course approved by the Base Education Office, receive a game piece

One game piece per facility per day.

To Play Go To: www.atwind.com or Call: 888-597-9960

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ATWIND Questions? The Marketing and Publicity office is the headquarters for ATWIND. We are located in the 30th Services Headquarters/NAF Accounting Office, Bldg. 11013. Telephone: 606-0276.

PACIFIC COAST CLUB

MONDAY NIGHT MADNESS

5 to 8 p.m.

All-You-Can-Eat PIZZA & SPAGHETTI BUFFET

Includes our soon-to-be-famous Pizza Dessert!

Adults \$5.95 Members 1st Price nonmembers \$7.95

in the E-Lounge

WEDNESDAY NIGHT

ATWIND EVENT! New!!!
Beef & Chicken Fajita DINNER only \$6.95
Member's First Price
5 to 8 p.m.

FITNESS CENTER

August 16th to 20th
6 to 8 P.M.

Aug 16, 17, 19 Fitness Center
Aug 18, 20 Annex

Vandenberg Men's Varsity Basketball TRYOUTS

ATWIND EVENT!

Fitness Center
Contact Brian Owen at 606-3832 for more information.