

Base Briefs

TIP OF THE WEEK
The mandatory wear date of the new Air Force metallic nametag is Jan. 1, 2004. It can be worn on the service dress coat and the pullover sweater. Call the military personnel flight customer service for details.

HOLIDAY PARTY
The Team Vandenberg holiday party is Dec. 5 at the Pacific Coast Club. First sergeants have tickets and more information.

BULK TRASH
The bulk item pick-up is Monday. Make sure items are at the curb by 7 a.m.

CLINIC CLOSURE
The Vandenberg clinic will be closed Nov. 20 for mandatory medical readiness training. For urgent needs call 606-CARE (2273).

MPF CLOSURE
The military personnel flight is closed 11:30 a.m. to 2 p.m. Nov. 24.

FINANCE CLOSURE
The 30th Comptroller Squadron's financial services flight is closed Nov. 24.

MYPAY PIN DRIVE
The 30th Comptroller Squadron will have a MyPay PIN drive 11 a.m. to 1 p.m. today and next week through Nov. 21. Call 606-4630 for details.

OKC VOLUNTEERS
Operation Kids' Christmas is recruiting military escorts for the OKC Christmas party Dec. 6. More than 150 escorts are needed to make the special day a reality for nearly 200 underprivileged children in the local community. Volunteers are also needed for set-up and teardown, food delivery and as food servers. Call or e-mail 1st Lt. Brandon Epps at 606-6621 or brandon.epps@vandenberg.af.mil to volunteer.

TRICARE COUNSELING
The TriCare management agency assists TriCare beneficiaries with resolving dept collection issues. They will provide priority assistance when presented documentation verifying that a collection action has been started or that negative information is reflected on beneficiaries credit reports as a result of late or non-payment for medical or dental care received through TriCare.

EYECARE
The Optometry clinic is open to all active duty and TriCare Prime dependents. Some space available appointments are available for all other categories of DoD beneficiaries. Per TriCare Prime guidelines, dependents of active duty are authorized one eye exam every 12 months. Retirees and their dependents are authorized one eye exam every twenty-four months. To schedule an appointment, call the clinic at 606-0468.

See BRIEFS Page A4

Vandenberg airmen to test new AF utility uniform

Officials seek volunteers for upcoming test

By SENIOR AIRMAN BRIAN HILL
30th Space Wing Public Affairs
Vandenberg airmen can now volunteer to participate in the six-month wear test of the newly-developed Air Force utility uniform.

The Air Force Clothing Office will choose 50 Team V airmen to test the new uniform beginning in March 2004. Vandenberg is one of only nine Air Force bases chosen for the wear test.

"The goal is to have 75 percent of Vandenberg's test participants be airmen who normally wear the

BDU on a daily basis," said Capt. Karla Heren, a Vandenberg uniform wear test coordinator. "Good test candidates are airmen with hard-to-fit sizes; who work in career fields that will test wear ability and durability; and airmen who work in visible areas."

Basic test participant criteria is as follows:

- must be a volunteer
- must not be on UIF/WMP/control roster
- must not PCS prior to Nov. 1, 2004
- must not be scheduled for PME/formal training
- must not be in an AEF bucket
- cannot be pregnant
- cannot engage in excessive weight-loss or gain program
- must be able to wear the uniform

50 airmen will be picked to test the new Air Force utility uniform at Vandenberg.

Good test candidates are airmen who:

- ▷ have hard-to-fit sizes.
- ▷ work in career fields that will test wear ability and durability.
- ▷ work in visible areas.

Anyone interested in becoming a test participant should notify his or her first sergeant by Dec. 5.

four days per week. The Chief of Staff of the Air Force Gen. John Jumper directed the Air Force Uniform Board to design an Air Force-distinctive uniform with more comfort, a better

fit, improved ease of care, and with reduced cost to airmen.

In July 2002, a team made up of various career fields and technical advisors went to work and presented senior leaders with 12

color schemes using the tiger stripe pattern.

"This was an existing camouflage pattern from the Vietnam era," Heren said. "The team chose it to save time and money in research and development."

Testing of the distinctive blue utility uniform was approved one year later, though woodland and desert color schemes were developed for future use as needed.

Officials stress feedback is the key to the success of this test. Specific questions can be e-mailed to the Vandenberg Uniform Wear Test address at uniform@vandenberg.af.mil.

Anyone interested in being a test participant should notify his or her first sergeant by Dec. 5.

Military Appreciation Night



PHOTO BY STAFF SGT. CHUCK WALKER

Master Sgt. Keith Dixon and Tech. Sgt. Chevelle Cromwell, 30th Security Forces Squadron, were chosen to help out with the coin toss at the Allan Hancock football game Saturday night because they were two of the longest-deployed airmen to Operation Iraqi Freedom. More than 100 military members enjoyed Military Appreciation Night college football at Righetti High School in Santa Maria. Allan Hancock College defeated Moorpark 42 to 14.

Getting the right people to the right place at the right time is the goal of



Air Force Chief of Staff Gen. John Jumper
His plan of attack is the new Force Development program. See Page A4

Annual recycling day educates Team V

By AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

Vandenberg's third-annual America Recycles Day begins at 9 a.m. Tuesday at the Services Center. The event is meant to teach Team V members about reducing, reusing, recycling and buying-back recycled materials.

America Recycles Day is a national organization, which supports yearly crusades to cultivate and encourage Americans to recycle, said Kim Turner, an ARD official.

"A host of events are scheduled for facility managers, environmental coordinators, purchasing officers, GPC cardholders, facilities excellence employees, CE engineers or designers, and anyone interested in Vandenberg's environmental programs," Turner said.

She said Team V members at the event can learn about the affirmative procurement protocol, which emphasizes closing the gap between recycling and buying back recycled products.

Display areas will provide examples of recycled-content, sample products for office supplies, landscaping, and

construction materials to give people an idea of the types of recycled supplies they can purchase.

Classes are also scheduled to teach people about how their facilities can divert materials from the landfill through recycling environmentally safe, non-toxic cleaning alternatives, sustainable design techniques and landfill operations, Turner said.

"Our goal at Vandenberg is to purchase products with at least 30 percent or higher recycled material," said Turner. "This is not just about recycling, its about the entire spectrum of recycling, which includes reducing and buying back recycled products to start the process all over again."

The theme for this year's event is, 'Make everyday America recycles day,' which is based on the premise that everyday is another day to remember to recycle, reduce our waste, purchase recycled products and continue supporting recycling, Turner said.

For more information on America Recycles Day visit the Web site at www.americarecyclesday.org.



Team V eclipses CFC goal

By SENIOR AIRMAN BRIAN HILL
30th Space Wing Public Affairs

The numbers tell the story – Team Vandenberg's generosity has raised the bar during the annual Combined Federal Campaign fund-raising drive, which concluded Oct. 31.

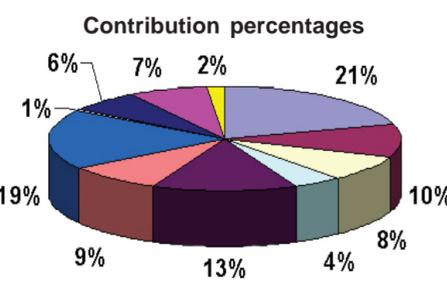
"This year's drive here looked to capitalize on the 2002 campaign by not only making 100 percent contact, but also attempting to raise \$122,000," said Capt. John Lofton, 30th Space Wing CFC representative. "Because of your generous spirit we were able to raise \$147,860.62 – eclipsing last years' monetary goal by an impressive 21 percent."

The campaign beneficiaries include more than 1,400 local, national and international human health and welfare organizations.

"We are often reminded of struggles through tragic events such as the recent fires in southern California," said Capt. Gregory Coleman, Central Coast CFC chairman. "You may also remember a time when your life was touched by the generosity and assistance of others, either by personal action or through a charitable organization devoted to assistance. This year your generosity helped complete the cycle of giving by giving back to your community."

The campaign is conducted in the workplace each autumn by federal employees. And though every effort is made to contact each employee, the campaign is voluntary.

"The success of this campaign is based solely on your generosity and your willingness to support the community," Coleman said. "The needs of others are apparent all around us and you responded with graciousness."



- 30 MSG
- 30 SW
- 30 MXG
- 30 MDG
- 30 OG
- 14 AF
- 381 TRG
- Det 1
- Det 9
- 576 FLTS
- 30 CPTS

Inside this issue of the



Also view The Space & Missile Times at www.vandenberg.af.mil and click the Space & Missile Times button.



Vandenberg Flyers take top prizes at local cheerleading competition. See Page A6.



Destinations Central Coast heads for the Guadalupe Dunes. See Page B1.

Weekend forecast
Partly cloudy with early clouds. Chance of showers Saturday.

Low/High
51/63

For a full Vandenberg weather report, visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather

This week in history ...

COMPILED BY AIRMAN 1ST CLASS

JUANIKA GLOVER

30th Space Wing Public Affairs

November 9

1965 – At dusk, the biggest power failure in U.S. history occurs as all of New York state, portions of seven neighboring states, and parts of eastern Canada are plunged into darkness.

The Great Northeast Blackout began at the height of rush hour, delaying millions of commuters, trapping 800,000 people in New York's subways, and stranding thousands more in office buildings, elevators, and trains. Ten thousand National Guardsmen and 5,000 off-duty policemen were called into service to prevent looting.

1989 – East German officials open the Berlin Wall, allowing travel from East to West Berlin. The following day, celebrating Germans began to tear the wall down. One of the ugliest and most infamous symbols of the Cold War was soon reduced to rubble.

November 10

1775 – The Continental Congress passes a resolution stating that two Battalions of Marines be raised for service as landing forces for the recently formed Continental Navy. The resolution, drafted by future U.S. president John Adams and adopted in Philadelphia, created the Continental Marines and is now observed as the birth date of the United States Marine Corps.

1918 – The American Air Service

flies its last patrol over enemy lines.

November 11

1918 – World War I ends when Germany, bereft of manpower and supplies and faced with imminent invasion, signed an armistice agreement with the Allies in a railroad car outside Compiègne, France.

The First World War left nine million soldiers dead and 21 million wounded, with Germany, Russia, Austria-Hungary, France, and Great Britain each losing nearly a million or more lives. In addition, at least five million civilians died from disease, starvation or exposure.

1921 - Exactly three years after the end of World War I, the Tomb of the Unknown Soldiers is dedicated at Arlington Cemetery in Virginia during an Armistice Day ceremony presided over by President Warren Harding.

November 12

1942 – The 9th Air Force is established in the Middle East.

1980 – More than three years after its launch, the U.S. planetary probe Voyager 1 edges within 77,000 miles of Saturn.

The photos, beamed 950 million miles back to California, stunned scientists.

The high-resolution images showed a world that seemed to confound all known laws of physics. Saturn had not six, but hundreds of rings, which appeared to dance, buckle, and interlock in ways never thought possible. The Voyagers also discovered three new

moons around Saturn and a substantial atmosphere around Titan, Saturn's largest moon.

November 13

1943 – 57 B-24s and 62 B-25s make the heaviest raid of WWII against New Guinea.

1982 – Near the end of a weeklong national salute to Americans who served in the Vietnam War, the Vietnam Veterans Memorial is dedicated in Washington after a march to its site by thousands of veterans of the conflict. The long-awaited memorial was a simple V-shaped black-granite wall inscribed with the names of the 57,939 Americans who died in the conflict, arranged in order of death, not rank, as was common in other memorials.

November 14

1966 – A C-141 "Starlifter" becomes the first jet aircraft to land in Antarctica.

1969 – Apollo 12, the second manned mission to the surface of the moon, is launched from Cape Canaveral, Florida, with astronauts Charles Conrad, Jr.; Richard Gordon, Jr.; and Alan Bean aboard. President Richard Nixon viewed the liftoff from Pad A at Cape Canaveral. He was the first president to attend the liftoff of a manned space flight.

November 15

1944 – The Boeing C-97 makes its first flight.

1947 – The world's first ram-jet helicopter is flown by McConnell Aviation.

Proving Einstein's theories



PHOTO BY STAFF SGT. CHUCK WALKER

Stanford University professors Dr. Bradford Parkinson (above) and Dr. Francis Everitt, Gravity Probe B principal investigators, aided in the development of gyroscopes to prove Albert Einstein's theories of general relativity and frame dragging. The tests require launching four sophisticated gyroscopes into low-Earth polar orbit. The launch Dec. 6 will put a spacecraft into the 400-nautical-mile-high polar orbit needed for the 18-month mission. Once in orbit, each gyroscope's spin axis will be monitored as it travels through local spacetime. Einstein predicted that the presence of mass in space would warp local spacetime, creating a dip or curve in spacetime.

Operation Kids Christmas needs you!



Volunteers are still needed for the following:

- ◆Escorting children during the party
- ◆Setting up the ballroom at the PCC
- ◆Serving lunch to the kids
- ◆Cleaning up after the party
- ◆Delivering food basket

To volunteer call

1st Lt. Brendan Epps at
606 6621 or e-mail him at

Brendan.Epps@vandenberg.af.mil
(It is best if you volunteer by e-mail)

SPACE & MISSILE TIMES

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The Space & Missile Times is published by Lompoc Record Publications, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 30th Space Wing.

This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services.

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Editorial content is edited, prepared and provided by the Vandenberg AFB Public Affairs

Office. All photos, unless otherwise indicated, are Air Force photos.

The Public Affairs Office reserves the right to edit all submissions for style and space.

Deadline for publication is 4:30 p.m. every Wednesday, nine days prior to publication.

Send submissions to: 30SW/PA, 747 Nebraska Ave., Room A-105, VAFB, CA 93437; via fax at DSN 276-8303 or commercial (805) 606-8303; or by e-mail to Space&MissileTimes@vandenberg.af.mil

For information about the Space & Missile Times, call the staff at (805) 606-2040.

COMMANDER ON CONSOLE

Fall Clean-up Day set

By COL. FRANK GALLEGOS
30th Space Wing Commander

As members of the Air Force, we have a responsibility to be good stewards of the environment. This includes not only doing the right thing with big projects, but it also entails preventative maintenance and care of the areas that we live and work in.

I'm continually impressed with appearance of our buildings and grounds on this base. It takes a lot of work from our civil engineers and contractors to maintain our professional image. But we can do more, and I'm

30th Space Wing vectors

Unleash Human talent

Airmen

Wing mission

Knowledge to command the future

Safety

hoping you all take the opportunity to lead the way and make the base look even better during Fall Cleanup Day, Nov. 20.

Next Thursday, your facility managers will put teams together to clean the exterior and grounds of all workplaces.

These teams are responsible for ensuring the general neat appearance of building perimeters. But each of us plays a role in base cleanup.

Everyone should play an active part in keeping this base clean on a regular basis. If you see garbage on the ground, pick

it up and dispose of it properly. Every effort helps.

With everyone's help, we can ensure that our families can live, work, play, and grow together in a community, which we may all take pride in. Thanks in advance for all your efforts and for your contributions to making Vandenberg one of the Air Force's finest places to live. Go HAWKS!

For more information on the Fall Clean-up Day turn to Page A4

Commander's Action Line

Call 606-7850 or E-mail your message to actionline@vandenberg.af.mil



Col. Frank Gallegos commander

By performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to

use your chain of command. Talk to your supervisors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our airmen.

When calling the action line, leave your name and phone number in case more information is needed.

Commander lays out guidelines for e-mail etiquette

By LT. COL. ALAN CLAYPOOL
30th Space Communications Squadron commander

Electronic mail. It's a blessing and a curse in our information age. As much as you fear the possibility, how many times have you actually wished your email server would just stop working for a few days? Why is one of the greatest inventions of the last 20 years also one of the greatest pains in the neck?

The Internet we know today was invented in the 1960s as part of our nation's reaction to the Soviet launch of Sputnik and our realization of the need for inexpensive, survivable communications. At about the same time, the computer science research community saw the value of resource

and information sharing via linked computers. These two needs created a synergy that caused the newly formed Advanced Research Projects Agency to fund development of a way to utilize connected computers.

In 1969, an ARPA project connected the Stanford Research Institute, University of California at Santa Barbara, University of California at Los Angeles and the University of Utah. The first network was born - ARPANET.

By 1971, the network had expanded to 15 nodes and eventually grew into what is known today as the Internet. Although the sharing of information and resources was the primary goal of the first network, electronic mail across the network was originally a byproduct of the connectivity.

Professionals have a need to communicate, no question. As recently as 10 years ago, business communications were shackled by limited technology and protocols. Letters were typed in a specific format, and they were drafted and edited to perfection. Today, with computer and network technology guiding our cultural move toward informality, the pendulum has swung far and wide. Formal, thoughtful communications and perfection have gone the way of the typewriter. In our desire for instant and direct access, we have begun to spiral into sloppy and ineffective writing.

E-mail is a great tool for certain types of communication, but like all tools, it has its limits. You wouldn't use a hammer to drill a hole - at least not successfully

- and so it goes with e-mail. If you think back to professional classes on basic human communication, you'll recall that the burden is on you, as the sender, to get your message out so that it is received and understood. Here are a few guidelines to help you maximize your chances of success:

Have a short, strong subject line, one that relates to the message. Edit out the extra words or "FW: and RE:" if forwarding information. Use headers like "SUSP:" and "HOT:" sparingly and only if they really apply.

Think before you write. Put the most important statements first and keep paragraphs short. Get to the point! Most people will not read beyond one screen of information - many will read only the first paragraph. In most cases

you should delete all extra emails within your message.

Use attachments to send supporting information and use links to files for large documents.

Use a short signature footer and resist the use of cute backgrounds. They don't increase understanding and they waste precious download time and server space.

Check and re-check your messages. Is all the information there? Date? Time? Location? Recommendation? Action requested? How's your grammar and spelling? Are your attachments attached? You look foolish and waste time when you have to send those "oops" follow-up emails.

See E-MAIL Page A4

Take care of yourself, your buddy

By LT. COL. STEVEN DEANDA
30th Medical Support Squadron commander

Scenario one: You're deployed to a classified location and your buddy is next to you. You are responsible for him as he is for you. You're prepared to take care of each other because you took Self-aid and Buddy Care seriously.

Scenario two: You're deployed to North Star for the Operational Readiness Inspection and you have on your Mission Oriented Protective Posture gear. An inspector comes forward with an input card and asks you, "What do the ABCs of SABC mean?" Your palms get sweaty, your pupils dilate and you respond...

Self-aid and Buddy Care is a mandatory training requirement for all active-duty personnel - it's also an inspection item during ORIs.

At the same time we prepare to show the inspectors what we can do, we're learning life-saving skills. The Airman's Manual provides an excellent overview.

SABC is designed to give the lay rescuer the opportunity to help increase survivability of a trauma victim until the support of a medical unit is available. The training provides excellent basic life

and limb rescue techniques. It can be even more effective if the individual also augments his or her training with a Basic Life Support class.

Items discussed in this course include airway management for trauma victims; steps to control bleeding; the physiology of shock and how to treat the victim with shock; how to manage various traumatic injuries in the field (sucking chest wound, fractured ribs, lacerations to the neck and the other areas of the body); and how to manage fractures, sprains and strains. The methods to transport the weak or injured victim (litter, improvised litters, fireman's carry, four-handed seat carry, etc.) are also taught.

Currently, about 2,000 of the 2,500 active-duty members at Vandenberg have maintained their training. All first-term airmen receive this class at the First Term Airmen's Center. All others must schedule it through their squadron-appointed monitors.

Peacetime medical care begins with you but our partnership during contingencies begins with you and your buddy.

And that's as easy to remember as Airway, Breathing and Circulation.

maintain integrity by doing the right thing. I deploy, without question, to help protect my family and country. I contribute to the best of my abilities. **What do you like best about the Air Force?** I like the chance to see the world and to experience different cultures.

What's the most exciting experience you've had so far in the Air Force? Being part of the Air Expeditionary Force VII in Al-Jaber, Kuwait from Aug.-Dec. 01. Although it was not fun, it was a time that I was most proud to serve in the Air Force.

How would you improve life at Vandenberg? I would come it with temperature control to keep the wind out. Otherwise, it is the nicest place I have ever lived.

Who is your role model and why? My parents. They always lived within their means and reached out to help others. During my childhood, we had four Vietnamese refugees; one foster son, my cousin and an exchange student from Costa Rica live with us. They don't have a bad bone in them.

Who is your favorite leader in history and why? This may sound too politically correct, President George W. Bush. He has been very direct in handling the events after the attacks of September 11, 2001. I like the fact he is going after the infrastructure of the terrorist groups throughout the world.

Favorite film: 'Jaws' is my favorite movie.

Hobbies: Baseball card collecting and changing diapers.

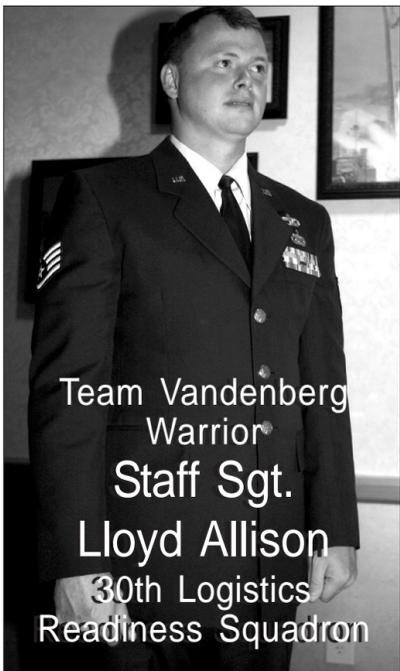


PHOTO BY STAFF SGT. CHUCK WALKER

Team Vandenberg
Warrior
Staff Sgt.
Lloyd Allison
30th Logistics
Readiness Squadron

Hometown: University Park, Illinois
Time in Service: 19 years
Time on Station: 3.5 years
Role in Mission: 30th Logistics Readiness Squadron Unit Deployment Manager

How do you contribute to the wing mission? I ensure that all of our personnel have their training accomplished and equipment to deploy on a moments notice.

How do you fulfill the core values? I

Hometown: Tulare, CA
Time in Service: 17 years
Time on Station: 10 years
Role in Mission: Chief of program control for the 2nd Space Launch Squadron
How do you contribute to the wing mission? I manage program resources for Titan II, Titan IV, Atlas and Delta missions.
How do you fulfill the core values? I try to give 100 percent and do the right thing always.
What do you like best about the Air Force? It's definitely not boring, it is the cutting edge militarily and I like that.
What's the most exciting experience you've had so far in the Air Force? The first time I stood on top of SLC-4W MST the sight of the ocean kissing the mountains was an awe-inspiring experience I'll never forget.
How would you improve life at Vandenberg? Interpersonal actions are a good place to start. Simply communicating with others as you like to be communicated to - with respect and honesty in every communication.
Who is your favorite leader in history and why? I really like Abraham Lincoln. He wasn't afraid to live his values and always spoke with truth and compassion.

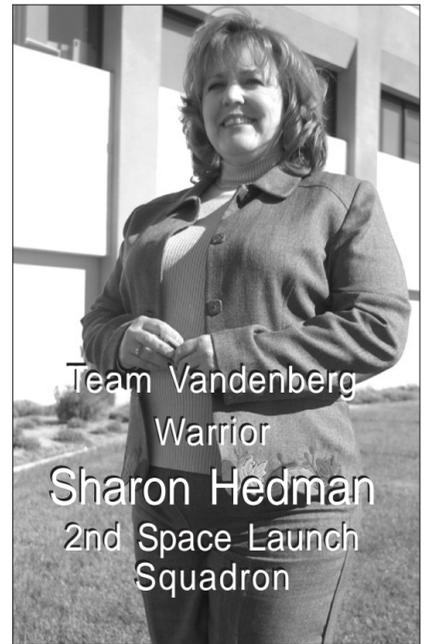


PHOTO BY STAFF SGT. CHUCK WALKER

Team Vandenberg
Warrior
Sharon Hedman
2nd Space Launch
Squadron

Favorite book/film: My favorite fiction is the Left Behind series by Jerry Jenkins and anything by Frank Peretti.
Hobbies: spending time with friends and family, gardening, painting, and writing.

ALCON: Normal

A general condition reflecting responsible alcohol use. DUI totals for the year: 14 AADD saves: 282 Days since last DUI: 14

30th OG	1	14th AF	0
30th MXG	1	381st TRG	2
30th MSG	6	576th FLTS	1
30th MDG	0	Det. 9	1
30th SW	0	Others	2



CLIP AND SAVE!

DON'T DRINK AND DRIVE

Call Airmen Against Drunk Driving

For a free and confidential ride home, call Airmen Against Drunk Driving at 606-AADD or 605-AADD (2233).

Check out our on-line news at www.vandenberg.af.mil/30sw/news

New Force Development program introduced to Team V

By 1st Lt. Michelle Mayo
30th Space Wing Public Affairs

■ The Air Force chief of staff's Force Development initiative was introduced to Vandenberg by Air Force Space Command officials recently.

"We in the Air Force can do a better job of providing you with the right job experiences, right training and education in a deliberate way to produce better leaders for the Air Force," said Col. Robert Worley, Director of Mission support for AFSPC, during one of four briefings at the Pacific Coast Club Nov. 4 and 5 to familiarize airmen with the new Force Development program – a concept predominately affecting just officers now, but to encompass the total force in the near future.

The plans involve developing more individualized career paths for

each airman.

"Force Development really does connect your goals, education and assignments to Air Force needs," said Maj. Jeffrey Keckley, an assignments officer for AFSPC.

One of the big changes is the transition from the current assignment preference worksheets into Officer Development Plans.

Unlike the old preference worksheet, which only allows airmen to indicate their next assignment preference, the ODP is a more detailed plan that allows Air Force officers to indicate their long-term career goals and long-range intentions.

The ODP will be reviewed by an Air Force Personnel Center

For more information about Force Development, visit www.dp.hq.af.mil/aflsmo/fd or www.afpc.randolph.af.mil/afas.

development team at Randolph Air Force Base, Texas, to see if the officer's career goals are on target with their job experience and education. If they are not, the ODP will be sent back to the officer for review.

"Comments relating to your next assignment should reflect your near-term desires which help to support your long-term developmental objectives," said Maj. Jean Iwai, AFSPC assignments officer.

A transitional ODP is already available online at the Air Force Personnel Center Web site.

Another big change in force

development is in professional military education.

"The Air Force is changing professional military education opportunities to match the evolving nature of force development," Iwai said. "Not everyone needs the same cookie-cutter education in order to best serve the Air Force."

Officer PME is divided into three levels, Basic, Intermediate, and Senior Developmental Education.

BDE focuses on basic fundamentals of being an officer in the Air Force. This includes education through commissioning sources and Air and Space Basic

Course.

The biggest change in officer PME under force development is at the intermediate level.

At the IDE level, many officers may receive developmental assignments outside their primary career fields allowing them to "expand the breadth of their Air Force experience and widen their perspectives on integrating tactical functions to meet the Air Force mission," Keckley said.

Examples of IDE are the Air Force Institute of Technology and Naval Post-graduate School.

The Air Force has significantly expanded IDE opportunities.

Under the old system, there were only about 480 slots available for intermediate education. The

new system has more than 700 slots available for IDE.

Under the old system, there were selects and non-selects. In the new system, some officers will be identified as selects, those who are guaranteed slots at IDE, but unlike the old system, everyone else is a candidate.

In addition, an officer's chain of command has more opportunity for input. Senior raters will be allowed to identify non-selected candidates that they feel are deserving of an IDE slot.

The final level of developmental education, SDE, focuses on further broadening the officer's awareness of issues facing the Air Force and national security. It is currently under review.

"The changes (taking place) will leave less of your development to chance," Keckley said.

GET READY! GET READY!

Fall Cleanup Day is Thursday

- Facility managers are responsible for obtaining the equipment needed to accomplish assigned tasks.
- Equipment may be purchased at Base Supply using unit funds.
- The 30th Civil Engineer Squadron will maintain and sweep the roads and parking areas, as well as mow and trim the grounds as necessary.
- Normal trash may be disposed of in your facility dumpster.
- Green waste should be bagged separately and pick-up may be arranged through the base Green Team at 606-1755.
- Military family housing residents can continue the cleanup drive Nov. 22-23.

All military family housing residents should:

- ◆ Mow all lawn areas to a maximum of three inches.
- ◆ Perform weeding in areas where mowing is not possible.
- ◆ Edge around all lawn borders, including pavements, gardening, and structures.
- ◆ Trim hedges, shrubs and bushes. They should not be high enough to block any windows and should be at least 12 inches below any roof eaves. They should be at least four inches from walls.

- A military family housing bulk pick-up date is scheduled for Nov. 24. Items should be ready for collection the evening prior.

Questions about Fall Cleanup Day may be directed to Master Sgt. Dana Sikes at 606-9710.

Think BLUE



PHOTO BY AIRMAN 1ST CLASS BRYAN FRANKS

30th Space Wing crisis action team members thoroughly scrubbed all checklists in preparation for exercises Tuesday and Wednesday. The team's reorganization is one of many steps being taken to streamline processes in preparation for the no-notice Operational Readiness Inspection next year.



The United States Air Force proudly presents an original musical production created and performed by members of The United States Air Force Band from Washington, D.C. at the Kodak Theater in Hollywood Tuesday - Thursday.

The Thursday performance is free for all DoD personnel and guests. Contact Public Affairs at 606-3595 to sign up by close of business today. The performance begins at 8 p.m.

BRIEFS:

From Page A1

SUMMARY COURTS

Anyone having claims for or against the estate of Staff Sgt. Jason A. Lucas, deceased, contact Capt. David Franklin, 576th Flight Test Squadron, at 605-6345.

GAS MASK INSERTS

All active-duty airmen who require glasses for distance vision must have a usable pair of gas mask inserts. To order inserts, airmen should stop by the optometry clinic with their medical records or call 606-0468 to schedule an eye exam.

GATE OPENINGS

The Santa Maria, Lompoc and Timber Lane Gates are open 24 hours. The Utah Gate is open from 6:30 a.m. to

10 p.m. daily. The Titan Gate is open from 6 a.m. to 7 p.m. daily.

EAGLE EYES

The Air Force's Eagle Eyes program is a community based defensive program combating terrorism. Team V members are encouraged to keep an eye out for suspicious behaviors and report them immediately. To report any unusual behavior, call the Air Force Office of Special Investigations at 606-1852 or the law enforcement desk at 606-3911.

TOUR GUIDES

30th Space Wing Public Affairs seeks company grade officers and NCOs to conduct base tours for visiting groups. The duty requires some advanced training and orientation, but would only take short periods of time from regular duties. Call Jack Hokanson at 606-3595 for details.

E-MAIL:

From Page A3

Remember, once you hit "send," your e-mail lives forever. Pay special attention when selecting your words, when selecting addressees and when hitting "reply" or "reply all."

Assume your e-mails are bulletin-board material. They are *not* private. E-mails can be forwarded and viewed by people you didn't intend, and they will end up in the hands of any person you write about.

Don't use e-mail when you want to have a conversation or convey any kind of emotion. They can quickly escalate situations and evoke unintended emotions. Pick up the phone and

talk to people on sensitive topics.

Finally, remember that sending an e-mail does not relieve you of the responsibility of the message it conveys. Until the action you requested has been taken, or the person has otherwise responded to your email, it's still your responsibility to make sure the message got through. In other words, you can't just "fire and forget" your e-mails.

E-mail is a great tool when used properly. But it isn't magic. It only works for sending the right message to the right person.

To get your message across, you still need to know how to spell, use grammar, proofread your work and display the proper etiquette. Let it be a blessing in your life, rather than a curse.

SMOKE:

From Page A1

To coincide with the smokeout, the Vandenberg Health and Wellness Center is participating in an adopt-a-tobacco-user day Thursday.

People wanting to participate in the adopt-a-tobacco user program can pick up a form at the HAWC, Johnson added. They should find a sponsor to assist them in not using tobacco products that day. Non-tobacco users are encouraged to find someone they would like to see stop using tobacco for the day and have them fill out the form.

The humble beginnings of the Great American Smokeout took place in 1971 when a Massachusetts resident asked people to give up smoking for a day and donate the cigarette money to a local high school. After the idea started to catch on, the American Cancer Society held an event that prompted nearly one million smokers to quit for a day – marking the first smokeout.

Crimebeat ...

COMPILED BY MASTER SGT. WESLEY ASLESON
30th Security Forces Squadron

Nov. 6 Breaking and entering – 7:10 a.m.

A Lompoc Unified school employee reported damage to the Crestview school softball field utility shed. Investigation revealed forced entry to the door however nothing was missing.

Vandalism – 11:45 a.m.

An airman reported vandalism to his private vehicle parked outside Peacekeeper Dormitory. Investigation revealed the Oldsmobile's mirror was scratched and disparaging terms written with a gel like substance on the hood. The airman said he filed a report in October for a similar incident.

2 Fast, She's furious – 7:15 p.m.

An airman reported another airman sped off squealing his tires in his private vehicle adjacent to her home

on Bristol Drive. Patrolmen could not locate the airman or his vehicle. The first sergeant of the airman responsible was briefed.

Nov. 7 It's way too early for this! – 6:25 a.m.

An airman reported loud music from a Delta Dormitory room. The airman responsible was directed to lower his music to a reasonable level.

Unattended item – 12:37 p.m.

A commissary employee reported a suspicious candy box at the Commissary. Investigation revealed the box contained discarded household batteries.

In the middle of the road rage – 11:17 p.m.

A patrolman reported non-base affiliated civilians arguing at the intersection of Highway 1 and California Boulevard. Investigation revealed the drivers were disputing one another's driving habits.

Patrolmen told the civilians to depart.

Nov. 8 Lady and the Tramp – 10:05 p.m.

Patrolmen captured two black, brown and white beagles wandering on Korina Street. Each was sentenced to an overnight stay in the security forces stray animal pen.

Nov. 9 Where the dogs at? – 12:05 a.m.

An airman reported his two beagles missing from his home on Arbor Street. The airman bailed out his pets for \$40 and was issued a Failure to Control Pet warning.

Nov. 10 Pesty pets – 10:05 a.m.

An anonymous caller reported continuously loud barking dogs from a home on Parkside Court. An airman at the home was briefed to quiet his pets.

Stray animal – 11 a.m.

An anonymous caller reported a black stray canine wandering on Mulberry Street. The dog was

captured and transported to the Lompoc Stray Animal Shelter.

Something's fishy – 11:20 a.m.

An anonymous caller from Space Launch Complex 2 reported a person in a kayak throwing items into the water near Seal Beach. Investigation revealed the kayaker was tossing nets while fishing for crabs.

Stray animal – 1:22 p.m.

An anonymous caller reported a stray canine wandering on Sumac Street. The black Shepherd was transported to the Lompoc Stray Animal Shelter.

Private vehicle damage – 6:51 p.m.

A soldier reported damage to his Dodge Ram while parked in the Security Forces Headquarters parking lot. Investigation revealed a broken passenger side mirror.

Nov. 11 911 call – 7:45 p.m.

An airman's wife reported hearing a noise in her garage on Juniper Street. Patrolmen responded finding all in order. The noise was attributed to a bicycle falling off its rack.

Assault – 11 p.m.

An airman reported observing a crying female at the base laundromat. Patrolmen contacted an airman's wife who said her son kicked her during an argument at their Downing Court home on 10 November. Upon contacting the father and his son at the home, the airman stated the wife scratched the son during the same scuffle. The matter is under investigation.

Straying from the rules

Security forces has recorded ten instances of loose pets within housing areas in the past 30 days. Some of these incidents involved the capture of two pets at the same time. Pet owners are reminded that a pet running loose could possibly result in injuries to innocent bystanders, and is evidence the owner or custodian is not properly controlling their pet. Impoundment of captured pets may also become costly for owners retrieving their pets from animal shelters. The worst-case scenario for repeat offenders may result in removal of the pet from the installation.

Wall of remembrance



PHOTO BY LANORRIS ASKEW

MACON, Ga. — A mother and son look at names on the Dignity Memorial Vietnam Wall Experience display. The traveling replica of the Vietnam Veterans Memorial in Washington, D.C., was on display here from Oct. 31 through Nov. 2. During its three-day visit, hundreds of people viewed the wall.

Fire in the hole



PHOTO BY AIRMAN 1ST CLASS ALICIA SARKKINEN

KIRKUK AIR BASE, Iraq — Staff Sgt. Lonny Ellison (left) and Latvian First Sgt. Renars Vandinskis tape down C-4 plastic explosives that will detonate unexploded ordnance. EOD technicians destroyed 12 Iraqi 107 mm rockets found in downtown Kirkuk on Nov. 4. Such rockets have recently been fired toward military installations in the area. Since July, the team has destroyed more than 3 million pounds of Iraqi ordnance.



Airmen get married in Black Hawk helicopter

By CAPT. MONICA M. BLAND
332nd Air Expeditionary Wing,
Detachment 1, Public Affairs

■ **BALAD SOUTHEAST AIRFIELD, Iraq** — Two airmen said “I do” above Iraqi soil in an Army UH-60A Black Hawk helicopter here Nov. 6.

Airmen 1st Class Vernon Millican and Toni Chapman, both of the deployed security forces contingent here, pledged to spend the rest of their lives together before God and four of their friends during the helicopter’s training mission.

The airmen are assigned to the 5th Security Forces Squadron and met a year ago while living in the dorms at Minot Air Force Base, N.D.

The idea to get married on a military aircraft grew from Millican’s desire to propose to Chapman on a C-130 Hercules as they flew from Kuwait City to here.

Engineer finds safety solution, earns cash

By DARREN D. HEUSEL
Oklahoma City Air Logistics Center
Public Affairs

■ **TINKER AFB, Okla.** — When safety concerns surrounding NATO’s fleet of E-3 Sentry airborne early warning and control systems aircraft mounted, an engineer here

knew time was of the essence. Certain electrical components in some of the NATO aircraft were overheating and there was evidence that the overheating could lead to a fire in the cabin, an official here said.

So, rather than accept the required three-month lead time for a contracted tear down analysis of the components, Khoa Nguyen, a lead electronics engineer, came up with his own plan to have the testing performed locally.

The idea eventually saved the U.S. government nearly \$100,000 and earned him \$10,000 through the Innovative Development through Employee Awareness program.

Nguyen said he feels a great sense of accomplishment in coming up with the idea to perform the tests local but more than anything he wanted to set an example for other engineering departments within the logistics center to follow.

Office of Special Investigation examines forensic sciences

By JILLIAN K. SPEAKE
Air Education and Training
Command Public Affairs

■ **RANDOLPH AFB, Texas** — More than 120 criminal investigators worldwide attended the annual Air Force Office of Special Investigations Workshop here Nov. 3 to 7 to share ideas, technology and expertise. Although criminal inves-

tigators were the target audience, OSI agents were asked to invite anyone on their installation or any of their local contacts who would benefit from the training.

The different police officers and detectives from all over the United States who attended helped the workshop provide a liaison opportunity between the OSI agents, medical specialists, legal professionals and the civilian community.

“I would say the vast majority of our investigations that are run in OSI are going to involve, to some degree, another investigative agency, be it local, state or federal, so having those working relationships is going to increase what we can do and what we can provide ... in the final product,” said Special Agent Julie Lecea, forensic sciences consultant in OSI Detachment 401 here.

Investigation reveals multiple factors cause T-1 airplane

■ **RANDOLPH AFB, Texas** — Air Force officials completed their investigation of the Aug. 16 incident involving a T-1A Jayhawk. The aircraft from Laughlin Air Force Base, Texas, departed the runway during a landing rollout at Keesler AFB, Miss., and sustained an estimated \$2.5 million in structural damage. Accident investigation officials determined the accident was caused by a combination of factors

during the landing sequence. The factors included inexperience, speed and a wet runway. Officials determined the crewmembers were inexperienced and did not recognize the difficult braking situation.

The accident occurred during a specialized undergraduate pilot cross-country training mission. Neither crewmember was injured.

Program offers business loans to veterans

By ARMY SGT. 1ST CLASS DOUG SAMPLE
American Forces Press Service

■ **WASHINGTON** — The Veterans Affairs loan program, long known for helping veterans get their own home, is now helping them obtain their own business. Veterans can now go from “defending the American dream to owning it,” said Don DeBolt, president of the International Franchise Association.

“It’s the one way we can focus attention to our veterans who are leaving the military and would like to have their own slice of the American dream and would like to have their own business to operate,” he said.

To learn more about franchise opportunities, visit the VA’s Center for Veterans Enterprise Web site at www.vetbiz.gov.

(These articles are courtesy of Air Force Print News. To view the full stories go to the Air Force Web

Air Force crushes Army by twenty-eight points

By JOHN VAN WINKLE
U.S. Air Force Academy Public Affairs

■ **U.S. AIR FORCE ACADEMY, Colo.** — Three Marchello Graddy fumble recoveries and three Joey Ashcroft field goals helped lead the Air Force Academy Falcons to its seventh victory of the season, beating the Army team 31-3. The Falcons’ schedule has only two games remaining, both against conference teams. The Air Force plays New Mexico Nov. 15 and San Diego State Nov. 22. (Courtesy of AFPN)

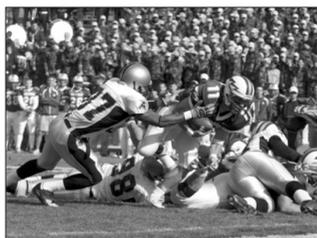


PHOTO BY JOHN VAN WINKLE

U.S. AIR FORCE ACADEMY, Colo. — Falcons quarterback Chance Harridge plunges forward for a first down at midfield. He ran 80 yards and passed for 71 more, during the academy’s 31-3 victory.

Boxers fight toward armed forces competition

By WAYNE AMANN
37th Services Division

■ **LACKLAND AIR FORCE BASE, Texas** — The last time the Air Force boxing team won the armed forces title only two of this year’s 31 training camp attendees had even been born. That 1975 championship squad was the last first-place finish the Air Force enjoyed before the Army’s dynasty captured 26 of the next 28 inter-service crowns. Ten boxers moved on from the Nov. 8 finals card before a raucous near-

capacity crowd. Three went unopposed in their respective weight classes: Airman Jose Casasola took the 112-pound flyweight division; Senior Airman James DuBois, the 125-pound featherweight category; and Staff Sgt. Jonathan Williams, the 201-pound heavyweight class. The Air Force team will continue to train at Lackland’s Kelly Field Annex until the Armed Forces Championships at Camp LeJeune, N.C.

Airmen who win there qualify for the USA National Championships in Colorado Springs, Colo. The last stop would be the 2004 Olympic Trials, Feb. 16 to 21, in Tunica, Miss. (Courtesy of AFPN)



PHOTO BY ALAN BOEDEKER

LACKLAND AIR FORCE BASE, Texas — Robert Luna (right), lands a punch on Richard Mora during a light-welterweight bout in the 2004 Boxing Championships

Vandenberg Flyers down competition

By AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

With a spot at the nationals on the line, Vandenberg's smallest cheering squads brought home the gold in three categories at the Righetti High School regional cheerleading competition Saturday.

Since the Vandenberg Flyers were established in April, they've been strutting their stuff at various events and getting their feet wet in competition.

"I wanted them to see what the competitions were like without it being too serious," said Brandie Moorhead, cheerleading trainer. "I just want them to see what to expect in the future."

The Vandenberg Flyers are made up of three different categories or teams: the peewees, the juniors, and the senior flyers.

The competition rules required each team to do a two-and-a-half



PHOTO BY STAFF SGT. CHUCK WALKER

Vandenberg Flyers junior cheerleader, Emily Caro, 8, continues to work on her routine in preparation for Los Angeles Clippers basketball game Saturday.

minute routine consisting of cheers, chants, jumps, pyramids, stunts and tumbling.

"The girls have to do different

aspects of each routine and they get points for them," said Moorhead. "In turn, those points are cumulated for a score and

they are placed based on those scores."

Moorhead said the team is very excited about the win, which gets them a slot at the national competition in Winston Salem, North Carolina. Moorhead said she's happy about the opportunity, but wasn't sure if they were going to attend.

"We're just getting started and this would require us to raise the money in a short period of time and I don't know if it would be too much on the girls right now," Moorhead said.

Nevertheless, the Flyers don't seem to be concerned about the upcoming nationals. The excitement is in the air about the three trophies they brought home.

"I was very happy because I've never gotten a trophy for a cheerleading competition before," said Qwan Hayes, 9.

"Well I was a bit nervous at first, especially when I saw the other teams," said Chaney Wagle, 7. "I'm not used to lots of people

being around like that, but then I smiled and looked at my parents and everything was okay."

All the girls agree cheerleading is fun, but said the most difficult parts are the stunts, tumbling and lifting of each other.

Even the Flyers youngest girls have positive attitudes about competitions.

"I got butterflies in my tummy, that's the hard part, but we get to do lots of fun stuff," said Megan Chadlunsky, 5.

While other girls were a bit uneasy at the size of the other teams, nine-year-old Marah Hall said she still would have been glad that they made it to the regionals even if they hadn't won the tournament.

"I thought the other teams might beat us; they sure looked a lot older than us," said Sydney Wingate, 7. "But I guess age really doesn't matter."

Some of the older Flyers have already begun to see cheerleading as a real sport.

Cheerleading is really fun but it requires hard work, according to 13-year-old Katie Narra.

But De De Young, 9, has a different take on it.

"My advice to girls who want to become cheerleaders is for them to just try your best," Young said. "There's always a chance that you'll lose. But maybe, just maybe, you'll win too."

The Vandenberg Flyers have been cheering at different events since their beginning in April. They can be seen at various upcoming events, to include a performance at a Los Angeles Clippers basketball game Saturday; a Christmas parade in Santa Maria; a Knott's Berry Farm competition in March; a Six Flags competition in May; and a Disneyland performance in June.

For more information on the Vandenberg Flyers call Brandie Moorehead at 734-5621.

Teams buckle-down for playoffs

By STAFF SGT. CHUCK WALKER
30th Space Communications Squadron

The base intramural flag football playoffs have begun, and all of the top teams and coaches say their teams are ready.

The defending base champions and National League regular season champions – 14th Air Force – are ready. The other top contenders looking to knock off 14th Air Force are the American League regular season champions, the 30th Space Wing, National League runners-up, the 576th Training Squadron, and National League third-place finishers, the 30th Medical Group.

14th AF coach John Sherman says his team will look to defend their crown despite not having all their players available for the playoffs.

"We're feeling pretty good about this week because we'll have all of our players," Sherman said. "But next week we're going to have six of our players going TDY. So the last week of the playoffs is going to be pretty rough."

With the lack of players, Sherman said

14th AF has to play more like a team if they want to win the championship again.

"There won't be any go-to players," Sherman said. "It's going to have to be a team effort. Everybody is going to have to fulfill their roles. We're also going to have to play really solid defense."

Two other teams breathing down 14 AF's neck from their own conference are the 576th and the 30th MDG.

The 576th finished second in the National League, while the Med Group finished the regular season on a six-game winning streak, which included two wins against 14th AF.

"We feel pretty confident," Med Group coach Fernando Richards said.

"We've got a winning streak going. We're going to be competitive and I'm confident that we're going to do well."

Another team with confidence heading in is the 576th. Coach Pete Dasis is also doing his own impersonation of Joe Namath, by making predictions and guarantees.

"I guarantee we'll be base champions," Dasis said. "We have the best defense in the league. That's going to be key for us.

We have to be able to move the ball effectively and be able to shut the other teams down. If we do those things, we're going to be successful."

The American League champions, the 30th SW, say they have confidence as well heading into the playoffs. They are also mindful of last season when they won the American League only to fall apart once the playoffs started.

"We feel pretty strongly that we should at least make it to the championship round of the playoffs," Space Wing coach Darren Savella said. "We did the same thing last season though, so we don't want to come in with big heads."

For 14th AF, it's a matter of hoping that what happened in the regular season can carry over to the playoffs.

"We won the regular season title despite being the defending base champions and having everyone gunning for us," Sherman said. "We were able to maintain the number one spot, despite having difficulties. We just need everybody to step up and a total team effort to do it again."

Sports Briefs

BODY CONDITIONING

A total body conditioning class is held from 5:30 to 6:30 p.m. Wednesdays at the Services Center.

FITNESS CONTEST

The 'Walk Your Way Through the Holidays' fitness contest begins Monday and runs through Dec. 19. Sign up at the fitness or health and wellness center.

YOUTH GOLF LESSONS

Marshallia Ranch Golf course holds youth golf lessons at 1:30 p.m. Saturday for youth ages eight and up.

CGO COURSE RUN

The Company Grade Officer Course run is at 3:30 p.m. Wednesdays at the obstacle course. Call 2nd Lt. Korinne Houston at 605-0782.

Intramural Sports

Winter Softball

Team	Wins	Losses
SFS No. 1	2	1
SFS No. 2	3	1
CES No. 1	1	2
CES No. 2	2	1
NRO	3	2
14AF	0	3
HAWKS	2	0
1 ASTS	3	0
WS	3	1
533RD	2	1
576TH	2	3
392ND	0	5

Destinations CENTRAL COAST

SPACE & MISSILE TIMES

Nov. 14, 2003

Sand dunes provide tranquil setting

By AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

There is absolutely no place like home. Right now in North Carolina the morning winds blow warm kisses through your hair and the leaves are just beginning to turn a beautiful array of reds, browns, oranges and yellows. Autumn, my favorite time of year is upon us and I'm missing out.

It's all I can think of every time the cold harsh winds here blow my hat off. But then every time I get into my car – and I get curious or lost – I see something that just amazes me and I think to myself, "I can't believe this place is starting to grow on me."

So on one of those many occasions in which I was 'curious or lost,' I made an interesting discovery. I was on my way to Santa Maria not paying attention and missed the exit.

Now on my way toward someplace called Guadalupe, I decided to keep going and see what it was all about. But it's way out there and I started to get a little nervous.

So I decided to stop at a fruit stand on the side of the road to ask for directions back to Santa Maria. As the young man was telling me where to go I saw something in the distance that looked like a large pile of sand on top of a large hill.

I asked the fruit vendor about it and he said, "Oh that's just the beginning of the dunes."

He told me a little more about it and I remember seeing something about the Guadalupe-Nipomo dunes on a brochure in our office. I decided to come back to check it out at a later date.

So Sunday, my friend Felicia and I visited the dunes to discover what they were all about.

Concerned about hot the sky was looking as if it were going to pour an ocean-sized bucket of water on us, I was a little nervous about the trip. But when we made it to our destination, my worries soon faded.

When I think of sand dunes I think of being on the back of a camel in the blazing hot African sun with not a drop



PHOTO BY AIRMAN 1ST CLASS JUANIKA GLOVER

With 1,400 known species of birds, plants and animals the Guadalupe-Nipomo dunes is highest dunes on the west coast, as well as a place for seeing a beautiful sunset over the water.

of water in sight. This was a lot different than the television-induced idea that I had of sand dunes. There was plenty of sand but a little more than a mile away was water. It was the most unusual thing I've ever seen. The mountains, the desert and the ocean all right there together – simply amazing.

Although there was sand everywhere the air was cool and the fog was just beginning to set. It was one of the most beautiful scenes I've ever seen. The waves were as tall as I was and they were coming in strong. Seagulls swarmed in the hundreds and surfers took advantage of the large waves.

Before coming out to the dunes I did a little research and found out that the Guadalupe-Nipomo Dunes make up about 18 miles of the largest dune-lagoon ecosystem on earth.

Preservation on this area began in 1987 and now more than half of the dunes are protected for habitat and light recreation.

There is also a place in Guadalupe dedicated to the preservation of the land and educating people about its many features called the Dunes Center.

About three times a week they

provide guided two-mile hikes through the dunes and teach visitors about the ecosystem and its surroundings. The tours are open to the public and they even offer group tours.

It's definitely a must for the outdoors types.

The Dunes Center also provides an array of displays for those indoor types who just want to know but don't want to actually go out and see the dunes.

Seeing all that sand reminded me of my childhood days making sand castles at the beach.

There is just so much sand that they've started to grow plant life on top. Some of the dunes even have flowers on them and after climbing to the top I realized that the sand isn't as sturdy as it looks.

When the weather is right the dunes make a great place to bring children. There's plenty of free space for them to just run completely wild. It also makes for nice romantic walks and perhaps just simply walking the dog.

For a full hiking experience, the Dunes Center staff puts out a quarterly calendar of events on their Web site at www.dunescenter.org.

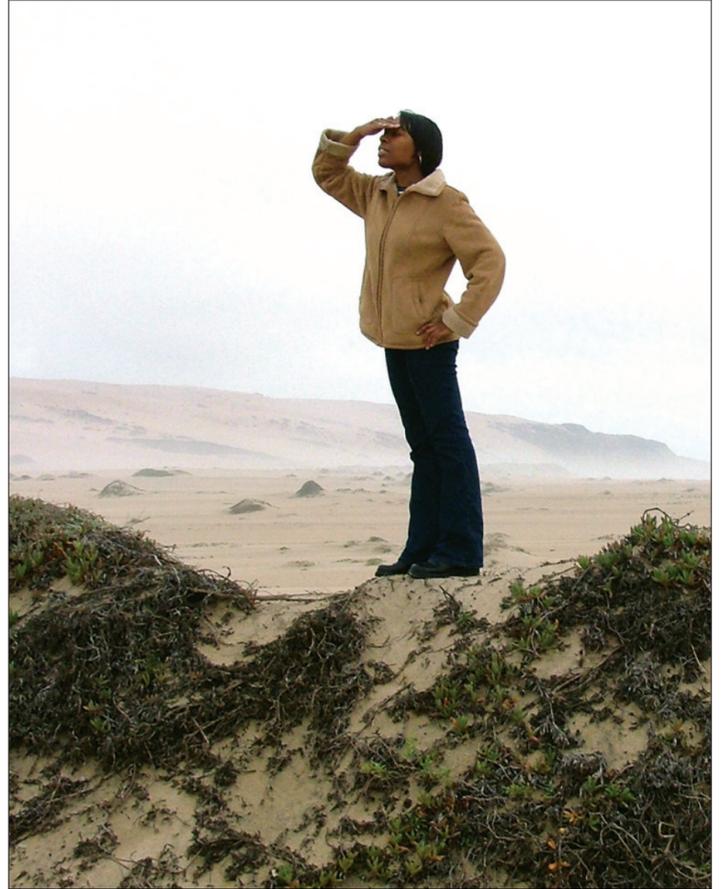


PHOTO BY AIRMAN 1ST CLASS FELICIA WILLIAMS

Airman 1st Class Juanika Glover, 30th Space Wing looks over the broad area of the Guadalupe-Nipomo dunes. The dunes encompass more than 18 miles of the largest most diverse cultural dune-lagoon ecosystem on earth.

- To get to the hiking trails from Vandenberg take Highway 1 straight into Guadalupe. About three miles outside of the city make a left on Oso Flaco Lake Road. Keep straight until you get to the parking lot.
- To just go to the beach, take Highway 1 into Guadalupe and make a left on West Main Street. Keep straight and the road runs right into the beach.
- For general information call, 805-343-2455

SPACE & MISSILE TIMES

Destinations Central Coast WANTS YOU!

Have you visited a Central Coast destination lately? Share it with the rest of Team V! Send in a 400 - 600 word rough draft about your adventure! Send submissions to: space&missiletimes@vandenberg.af.mil

Community Calendar

14 FRI **Asian Cuisine Cookout** – 11 a.m. to 1 p.m. today in the Surf Lane's parking lot. For tickets call 606-9308 or 606-1560.

Kids movie night – 6 to 8 p.m. today at the Chapel 1 Annex. The night will feature a kid's movie and a simple dinner. This is for kids so mom and dad can have some quiet time.

Cookie Express – The Vandenberg Spouses Club holds their Annual Cookie Express at 9 a.m. today at the Pacific Coast Club to show appreciation for the many sacrifices single airmen give to support the base.

Help is needed with assembling and decorating 750 cookie bags for delivery to airmen in the dorms. Cookie donations are also needed.

Drop off cookies at the PCC beginning at 6:30 a.m. or cookies may be dropped off early to 633 Aspen Street, on Thursday.

Call Jay LeClere at 588-8205 or Vicki McAlpin at 734-2502 for more information.

14 FRI **Youth Basketball scholarships** – Applications are located at the youth center and base library.

Cell phone collection – Family Advocacy is collecting used cell phones and accessories to be recycled for people involved in domestic violence.

Collection boxes are located at the commissary, base exchange and medical clinic. Call 606-8217.

Low walk-up fares – American Airlines expanded its military fares to next fall. The fares include no advance-purchase requirements and no change fees. Call (800) 433-7300.

Hunters Against Hunger – donate wild game to the needy. Call 606-6804.

Hebrew, Bar Mitzvah – classes are available. Call 734-3311.

Free car seats – to E-4 and below. Call 606-5338.

The Vandenberg Airmen's Attic – needs donations of items necessary to set up a household.

The program is open to military personnel E-5 and below with an Air Force Form 552 from their first sergeant. Call 606-5484.

14 FRI **G.I. Java seeks musicians** – G.I. Java wants local musicians to play at the coffeehouse during business hours. Solo performers and bands are welcome. Call the Chapel at 606-5778 for an audition.

Gift of Groceries program – The Defense Commissary Agency offers a gift certificate program that allows anyone to purchase commissary gift certificates to donate to military families through charitable organizations or give directly to military friends and family. Gift certificates are available online at www.commissaries.com.

Marriage enrichment counseling – offered on a one-on-one basis for married and unmarried couples. Call 606-9958.

Dads-to-New Dads and Moms-to-New Moms programs – These mentorship programs offer

support to new moms and dads. Call Nancy Sias at 606-5338.

15 SAT **Craft and activities lunch** – 1130 a.m. to 3 p.m. Saturday, at the Chapel 1 Annex.

These events are for spouse of active duty members who are TDY, remote or deployed for more than 30 days.

16 SUN **5th Annual Bill Brundage Toy Run** – Sunday meeting places are at the Santa Maria Harley Davidson, The Whistle Stop, Creekside Inn and Ralph & Duane's the final destination is the Ghost Riders Tavern. Call (805) 937-4972 or (805) 344-1330.

17 MON **Operation Baby Launch** – 5 p.m. Monday at the clinic auditorium. Call 605-8254.

Relaxation room – 8:30 a.m. to 3:30 p.m. Monday through Friday at the Vandenberg Health and Wellness Center. Call 606-2221 for an appointment.

18 TUE **Stress & Self Management class** – 2 to 4 p.m. Tuesdays through Dec. 9 at the Health and Wellness Center. Learn skills to deal with conflict, relaxation techniques and positive lifestyle choices. Call 606-0039.

Vandenberg Retiree Activities Center – Open 10 a.m. to 2 p.m. Tuesday through Friday in building 10346 in the base exchange shopping center. Call 606-5474 for more information.

Sign language classes – 3 to 3:50 p.m. Tuesdays and Thursdays at the education center room E-4. The class is for children in first through third grades. Call (805) 929-6902.

Baby Meet – 9 a.m. Tuesdays and Thursdays at the religious education center, building 16140.

Baby Meet offers discussion and socialization for expectant parents and those with babies newborn through two years old. Call 734-1461.

19 WED **Playtime for Tots** – 10 a.m. Wednesdays at Cocheo Park. The playgroup is for parents and children ages two to five. Call 734-2098.

Catholic fellowship – noon Wednesdays at Cocheo Park following 11:30 a.m. mass at Chapel 2.

20 THU **Risk reduction classes** – 2 to 4 p.m. Thursdays at the HAWC. Call 606-2221 to sign up.

Chapel singles group – 6:30 p.m. the second and fourth Thursday of the month at G.I. Java.

23 SUN **Thanksgiving Service and Dinner** – The Chapel hosts an Ecumenical Thanksgiving service at 5 p.m. Nov. 23 at Chapel 1 followed by Thanksgiving dinner at 6 p.m. in the Chapel 1 annex.

Everyone is invited to this event. Call (Chaplain) Capt. David Terroni at 606-5773 call for more information.

Hi-Way Drive-in
Santa Maria Ph. 937-3515
GEN. ADM. \$5 KIDS 4-11 \$1
THE MATRIX REVOLUTIONS R 7:00 p.m.
RUNAWAY JURY PG-13

Parks Plaza Buellton
Buellton Ph. 688-7434

MYSTIC RIVER R
DAILY 4:00-7:00 FRI. 9:30
SAT-SUN 1:00
BROTHER BEAR G
DAILY 2:15-4:45-7:15 SAT-SUN 11:45-9:30
THE MATRIX REVOLUTIONS R

elf

Movie Corner

DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN 11:30-9:30
ELF PG
DAILY 2:15-4:45-7:15 FRI 9:30 SAT-SUN 11:45-9:30
MASTER AND COMMANDER PG-13
DAILY 4:30-7:00 FRI 9:30 SAT-SUN 1:00

Movies Gemini
Lompoc Ph. 736-1306

BROTHER BEAR G
DAILY 4:30-7:00-9:00 SAT-SUN 11:30-2:00
ELF PG
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00

Movies Lompoc
Lompoc Ph. 736-1558

MASTER AND COMMANDER PG-13
DAILY 4:00-7:00-9:35 SAT-SUN 1:00
THE MATRIX REVOLUTIONS R
DAILY 4:30-6:00-7:00 - 8:30-9:30 SAT-SUN
11:30-1:00-2:00-3:30
LOONEY TUNES BACK IN ACTION PG
DAILY 4:45-7:15-9:30 SAT-SUN 11:45-2:15

General Admission \$7 kids and seniors
\$5 All shows before 5:30 p.m. \$5. Movies and times subject to change

Call Edwards Santa Maria 10 for movie listings (800) 326-3264

Vandenberg Thrift Shop

The Vandenberg Thrift Shop is open
Tuesdays, 9:30 a.m. to 2 p.m. and 4 to 6 p.m.
Call 606-3128 to find out more.

Everyone's invited to the Thanksgiving service and meal beginning at 5 p.m. Nov. 23 at Chapel 1.

30th Services News

SERVICES CENTER

Get ready, it's coming soon!

Family & Teen

TALENT SHOW

Do you have a talent?
Do you dance? Sing?
Play a musical instrument?

If you do, come out and audition for the annual talent show performance held in Dec. We also need volunteers to help with backstage lighting, sound, props, etc. Participation is free for both audition and performance.

AUDITION

Nov. 21, 5 to 10 p.m., at the Vandenberg Center.

PERFORMANCE

Dec. 6, 7 to 9 p.m., at the Vandenberg Center.

Call Lynn Warner at 605-8974 or Mike Renner at 606-2152 for more information.

YOUTH CENTER

Friday - Holiday Foosball Battle
at the Youth Center. Call for details, 606-2512.

Saturday - Holiday Family Skate Night
with pizza, 6 to 7 p.m., \$3 per person, for preteens and their family.
Open skate held after 7 p.m.

GOLF COURSE

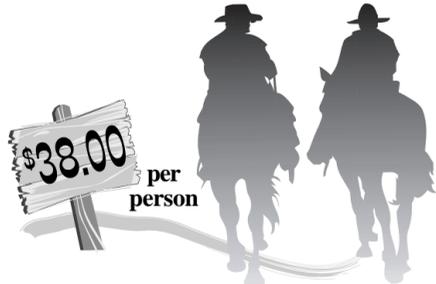
Saturday - Organizational Tournament,
11:30 a.m. to 1 p.m.

Sunday - Men's Club

Thursday - Barbecue Special Lunch
call for more information, 606-0606.

OUTDOOR REC

**Horseback
T·R·A·I·L R·I·D·E**
at the Circle-B-Ranch



Nov. 22 & Dec. 13

1:30 to 2:45 p.m.

Sign up deadlines:

Today for Nov. 22 ride

Dec. 8 for Dec. 13 ride

Depart Outdoor Rec promptly at 11:45 a.m.

For more information or for reservations,
Call Outdoor Rec at 606-5908.

CHILD DEVELOPMENT

Are you taking advantage of this great program?



The Air Force has implemented a wonderful program in Family Child Care...

E-X-T-E-N-D-E-D DAY CARE PROGRAM

The program is available to all military and DoD personnel who are required to work extended duty hours Monday-Friday or weekends. All patrons must be enrolled within the youth flight: Child Development Center, Youth Center or presently in a FCC home, all are eligible to use this great program. Extended Care hours will be provided at a certified FCC provider's home.

For more information on this program, call FCC Coordinator Gwendolyn Jones at 606-4639 or 606-3255.

Find the Missing Reindeer & Win Big!

Congratulations to
DALLAS WHITE & KIM VALENTINE
Dallas and Kim caught Dasher and Dancer!



Dallas and Kim are now entered into our grand prize drawing for a family vacation package to **DISNEYLAND CALIFORNIA** sponsored by **WALMART!**
(2-adults, 2-children, and hotel stay)

Listen to 106.7 My 80s My 90s My Music with Jennifer Grant in the morning for clues and winners!

-OR-

Go to www.30svs.com for more hidden clues and rules!

Be sure to hit **REFRESH** with each visit.



No Federal Endorsement Intended.

SURF LANES



\$1 per person per game
Every Thursday night, 6 to 9 p.m.



FITNESS CENTER

Walk your way through the **HOLIDAYS**
VAFB Fitness Center & Health & Wellness Center



CONTEST

SIGN-UP ANYTIME!
Contest continues until Dec. 19!



8-WEEK WALKING CONTEST

Top finishers will receive prizes!

The average American will gain 10 to 15 pounds over the next 3 months!

Sign up at the HAWC or the Fitness Center.

TURKEY TROT FUN RUN

Wednesday
noon at the Fitness Center

Pick one up today!

2004 DISCOVERY DINING BOOKS

Available at the Services Center for \$19.95.

PACIFIC COAST CLUB

Join us tonight at the club and sample this week's beer!



AROUND THE WORLD

Twenty Countries, Twenty Beers

Object:

To complete your journey around the world by sampling beers offered by the Club from 20 different countries.



GERMANY CANADA JAMAICA



PHILIPPINES MEXICO AUSTRALIA

Sample the great beers from these countries and many more!

Enjoy your trip!

FRIDAY EVENING ENTERTAINMENT at the CLUB!

• **70s & 80s NITE** • Karaoke & sing-along with Jerry
E-Lounge, 9 p.m. to 2 a.m. O-Lounge, 7 to 10 p.m.