

Base Briefs

30TH MEDICAL CLINIC CLOSES

The 30th Medical Group closes at noon today, however, the pharmacy will remain open for its normal schedule from 7:30 a.m. to 5:15 p.m. The clinic opens again Saturday from 9 a.m. to 1 p.m. In addition, all services in the clinic will be closed Monday for Martin Luther King Day. Emergencies should be treated in the nearest emergency room. If urgent care needs arise, call (888) 252-3299 for assistance.

ANNUAL AWARDS PACKAGES DUE

Nomination packages are due by close of business Thursday for Airman, NCO and Senior NCO of the Year. Packages must be hand carried to building 10577 room A-103 and should be addressed to 30 SW/CCC to the attention of Tech. Sgt. Maria Gunther. Send an electronic Air Force Form 1206 and biography to Senior Master Sgt. Philip Cope. Boards will convene Feb. 1 at a location to be determined. For more information, call Cope at 605-4683 or Master Sgt. Dave Erb at 605-3081.

VOLUNTEER PACKAGES DUE

Nomination packages for Team Vandenberg's annual volunteer awards are due Thursday at building 10577 room A-103, in two categories; active-duty or DoD civilian and family member. For more information, call Tinisha Agramonte at 605-8557.

ALS GRADUATES NEW LEADERS

The Graduation Banquet for Airman Leadership School Class 02-B is Feb. 8 at the Pacific Coast Club. A social hour begins at 6 p.m. followed by dinner at 7 p.m. The attire is mess dress or semi-formal. For more information or to make reservations, call the ALS staff at 606-5595 by Feb. 6.

RECRUITING TEAM ARRIVES HERE

A Military Training Instructor recruiting team will be here Feb. 13 to solicit volunteers for duty at Lackland AFB. The base point of contact for this visit is Senior Master Sgt. Mike Tierney who can be reached at 606-9815.

COMMISSARY CLOSES JAN. 21, 22

The commissary and mini commissary are closed Monday in observance of Martin Luther King Day. The commissary is also closed Tuesday. The mini commissary is open Tuesday from 6 a.m. to 9 p.m.

CGO HOSTS LUNCHEON FEB. 13

The Company Grade Officers' Council hosts a professional development luncheon at noon, Feb. 13 in the Pacific Coast Club. The guest speaker will be Col. Suzanne Vautrinot, 14th Air Force chief of operations and 614th Space Operations Group commander. The colonel is

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Olympic spirit



(Top) Col. Susan Vautrinot, 14th Air Force chief of operations, shows a bystander the Olympic torch she carried through Santa Barbara Wednesday. (Above) Vautrinot, front right, joins other torch runners from Santa Barbara county during the closing ceremony after the torch run. (Left) Vautrinot runs up Anapamu Street with the Olympic Flame. The Olympic Flame will arrive in Salt Lake City, Utah, for the 2002 Olympic Winter games opening ceremonies Feb. 8.

OLYMPIC TORCH RELAY FACTS

The 2002 Olympic Torch relay consists of 11,500 torch bearers. Forty-six states are represented and it stops in 125 major cities, covering 13,500 miles of cross-country travels over 65 days.

The torch will travel an average of 208 miles every 12 hours and will usually stop for two city celebrations per day. The flame will be kept in a lantern traveling with the relay, guarded to ensure that the flame will

not be extinguished. A torch will be lighted from the flame each morning to start that day's relay.

In addition to the torch bearers the flame will be transported by automobile, airplane, train, ship, dogsled, skier, horse-drawn sleigh, snowmobile, ice skaters, prairie schooner and other unique modes.

The Olympic Flame first became a tradition of the modern Olympics at the 1928 Amsterdam Games.

'Survivor Vandenberg' tests physical, mental skills of Team V

By Staff Sgt. Andrew Leonhard
30th Space Wing Public Affairs

From the outback of Australia to the safari of Africa "Survivor" has now arrived on the Central Coast.

Beginning February, Team Vandenberg members can start competing in Survivor Vandenberg, a health and fitness competition aimed at creating a healthy and active lifestyle.

With more than 100 people on a waiting list to participate in the New You for the New Year program, the Vandenberg Health and Wellness Center staff came up with the concept using ideas from the successful TV show, said Tyson Grier, Exercise Physiologist at the HAWC.

"We needed something exciting and challenging for Team Vandenberg," said Grier. According to Grier, more than 50 percent of the base is overweight. Meaning they have a body mass index of more than 25. The HAWC staff is committed to change that statistic.

"We want a fitter not fatter Team Vandenberg," said Grier. Survivor Vandenberg is open to all-active duty, Department of Defense civilians and dependents said Susan McPherson, HAWC director. People on medical profile will not be allowed to participate and

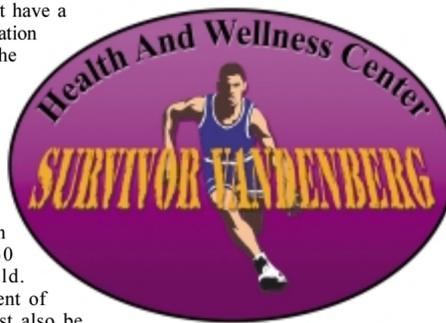
civilians must have a medical evaluation completed, she added.

Participants will be composed of 5 to 10 member teams with at least one person more than 30 years old. Twenty percent of the team must also be made up of females.

The 12-week long competition will have three survivor challenges where teams will compete against each other. A 5-k run will be set up at the end of February, then an obstacle course will be held half-way through the competition. The finale will be a mini triathlon.

Individuals earn points for the team by attending HAWC health classes; working out at the gym or attending aerobic classes at the Services Center. Teams can also earn points by conducting exercise programs together such as a morning physical training, said McPherson.

Each month the team with the lowest point total will be spot-



lighted. In the spirit of the "Survivor" TV series members of Team V will then vote off the respective team or allow them to continue participating.

All teams left at the end of the 12-week period will compete in a mini triathlon to determine the winner of the competition. The team with the most points earned will receive a cash prize.

The HAWC hopes teams will initially be built with people from the same squadrons, and groups. "We hope this competition will instill teamwork," said McPherson. "We also think it will begin some healthy competition among the team members to get out there and earn points for the team."

CSAF survey launches

By Master Sgt. Jim Greeley

Air Force Print News

■ SAN ANTONIO — The Air Force chief of staff wants to know what changes Air Force people want in their organizations, and what those people think of the leaders they work for, from the squadron level through higher headquarters.

To that end, service officials will launch the 2002 Chief of Staff survey Jan. 22. This survey, which has been done every two years since 1997, is an avenue directly to the top.

"This is a great opportunity to provide direct feedback about how we're doing in our organizations," said Gen. John P. Jumper, Air Force chief of staff. "To sustain the world's preeminent aerospace force, we must ensure excellence in the work environment for everyone. The survey provides me, and leaders at all levels in your chain of command, valuable information."

The survey was originally slated to start in October, but was delayed when operations Enduring Freedom and Noble Eagle

started.

The Web-based survey will take about 30 to 45 minutes, and has about 100 questions covering three major areas: organizational climate and leadership, A-76 competitive sourcing and major command-specific questions.

In order to optimize Web traffic flow, scheduled regional e-mails will be sent out to stateside bases to remind people to take the survey.

Honesty is exactly what Jumper wants.

"I expect you to give direct and candid feedback," Jumper said. "That's why the survey is anonymous, and that's why the questions on the survey are intentionally hard-hitting."

The survey begins on Jan. 22 and runs through Mar 8. Members can take the survey from a government computer at <http://csafsurvey.af.mil/> or from a non-government computer (dot-com) at <http://www.csafsurvey.com/> at any time during the survey period. However, if people start the survey on a dot-com Web site they must finish on a dot-com Web site.

Nation observes Martin Luther King Holiday

By Rudi Williams

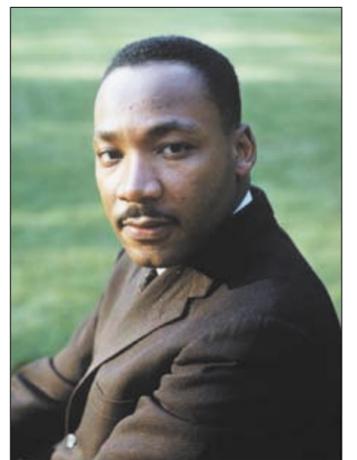
American Forces Press Service

■ WASHINGTON — Monday, marks the nation's 17th observance of a legal holiday honoring slain civil rights leader and Nobel Peace Prize winner Martin Luther King Jr.

He was born on Jan. 15, 1929, but the legislation creating the holiday names the third Monday of January as the day on which it is observed. The law creating the holiday said it should "serve as a time for Americans to reflect on the principles of racial equality and nonviolent social change espoused by Martin Luther King Jr."

In 1985, as chair of the federal holiday commission planning the first nine-day observance of the holiday the following year, King's widow, Coretta Scott King, said, "For the first time in the history of this great nation, we're honoring a peacemaker — a drum major for justice, love and righteousness who was a native son of America. Where others preached hatred, he taught the principles of love, nonviolence and a patriotic commitment to making democracy work for all Americans."

Martin's day, therefore, should be a time for peace and nonviolence in all our human relationships and in every aspect of our



COURTESY PHOTO

Martin Luther King (1960).

personal lives ... a day when all of us put aside our differences and join in a spirit of togetherness in recognition of our common humanity."

Born in Atlanta, Ga., King skipped the ninth and 12th grades and was a student at Morehouse College in Atlanta at age 15. While still an undergraduate student, he was ordained a minister and was elected assistant pastor of Ebenezer Baptist Church at age 18.

He received a bachelor of arts degree in sociology from Morehouse at 19, a bachelor of divinity degree from Crozer Theological Seminary, Chester,

See KING Page 4

Defense bill authorizes beefier military pay hike

By Staff Sgt. A.J. Bosker

Air Force Print News

■ WASHINGTON — President Bush authorized \$317.6 billion in defense spending by signing the fiscal 2002 Department of Defense Appropriations Act into law Jan. 10 at the Pentagon.

"In our global campaign against global terror, our military must have every resource, every tool, every weapon and every advantage it needs for the missions to come," Bush said. "(This bill) makes a down-payment on a central commitment: we will give our forces everything they need to defeat global terror."

This year's defense bill provides nearly \$20 billion more than the amount enacted for fiscal 2001. The DOD also received \$3.4 billion of emergency supplemental funding for homeland defense.

"Even more important than the numbers are the priorities they represent," Bush said. "First of all, the bill contains funding for pay increases of up to 15 percent for servicemembers, with an average increase of 6.9 percent. It also reduces out-of-pocket housing costs from 15 percent to 11 percent and puts us on a track to eliminate this burden altogether by 2005."

"It also fully funds the health care of active-duty members and their families and provides \$3.9 billion for benefits for military retirees over 65 and their families," he said.

The annual defense budget comprises two parts — the appropriations bill and the authorization bill. The appropriations bill allocates funds to operate the Defense

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Also view The Space & Missile Times at http://www.vandenberg.af.mil/30sw/news/space_times/index.html



Poor sports are encouraged to practice good old fashioned courtesy during sporting events. See Page 2.



Let it shine. Students performed in a ceremony commemorating the life of Martin Luther King. See Page 5.

Weekend forecast Sunny.

Low/High 34/61

For a full WAFB weather report visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather/index.html

Sportsmanship: Do you have it?

BY STAFF SGT. ANDREW LEONHARD
30th Space Wing Public Affairs

Jurors find Thomas Junta guilty of involuntary manslaughter in the beating death of Michael Costin, at a hockey practice attended by sons of both men.

Shaquille O'Neil, Los Angeles Lakers, draws a three-game suspension from the National Basketball Association for throwing a punch and fighting with Chicago Bulls center Brad Miller.

Today, you frequently hear accounts of poor sportsmanship such as the incidents described above.

These incidents give us a strong sense of what bad sportsmanship is, but what we consider to be good sportsmanship remains less noticeable when our sports "heroes" even have a difficult time with it. Consequently, negative incidents continue to receive the lion's share of coverage in the media while the majority of good sporting acts go unnoticed.

Tennis player Jim Courier offered a definition that ESPN SportsZone users agreed with the most. He said: "Sportsmanship for me is when a guy walks off the court and you can't tell whether he's won or lost. It's going out and giving your best and honoring your opponent by giving your best all the way through, and shaking his hand at



Official Percy Anderson breaks up a fight between William Ziemann and Brian Owen. When practicing good sportsmanship treat your opponents the same way you'd like to be treated.

the end of the battle and saying, 'That was good warfare, but we can still go have a beer afterward.'"

Good sportsmanship should be the core of athletics and should continually be emphasized by coaches, athletes and parents to the hundreds of thousands of athletes in competition. Good sportsmanship should be the norm in sports.

It is imperative that each one of us learns to identify good sportsmanship, practice it, acknowledge it publicly and reward it whenever possible. This is a positive aspect of our

intramural, varsity and youth sports programs that we must emphasize on a daily basis.

Sportsmanship is a way of life. It should be, and for the most part it is the way of life in base athletics.

Military members are held to a higher standard. That standard shouldn't stop when we walk onto a field or court for competition.

When we talk about sportsmanship, we are talking about someone's character and actions in relationship to sports. Here is a general definition for sportsmanship: Sportsmanship is a

matter of having good (character) and the right behaviors in sports.

In most cases sportsmanship and ethics are the two sides of the same coin. That coin represents our standards of right and wrong, of good and bad, of honesty and dishonesty, of respect and disrespect.

Ultimately makes no difference whether we are talking about sports or not. We could say that sportsmanship is the sports world's all-encompassing word for ethics. That being sportsman like is being ethical in sports and being unsportsman-like is being unethical in sports.



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Helping an opponent off the floor and other common courtesies go a long way in good sportsmanship.

It's time for good, old-fashioned courtesy to sneak back into our lives. Give congratulations to your opponent after a tough play. Line up to shake hands following a hotly-contested game. Publicly recognizing the other team or players were worthy of the win.

Establishing values, showing respect for each other, displaying decent public behavior, and exhibiting good sportsmanship should not be something we remember from the past, but rather something we reestablish and pass on to future generations.

SPORTSMANSHIP IS...

- ◆ Sincerely congratulating your opponent after he's just defeated you.
- ◆ Personally checking on an injured opponent.
- ◆ Giving the official a pat on the back for a job well done even though you or your team lost.
- ◆ Being mature enough to know that sometimes, in sports, it's not that your team lost -- it's just that the other team won.
- ◆ Having the courage - and diplomacy -- to let a belligerent parent on the sidelines know they're beginning to lose their perspective on the game.
- ◆ Not giving into the temptation of cheating in order to pursue your own personal goal of victory.
- ◆ Knowing that running up the score against your opponent doesn't accomplish anything positive.
- ◆ Understanding that when the game is over, it's time to shake hands, smile and move on.
- ◆ Knowing when your celebration on the playing field is getting out of hand and is beginning to embarrass your opponent.
- ◆ The Golden Rule as applied in sports. Treat your opponents in the same manner that you'd like to be treated.



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Questions regarding the paper can be directed to the Space & Missile Times staff at (805) 606-2040.

Commander's Action line



Col. Robert M. Worley II
Commander,
30th Space Wing

Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence. Key to the effectiveness of any great team is good communication. The 30th Space Wing Commander's Action Line is

your direct communication link to me.

It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back. I appreciate your input, and I am personally involved in every response.

While the Commander's Action Line is a great way to communicate, don't forget there are many other avenues to get answers to your questions including your chain of command, first sergeants, base services officials, and many other base professionals.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number.

Action line: 606-7850 or e-mail
your message to actionline@vandenberg.af.mil

| | |
|-----------------------------------|--------------|
| EMERGENCY..... | 911 |
| Poison control..... | 800-876-4766 |
| Clinic appointments..... | 606-2273 |
| Information..... | 411 |
| After-hours urgent care..... | 888-252-3299 |
| TRICARE services..... | 800-242-6788 |
| Health Care Information Line..... | 800-611-2883 |
| Law enforcement..... | 606-3911 |
| Housing maintenance..... | 734-5586 |
| Child Development Center..... | 606-1555 |
| Youth Center..... | 606-2152 |
| MPF customer service..... | 606-7756 |
| Visitor control center..... | 606-7662 |
| Chapel Office..... | 606-5573 |
| Chaplain (after hours)..... | 606-9961 |
| Red Cross (duty hours)..... | 606-1855 |
| Red Cross (after hours)..... | 800-660-4272 |
| EOD (duty hours)..... | 605-1375 |
| Military Pay..... | 606-4606 |

Heard a rumor? Get the facts.



During crises or emergencies, call the Vandenberg rumor control line at 606-1857.



Team Vandenberg Spotlight

Name: Staff Sgt. James Long
Assignment: 532nd Training Squadron, Facilities Maintenance Course instructor
Hometown: Easley, S.C.
Time on Vandenberg: 1 year
Time in service: 8 years
Why he loves his job: "I enjoy the personal rewards I receive knowing that I can make a difference in a young airman's life. Not only do I teach him or her about their Air Force job, but I also contribute to their overall Air Force experience."
Supervisor's comments: "It has been a pleasure working with James," said Capt. John DeVincenzo. "In eight short months he has taught more than 700 hours and has made a huge impact on the students. James comes to work every day with a smile on his face and ready to mentor our young troops."



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Long, center, delves into teaching his young troops.



The Breakers Dining Facility is open to enlisted active-duty members and retirees daily for breakfast, lunch, dinner and a midnight meal. DoD civilians and active-duty officers may also use the facility if government meals are authorized on TDY orders.

Weekdays

Breakfast:
5 to 8 a.m.

Lunch:
11 a.m. to 1:30 p.m.

Weekends

Brunch:
6 to 11 a.m.

Dinner:
4:30 to 7 p.m.
Midnight Meal:
11 p.m. to 1 a.m.

Dinner: 4 to 6 p.m.

Project Good Neighbor raises more than \$10,000 for Team V

BY MASTER SGT. TY FOSTER
 30th Space Wing Public Affairs

Project Good Neighbor provided 140 Team Vandenberg families with more than \$10,000 in assistance during the recent holiday season.

Additionally, the angel tree at the Base Exchange netted gifts for more than 200 children here, said Master Sgt. Cindy Hasty, 614th Space Operations Squadron first sergeant.

Similar to Operation Warm Heart at other bases, PGN is managed by the First Sergeants Council.

"The program provides financial assistance to families in need during the holiday season by providing Thanksgiving food baskets, minor holiday grants or commissary/supermarket vouchers," said Master Sgt. Mark Reed, 30th Civil Engineers Squadron first sergeant.

The Project kicked in more than \$3,100 for holiday food baskets, complete with turkeys,

and ponied up more than \$7,000 for holiday grants, he said.

"We have Air Force people with low incomes and folks on food stamps who need help during the holidays," Reed said.

"Last year, we saw a surge of support from our civilian community,"

Master Sgt. Mark Reed,
 30th Civil Engineer Squadron

But, PGN doesn't end with the holiday season. It supports families year-round.

Hasty said PGN can provide funds to families with emergencies

that aren't self-inflicted and aren't covered by any other available program, like Air Force Aid for example.

Car problems, unexpected travel expenses due to emergencies that are not valid Red Cross emergencies also fall into the PGN category, she said.

With that many hands out, the first sergeants keep pretty busy trying to raise funds.

"All of the funds come from fundraising events such as the annual Project Good Neighbor

Golf Tournament or donations from individuals, companies or corporations," Reed said. Last year's tournament raised nearly \$6,300, falling short of their \$10,000 goal.

Reed said that while the golf tournament is their largest fundraiser of the year, other income sources further PGN's humanitarian cause.

"Last year, we saw a surge of support from our civilian community," he said. Local businesses, contractors and individuals kicked in donations to bolster PGN's coffers.

Anyone can support PGN. "Just show up at any event that's advertised as a 'PGN' fundraiser," she said. Or, people can volunteer their time at those events.

People, companies or corporations who wish to contribute to the PGN cause may call Reed at 606-7358 or see their first sergeant.

Beneficiaries of PGN food and grants are nominated through their supervisory chain of command or they may go directly to their first sergeant.

First sergeants thank community members

The First Sergeants Council is grateful for the support Team Vandenberg and local communities provided Project Good Neighbor last year. The following agencies provided significant assistance:

**Vandenberg Federal Credit Union
 Vons Supermarket
 Protestant Women of the Chapel
 Ace Engineering**

**Leon Construction
 The Base Thrift Store
 Vandenberg Spouses' Club
 U.S.A.A.
 Noncommissioned Officers Association**

And a special thanks to the many base units and private organizations that have contributed people, time and money.

Food pantry supports Vandenberg families year round

Spring cleaning at home yields wealth of donations to support young troops

The Vandenberg AFB Food Pantry and Airman's Attic are key players when it comes to assisting Team Vandenberg members in need.

The food pantry typically supports several families each month. The attic offers free items to junior-enlisted members.

The base food pantry always needs:

Canned food items such as:
 corn
 green beans
 yams
 soups

fruit
 cranberry sauce
 pork and beans
 chili

Boxed items such as:
 Jello
 pudding
 stuffing
 instant potatoes
 rice
 cake mixes
 Tuna, Hamburger and Chicken Helper

Specialty items such as:
 birthday candles
 spices
 juices
 coffee, tea and cocoa
 To arrange a canned food drive, call Darlene Horne at 606-

2960 or the family support center at 606-0039.

The Airman's Attic needs the following household items in clean and good working order:

Furniture such as dining tables and chairs, beds, dressers and couches.
 Appliances such as vacuum cleaners and irons.

Airman's Attic volunteers will pick up large donations at people's homes. To arrange for a large donation, call 606-5484 or 606-4225.

Smaller items and food may be dropped off at the Airman's Attic or the food pantry located in back of the Family Support Center on Nebraska Avenue.

KING: Won Nobel Peace Prize

From Page 1
Pa., at 21 and a doctorate in systematic theology from Boston University at 25. King also studied at the University of Pennsylvania and Harvard University.

He once described the life of the black American as "sadly crippled by the manacles of segregation and the chains of discrimination."

King was arrested 30 times for participating in civil rights activities. One of those times, while in solitary confinement, King wrote the "Letter from Birmingham Jail" in the margins of a newspaper and on scraps of paper. He refuted several influential critics who had condemned his work as "unworthy of a man of God." King wrote he had come to bring the gospel far beyond his own home.

"We have waited for 340 years for our constitutional rights and God-given rights, and we still creep at horse-and-buggy pace toward the gaining of a cup of coffee at a lunch counter," King wrote.

On Aug. 28, 1963, men and

women of all races, religions and political backgrounds participated in a March for Jobs and Freedom in Washington. King delivered his famous "I Have a Dream" speech to a throng of more than 250,000 people that day at the Lincoln Memorial.

King called the huge gathering a "nonviolent army." The march on Washington succeeded far beyond the greatest expectations of its planners in transcending political quarrels of the time, bridging differences between competing groups of Americans and speaking to the conscience of the nation.

In 1964, at age 35, King became the youngest man in history and the third black man to be awarded the Nobel Peace Prize.

He was shot and killed while standing on a motel balcony in Memphis, Tenn., on April 4, 1968. He was in Memphis to help lead sanitation workers in a protest against low wages and working conditions.

He received several hundred other awards for his leadership in the civil rights movement.

BUZZ saw



U.S. AIR FORCE PHOTO BY STAFF SGT. SHANE CUOMO

An Air Force civil engineering specialist from the 405th Air Expeditionary Wing cuts a support post to size in the construction of a recreational deck that the command element is building for tent city Jan. 5.



Around the Air Force

\$2,000. For single people, the maximum credit is \$1,000.

"In effect, the government would be returning to some participants up to half of their contributions in the form of tax credits," Keef said. "This amounts to free money for some of our members who should really be giving this a serious look."

Another important reason to sign up now rather than later affects people who are anticipating bonuses during the next few months, Keef said. Even though an election for bonus pay contributions can be made at any time, people must have already enrolled in TSP during an open season in order to make an election for a bonus.

Combat zone tax exempt pay is not subject to the \$11,000 elective deferral limit, Keef said, which means that people who qualify for it may make higher contributions from incentive, special and bonus pays. Therefore, people who anticipate deploying to a combat zone tax exempt area after the close of the open season may also want to consider signing up before the current season expires.

The next open season will be May 15 through July 31.

There are two ways to sign up for TSP. People can submit a form, which is at the finance or military personnel flight, to their financial services office. Or, the easier option is to make an election via the Internet by visiting the Defense Finance and Accounting Service's Web site.

For more information on the TSP, review the Summary of the Thrift Savings Plan for the Uniformed Services booklet, available from MPFs or online.

The AFPC Contact Center can be reached at (800) 558-1404. (Courtesy Air Force Print News)

AFPC officials seek officers' input

■ RANDOLPH AFB, Texas — Air Force Personnel Center officials here are asking officers to provide online feedback about the officer assignment process through a survey being e-mailed Jan. 15 to more than 15,000 people.

The survey is the second opportunity for officers to give formal feedback to the personnel center since the assignment system's inception in 1998.

Those who receive the e-mail will be asked to click on a Web link and answer 29 general questions and give insight about the effectiveness of the Air Force assignment system and its associated technology.

More than two-thirds of the current officer force has already been assigned through AFAS, said Capt. Patricia Rodriguez-Rey, chief of assignment procedures here.

An AFAS review group will convene here March 4 to 8 to discuss the findings, compare the feedback with previous survey results and make suggestions to policy-makers at the Pentagon.

Questions about the survey can be directed to AFPC at (210) 565-4098, or DSN 665-4098. (Courtesy Air Force Print News)

PAY: \$7.8 billion for missile defense

From Page 1
Department. The authorization bill, signed by the President in December, permits the DOD to spend the allocated funds.

The bill:

— Fully funds the 4.6 percent military pay raise and selected targeted raises for an average increase of 6.9 percent, the highest pay raise in 20 years.

— Reduces out-of-pocket housing costs from 15 percent to 11.3 percent.

— Fully funds the requested defense medical support and TRICARE programs and adds \$390.5 million beyond the budget amount for medical research and other initiatives to improve defense health care.

— Provides \$2.6 billion for procurement of 13 F-22 Raptor production aircraft and \$881.6 million for continued F-22 development.

— Funds the procurement of a 16th Joint Surveillance Target Attack Radar System aircraft and funds the engine replacements for four Rivet Joint reconnaissance aircraft.

— Provides \$2.8 billion for the purchase of 15 C-17 Globemaster IIIs and adds \$143 million to the budget request to

support a multi-year procurement of additional C-17s.

— Fully funds the budget request of \$1.5 billion for the Joint Strike Fighter.

— Provides \$219 million for continued B-2 Spirit bomber development.

— Adds \$250 million above fiscal 2001 levels for unmanned aerial vehicles.

— Provides \$7.8 billion for continued missile defense funding.

— Provides \$26 billion in Air Force operation and maintenance funds for force protection measures and increased spare parts, real property maintenance, depot maintenance and training hours.

"We can never pay our men and women in uniform on a scale that matches the magnitude of their sacrifice but this bill reflects our respect for your selfless service," Bush said.

"Today, more than ever, we owe those in uniform the resources they need to maintain a very high state of readiness," he said. "This nation must have and will have ready forces that can bring victory to our country and safety to our people."

Air Force satellite launch a success

■ CAPE CANAVERAL AIR FORCE STATION, Fla. — The Air Force successfully launched a Titan IV-B rocket carrying a MILSTAR II communications satellite from Space Launch Complex 40 here Monday at 7:30 p.m. EST.

Successful separation and orbital insertion of the satellite occurred early Tuesday, about six-and-a-half hours after liftoff.

"The satellite is on target and its solar arrays deployed as planned," said Capt. Patrick Youngson, chief of the MILSATCOM operations section at Air Force Space Command headquarters. "We have a fully functional satellite in the proper orbit."

MILSTAR II is the Department of Defense's most technologically advanced telecommunications satellite. (Courtesy Air Force Print News)

Air Force conducts talent search

■ SAN ANTONIO — The search for performers to compete in the 2002 Air Force Worldwide Talent Contest, being held March 17 to 25 at Lackland Air Force Base, Texas, has started.

The contest seeks out the best active-duty entertainers who, besides vying for the first-place "Roger" award, will try for a spot on the Air Force entertainment team, Tops in Blue. Once selected, 30 performers will become part of a world-class showcase of talent that travels the globe during a nine-month tour.

"We're looking for singers, dancers, musicians, comedians and anyone else who has a talent they'd like to share with people around the world," said Carol Sudy, Tops in Blue tour coordinator for the Air Force Services Agency here.

Those interested in entering the contest and auditioning for Tops in Blue must submit a VHS tape of themselves performing, along with an entertainer application, to HQ AFSSA/SVPCE, 10100 Reunion Place, Ste. 402, San Antonio, Texas, 78216-4138 by Feb. 22. Applications are available on the team's Web site at www.afsv.af.mil/TIB or from any services squadron.

The group also needs bluesuiters as bus drivers; stage, light, and sound technicians; wardrobe/costume coordinators; choreographers; and vocal assistants. People skilled in these areas and

who wish to participate in the competition as well as tour with the team should submit a technical/staff application, which can also be obtained on the team's Web site or from any services squadron.

For more information, call the Air Force Entertainment Office at (210) 652-6566 or DSN 487-6566. (Courtesy Air Force Print News)

Air Force, Navy working closely

■ WASHINGTON — Some of the greatest rivalries are between athletic teams from the service academies. However, during the current battle against terrorism, cooperation between the Air Force and Navy has never been better, said Gen. John Jumper, Air Force chief of staff.

"The component relationships in this war, especially between the Air Force and the Navy, are better than I have ever seen," Jumper said. He would know, since he has been "up close and personal for the last 10 years in some senior positions, and very close to the battle."

Since Oct. 7, the bombs that have been raining down on Afghanistan — dropped by Navy and Air Force aircraft — all have one thing in common: they have brought an end to the Taliban control of Afghanistan.

"We're putting together (our) nation's (warfighting) capabilities exactly the way we bought them," Jumper said. "You use the capabilities you need."

Adm. Vern Clark, the chief of naval operations, agrees with Jumper and said they both are big believers in the joint efforts of the Air Force and Navy. The two leaders have been working together for many years. Clark recalls a specific discussion in 1994 during Operation Vigilant Eagle in Southeast Asia, when Jumper was the Joint Force Air Component Commander with Clark as his deputy.

"We have been and are working together to create the best warfighting capability and the best warfighting response," Clark said. (Courtesy Air Force Print News)

Official travelers can keep perks

■ RANDOLPH AFB, Texas — People who travel at government expense can now keep the perks they earn for personal use.

A change to Section 1116 of the Fiscal 2002 National Defense Authorization Act allows travelers to

keep benefits, said S. W. Westbrook, director of the Per Diem, Travel and Transportation Allowance Committee. The benefits include points or miles, upgrades, access to carrier clubs or facilities, or other promotional items.

The act was signed into law by President Bush on Dec. 28, and the change went into effect Dec. 31.

The policy applies to promotional items received before, on or after Dec. 31, Westbrook said. The material must be obtained under the same terms as those offered to the general public and must be at no additional government cost.

One example is the voluntary relinquishing of a seat on an airliner. Under the policy change, a traveler may keep payments from a carrier for vacating a seat; however, no additional expenses, such as per diem, may be paid as a result of the traveler's delay.

"Additional travel expenses incurred as a result of voluntarily giving up a seat are the traveler's financial responsibility," Westbrook said.

When a traveler is involuntarily denied a seat, the traveler enters "awaiting transportation" travel status for per diem and miscellaneous expense reimbursement. In that case, any monetary compensation, including meal and lodging vouchers, belongs to the government. (Courtesy Air Force Print News)

Thrift Savings Plan offers tax benefits

■ WASHINGTON (AFP) — Officials are hoping that tax benefits will convince people to take advantage of the Uniformed Services Thrift Savings Plan before the open season ends Jan. 31.

Program benefits include contributions from pre-tax dollars, accumulation of tax-deferred earnings, and compounding interest. Contributors also receive additional tax savings from the Economic Growth and Tax Relief Reconciliation Act of 2001.

People who participate in the TSP during tax years 2002 through 2006 may be eligible for a tax credit on their Federal income tax return for each year they contribute to the plan, said Maj. Jeffrey T. Keef, chief of Air Force military estate and special pays policy at the Pentagon.

For married people who file a joint return, the maximum credit is 50 percent of each taxpayer's contribution up to \$2,000, which would amount to a combined credit of

BRIEFS

From Page 1

also director of the Aerospace Operations Center. For more information or tickets, call 1st Lt. Henry Heren at 605-1338.

LOCAL SCHOOLS CLOSE FOR HOLIDAY

Lompoc Unified School District schools and offices are closed Monday in observance of Martin Luther King Day. Classes will resume Tuesday.

30TH MEDICAL GROUP UNDER RENOVATION

The 30th Medical Group renovation of its family practice and internal medicine clinics will continue until June 1, 2003. The family practice clinic has been relocated to the fourth floor and the internal medicine and Ob/Gyn clinics have moved to the third floor.

JOINT CONFERENCE SET FOR FEB. 7

The quarterly Joint Pacific Scheduling Office conference features Maj. Marvin Weston

from the Reagan Test Site. The conference is set for 10 a.m., Feb. 7 in the theater of the Western Range Operations Control Center.

BREAKERS CONTINUES FAMILY NIGHT

The 30th Services Squadron staff offers a weekly dinner Thursdays at the Breakers Dining Facility from 6 to 7 p.m. The dinner is open to all family members of people deployed in support of an overseas operation. For more information, call 606-5031.

DEADLINE NEARS FOR DECA SCHOLARSHIP

Applications for the second annual Defense Commissary Agency/Fisher House Foundation Scholarships for Military Children Program are due Feb. 5. Qualified sons and daughters of U.S. military ID-card holders, to include active duty, retirees, and Guardsmen or reservists, may apply for the \$1,500 scholarships. For more information, go to web site www.commissaries.com.

Community Calendar

CHAPEL NOTES

Catholic Worship Services

- Saturday at 5 p.m. in Chapel 2.
- Sunday at 9:45 a.m. in Chapel 1.
- Daily Mass is Monday through Friday at 11:30 a.m. in Chapel 2.
- Catholic religious education is Sunday at 8:30 a.m. in the religious education building.
- Confirmation is Monday at 6:30 p.m. in the religious education administration building.
- Youth confirmation is Sundays at 6 p.m. in the religious education administration building.
- Catholic Youth of the Chapel meets Sunday at 6 p.m. in the religious education administration building.

Protestant Worship Services

- Contemporary Service is Sunday at 8:30 a.m. in Chapel 2.
- Traditional service is Sunday at 11:15 a.m. in Chapel 1.
- Gospel service is Sunday at 11:30 a.m. in Chapel 2.
- Protestant religious education opportunities are as follows:

For other faith groups or concerns, call the chapel at 606-7773.

Protestant Sunday School

Classes meet at 10 a.m. in the religious education classrooms behind the child development center. There are classes for all ages. Extra teachers and helpers are always needed. To be part of this ministry, call Jill Hembroff or Chaplain (Capt.) Mike Husfelt at 606-5773.

Believers in God

The Protestant Youth Group, Believers in God, is holding several fundraisers to offset the cost of the group's winter retreat, spring mission trip and summer work camp. There is a spaghetti dinner fundraiser at 6 p.m., Jan. 27 in the Chapel annex. Feb. 8, Papa Murphy's Pizza on Central Avenue in Lompoc will donate \$3 to BIG for every large, regular-priced pizza sold. BIG is for 6th through 12th graders and meets Sundays from 6 to 7:30 p.m. at the Youth Center. For more information, call Jill Hembroff or Chaplain (Capt.) Mike Husfelt at 606-5773.

Catholic Bible Study

Catholic Bible study is Thursday at 7 p.m. in the religious education building. For more information, call Deborah Cotey at 734-4202.

EVENTS

18 FRI The Vandenberg Spouses' Club needs crafters interested in donating a sample of their work to be auctioned at their annual scholarship fundraising event. For more information, call Lynn Galik at 734-0236.

Vandenberg Federal Credit Union is raising funds for the Children's Miracle Network by selling Crispy Creams glazed doughnuts for \$7 per dozen. Place an order by Tuesday for pick-up Jan. 25. Call for more information or to place an order at 734-8550 or (800) 821-8759.

The Relaxation Room in the Health and Wellness Center is open Monday through Friday from 8:30 a.m. to 3:30 p.m. Base members can sit in the massage chair, listen to soft music and melt their stress away. Call the HAWC at 606-2221 to reserve a 30-minute session.

The Lompoc Museum is open to the public from 1 to 5 p.m. Tuesday through Friday and 1 to 4 p.m. Saturday and Sunday. Admission is \$1 for adults and free for children and museum members. Group tours are guided by trained docents by appointment. For more information, call the museum at 736-3888.

Guided walks of the Guadalupe-Nipomo Dunes Preserve are available by calling the Dunes Center at (805) 343-2455. The center also has hands-on, interactive exhibits such as a virtual reality, no-sand-in-your-shoes tour of the preserve and computer exhibits of dune birds, amphibians, reptiles and arthropods for children of all ages. The center is open from noon to 4 p.m. Friday, Saturday and Sunday.

19 SAT Walking tours are available of historical downtown Santa Barbara every Saturday from 10 a.m. to noon, weather permitting. The tour covers four, square blocks through historic Spanish downtown. Call (805) 965-6407 for more information.

Airman Leadership School Class 02-B is washing cars and Cub Scout Pack 102 is barbecuing Saturday. Both events will be in the parking lot at the corner of California Boulevard and Utah Avenue. The car wash is from 9 a.m. to 3 p.m. and the barbecue is from 11 a.m. to 1 p.m. Funds raised from each event will be used to support the ALS community service project and pack 102.

25 THU A satellite office of the Women, Infants and Children Program is open at the Family Support Center the fourth Thursday of each month from 8 a.m. to 5 p.m. for Vandenberg members who meet program requirements. WIC is a nutrition education program that provides supplemental food to promote good health for pregnant, breastfeeding and postpartum women, infants and children up to age 5 years. For more information, call Teresa Orozco at 606-4636 or call the Lompoc WIC office at 737-6470 for an appointment.

26 SAT The annual free throw competition for the Vandenberg Chapter of the Knight's of Columbus is Jan. 26 from 1 to 3 p.m. at the fitness center, building 9005. All children ages 10 to 14 years old are eligible to enter the competition. Winners will compete at the district level in February at the Abel Maldonado Youth Center in Santa Maria. Participants must arrive at the gym by 12:45 p.m. to register. Call Capt. Walter Daniels at 606-3844 or 734-2619 with questions.

1 FRI The Inner Light Community Gospel teaches the public to sing gospel at a Black History Month gospel workshop and concert. The event takes place at Goleta Presbyterian Church Feb 1 and 2 from 7 to 9 p.m. and Feb. 3 from 10 a.m. to 3 p.m. Attendees perform a concert Feb. 4 at 7 p.m. in the Presbyterian Church of Santa Barbara. Call (805) 961-2712 for more information.

3 SUN Base Christian singles enjoy life-giving fellowship at the Vandenberg AFB Singles Christian Fellowship. The group encourages singles in their walk with the Lord. There is open guided discussion tackling topics that Christian singles face in today's world. Discover the key to Christian living: finding fulfillment in Him and Him alone. Join the group for fun, food and fellowship. A Breakthrough dinner will be held at the Chapel 1 Annex Feb. 3 at 5 p.m. Make reservations by Jan. 28 at 606-5773.

4 MON This year's National Prayer Luncheon is Feb. 4 at 11:30 a.m. in the Pacific Coast Club. The guest speaker is Chaplain (Brig. Gen.) Charles Baldwin, deputy chief of the Air Force Chaplain Service. The general will speak on, "Bubbles, Blackberries and Bedtime Prayers (Tools for Tackling Terrorism)." The U.S. Air Force Academy Praise Team will also perform. Unit first sergeants are selling tickets for \$6 through Jan. 29. They are also available at Chapel 1



PHOTOS BY SENIOR AIRMAN APRIL MUNIZ

Let it shine

Students from Crestview Elementary and Vandenberg Middle Schools walk out of Chapel 1 singing "This Little Light of Mine" following a service commemorating the life of Dr. Martin Luther King Jr. This year's theme is "A day on; Not a day off" to give people the opportunity to celebrate King's life and legacy. In King's honor, the students performed a re-enactment of a civil rights march.

Other celebrations on base included the Martin Luther King Luncheon held Tuesday at the Pacific Coast Club. Lt. Col. Angela Thompson, 30th Medical Group, was the guest speaker. Thompson summed up King's desire's for this nation when she said, "I challenge you to contemplate on the dreamer and his dream, appreciate how far we've come as a nation, and consider how far we still have to go as a people."

through Jan. 30. Chaplain (Capt.) Mike Husfelt is the point of contact for this event and can be reached at 606-5773.

Vandenberg Leisure Tours is running a trip to Laughlin, Nev. Feb. 4 through 7. Cost is \$89 per person and includes three nights at the Flamingo Hilton Hotel and Casino. Call Vandenberg Leisure Tours at 606-7976 to sign up.

5 TUE The Santa Barbara Chamber Orchestra performs with Conductor Heiichiro Ohyama Feb. 5 at 8 p.m. in the Lobero Theater. The orchestra will perform works by Britten, Copland and Mozart. Call the box office for tickets at (805) 963-0761.

7 THU Natural Wonders - Adventures for Children conducts a parent-child workshop on Valentine's nature crafts Feb. 7 from 3:30 to 5 p.m. in the Arroyo Room of the Santa Barbara Botanic Garden. Children must be ages 5 through 10 years old. Cost of the workshop is \$12 per pair and \$5 for additional children.

9 SAT The Carpinteria Girls' Sports Fair is Feb. 9 from 10 a.m. to noon at Girls Incorporated of Carpinteria located at 5315 Foothill Rd. Local athletes provide skills clinics and activities to girls in grades K through 6 in gold, basketball, soccer and volleyball. For more information, call (805) 569-7144.

15 FRI The Santa Barbara Symphony presents Dianne Reeves in a tribute to jazz vocalist Sarah Vaughn. The concert is Feb. 15 at 8 p.m. For more information, call (805) 963-4408.

Beginning Feb. 15, Lompoc Civic Theatre presents "Mornings at Seven" a family comedy by Paul Osborn. Shows start at 8 p.m., Fridays and Saturdays and at 2 p.m. Sundays. Call 735-2281 for tickets.

17 SUN A Night at the Races is a fundraising event for "Beyond Tolerance." The event takes place at the Montecito Country Club Feb. 17 from 5:30 to 10:30 p.m. Money is being raised to educate the children of Santa Barbara County on tolerance for all mankind. Participants can bet on horses in filmed races called by renowned horseracing announcers. The first race starts at 6:30 p.m. followed by dinner at 7:30 p.m. Call Adele Rosen at (805) 898-2700 for details on how to participate.

CLASSES

22 TUE A Financial Planning workshop is set for Tuesday at 11 a.m. Participants can plan for retirement, college, tax savings, a second career and more. Call the Personal Financial Management Program manager at 606-4491 for more information.

23 WED The Family Support Center's Resume Writing class teaches participants how to write a winning resume or how to update an old one. It teaches current formats and styles, effective words and power statements to include in a winning resume. The next class is Wednesday from 9 to 11:30 a.m. at the

FSC. Call Tinisha Agramonte at 605-8557 for more information.

25 FRI Beginning Jan. 25, T.G.I.F. Lunchtime Relaxation will take place every Friday at 12:30 p.m. in the Health and Wellness Center. Linda Bastine will guide participants through various exercises for the mind. By relaxing the mind, the body also becomes relaxed. This is one of many ways to manage stress. No registration is required. For more information, call Linda Bastine at 606-9958.

There will be a CAL-VET/VA home lone class Jan. 25 from 1:30 to 3:30 p.m. at the Family Support Center. The Verteran's Home Loan Guaranty is one of the major Veteran's benefits. It's made to service members, retirees, reservists and unmarried surviving spouses for the purchase of homes, townhouses, condominiums and mobile homes and for loan refinancing. The class teaches the basic CAL-VET/VA home loan process and potential pitfalls.

The Sensible Weigh is a 90-minute class instructed by an Exercise Physiologist. People learn to identify principles for safe weight loss and weight control. Other topics include reading food labels, counting fat grams, and incorporating the USDA food pyramid into a healthy eating lifestyle. Classes run for four weeks plus class electives. To sign up, call the Health and Wellness Center at 606-2221.

MEETINGS

22 TUE Vandenberg's Single Parents' Support Group meets for lunch every second and fourth Tuesday at 11 a.m. in the Pacific Coast Club. The group is for Vandenberg's military and civilian single parents.

31 THU The Vandenberg Bass Club meets Jan. 31 at 5 p.m. in the Outdoor Recreation Center. The club offers tournaments, monthly meetings and some of the best anglers the base has to offer.

13 WED The National Society of Military Widows, Central Coast Chapter 44 meets the second Wednesday of every month. The next meeting is Feb. 13. Widowers are also welcome. For more information, call 606-5474.

The new Global Hearts Support Group, coordinated by the Family Support Center, the chapel and the 30th Services Squadron, offers help and support for military families with deployment-related needs by providing information and assistance. This group is for spouses of active-duty members who are TDY, on remote or deployed for more than 30 days. For more information, call Tech. Sgt. Todd LeFebvre at 606-0039.

SPORTS

18 FRI An indoor cycling class is led by certified instructors at the fitness center. By adjusting the resistance on the fly wheel, body position and speed, participants can simulate hills, valleys and flat roads. All fitness

levels can benefit. Required equipment includes a water bottle and a towel. Classes are held at the Services Center and begin every Monday, Wednesday and Friday at 6 a.m.; noon, Friday; 4 p.m., Tuesday and Wednesday; and 8 a.m., Saturday.

21 MON An intermediate step aerobics class is available Mondays at 9 a.m. and 5:30 p.m. and Tuesdays and Thursdays at 5 p.m. in the Services Center. Participants should be familiar with the 12 basic steps and their use in patterns. More complex patterns and propulsion are introduced in this class that includes 30- to 40-minute of aerobic training. The class is completed with abdominal strengthening and a cool-down stretch. Step and intensity modifications for novice and advanced steppers are shown.

22 TUE The fitness center has box aerobics Tuesday and Thursday from noon to 12:45 p.m. and Saturday from 9 to 10 a.m. The class uses kicks and punches borrowed from boxing, martial arts and self-defense. It includes abdominal strengthening and post-workout stretching. This is not a martial arts, boxing or Tae-Bo class.

Women on weights is a two-week program designed to get women into the weight room and comfortable with the equipment. The first week focus is on the upper body followed by the lower body in the second week. The Class begins Tuesday from 7 to 8 p.m. and will continue Jan. 29 at the fitness center.

A Yoga fitness class is held Tuesdays at 6 p.m. and Fridays at 9 a.m. in the Services Center. Traditional Yoga positions are modified for all fitness levels and are done in a flowing format designed to create a workout that properly warms the muscles for flexibility. The cardiovascular system is stimulated while the body is strengthened and stretched. Breathing is emphasized to achieve the full experience.

23 WED Total body conditioning is conducted Wednesdays in the Services Center at 9 a.m. and 5:30 p.m.

Total body conditioning begins with a thorough warm-up and includes conditioning to benefit all muscle groups. This full-body workout includes toning and stretching using free weights, the body ball, the step and resistance training with Dynabands and tubing.

24 THU A Pilates class is held at the Services Center Thursdays from 6 to 7 p.m. Pilates is a series of exercises designed to strengthen the muscles of the trunk and core such as the abdominal area, back, hips and thighs. Exercises are done on mats and a warm-up, stretching and cool-down complete the class.

25 FRI A racquetball tournament will take place at noon Jan. 25 in the fitness center. All base members are welcome to compete. Sign up at the fitness center.

2 SAT There is an introduction to step aerobics class the first Saturday of each month from 10 to 11 a.m. in the Services Center.

AT THE MOVIES

Today Behind Enemy Lines

Starring Gene Hackman and Owen Wilson.

A Navy pilot is shot down over enemy territory and struggles to survive the relentless pursuit of a ruthless secret police enforcer, a deadly tracker, and countless hostile troops. With time running out, the injured pilot's commanding officer goes against orders to carry out a desperate rescue mission. Rated PG-13.

Saturday Behind Enemy Lines

Sunday Not Another Teen Movie

Starring Chyler Leigh and Chris Evans.

In this parody of teen movies things perk up at the year-end prom for students at John Hughes High. Jake, the all-American football star, makes a foolish bet to turn Janey, the school outcast, into a prom queen. Rated R.

The theater will be closed Jan. 25 and 26.

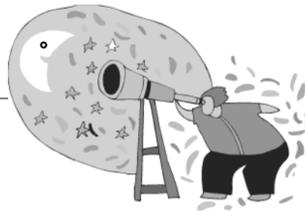
Jan. 27 Vanilla Sky

Starring Tom Cruise and Penelope Cruz.

After his ex-girlfriend Julie drives the car into a tree, David survives, but with his face horribly disfigured. Soon, however, his luck changes. Sofia declares her love for him and the doctors are suddenly able to rebuild his face. But strange and horrible things begin to happen and he starts to realize that his life has taken a turn beyond his control. Rated R.

All movies start at 7:30 p.m. unless otherwise noted.

S 30th Services



NEWS

INFORMATION, TICKETS & TOURS

LAKE TAHOE



HOLIDAY WEEKEND
February 16-19

\$145 per person, sharing * \$225 single
\$125 per person, triple

Discount lift tickets available: Heavenly Valley, Sierra at Tahoe, Kirkwood and Northstar. Luxury restroom-equipped motorcoach transportation. **THREE NIGHTS, Holiday Lodge**, located one block from casino area and Heavenly Valley ski lift. For more information call 606-7976.

PRICE IS RIGHT TV TAPING
March 21
\$40 per person
Must be 18 years old with 2 forms of ID

Transportation by luxury restroom-equipped motorcoach. For more information call 606-7976.



Glory of Easter

March 24
Crystal Cathedral,
7:30 p.m. performance
\$65 per person
Center balcony seating

Transportation by luxury restroom-equipped motorcoach. For more information call 606-7976.

Pacific Coast Club

Lunch Buffet

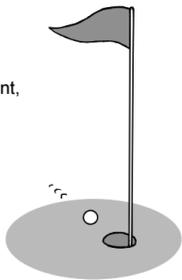
Served Tuesday thru Friday • 11 a.m.-1 p.m.
Try something different every day!

| | | |
|--|---|--|
| <p>Rotates every Tuesday</p> <p>Mexican</p> | <p>Rotates every Tuesday</p> <p>ORIENTAL</p> | <p>Rotates every Tuesday</p> <p>Italian</p> |
| <p>Wednesday</p> <p>Santa Maria BBQ</p> | <p>Thursday</p> <p>CHICKEN & RIBS</p> | <p>Friday</p> <p>Seafood</p> |

For more information, call the club at 606-3330.

GOLF

SATURDAY - Men's Club Tournament
SUNDAY - Scotch Foursome Tournament, 10 a.m.
MONDAY - Martin Luther King Holiday, Course open.
WEDNESDAY - Ladies Priority, 8:32-9:04 a.m.



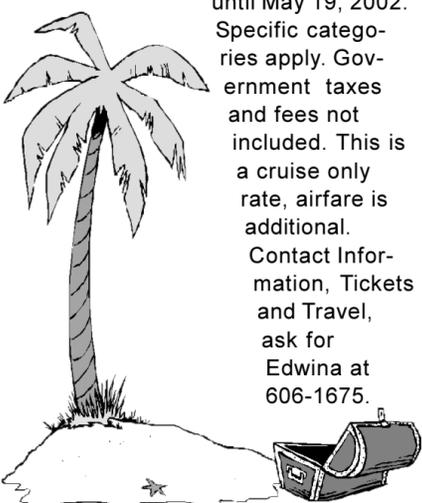
YOUTH CENTER

TWIRLING CLASSES - ages 4 and up, combine with Lompoc classes to march in local parades. Cost: \$29 (\$24 for youth center members) for a six-week session. Classes instructed by Nickie Rains. Come by the Youth Center to register or call 606-2152 for more information.

LEISURE TRAVEL

Disney Cruise Lines

...has announced an exclusive offer for active military personnel to experience the newest way to vacation on a Disney cruise. Choose a 3-4 day cruise to the Bahamas from \$379.00 per adult and \$199.00 per child ages (3-12). Special is valid from now (Jan) until May 19, 2002. Specific categories apply. Government taxes and fees not included. This is a cruise only rate, airfare is additional. Contact Information, Tickets and Travel, ask for Edwina at 606-1675.



BOWLING

BREAKFAST is served at the Bowling Center from 6:30- 10 a.m. every Monday through Friday, except holidays.

THUNDER ALLEY with ROCK 300
Thursday through Saturday nights. Thursdays, families can bowl from 6-9 p.m. Friday hours are 10 p.m.-1 a.m. and Saturday 9 p.m. to 12 a.m. Cost: Thursday, \$6 for all bowlers; Friday and Saturday, \$8 for adults and \$6 for youth (with Youth Center ID) and includes all equipment. Music on request Friday and Saturday. Come on out for the best 'glow and bowl' program around!

FITNESS

MONDAY - Holiday Hours, 8 a.m.-6 p.m.
TUESDAY - Woman on Weights, 7-8 p.m.
WEDNESDAY - Body Composition Testing, 1-2 p.m.
THURSDAY - Atlantis Room Orientation, 9-10 a.m.
For more information on these programs, call 606-3834.

LIBRARY

Women's Book Discussion Group meets Thursday at 12 p.m. 'Tending Roses' by Lisa Wingate will be discussed. All are welcome even if you have not read the book. Help in selecting the next book to be discussed. Bring a sack lunch and join us in the Library conference room. For more information, contact 606-6414 or 2Lt Kasey Lowery at 605-8481 or 734-4239.

Pacific Coast Club SUNDAY 12



A-L-L NIGHTER!
in the **BALLROOM!**
9 p.m.- 4 a.m.

VAFB Youth Sports SIGN-UPS



Baseball BOYS & GIRLS

Ages 5-13

Registrations:

continuing through Feb. 22
Monday-Friday, 7am-5pm
at the Youth Center
Cost: \$50 (\$45 with Y/C discount)
Skills Day: Baseball, Feb. 23.

Softball GIRLS

Ages 8-16

Registrations:

continuing through Feb. 23
Monday-Friday, 7am-5pm
at the Youth Center
Cost: \$50 (\$45. with Y/C discount)
Skills Day: Softball, Feb. 23.

*Players ages 14-16: a sign-up list will be taken to see if there is enough interest to form this division.

Volunteers are needed for both sports: league president, vice president, field commissioners, uniform/equipment commissioner, secretary, coaches, and umpires. For more information, call the Youth Center at 606-2152.

Vandenberg AFB FITNESS CENTER

FREE THROW CONTEST



Come out, shoot some baskets and have some FUN!!!

Noon,
Main Fitness Center,
Bldg 9005.