

EOD conducts explosive training

BY STAFF SGT. ANDREW LEONHARD
30th Space Wing Public Affairs

■ Vandenberg explosive technicians detonated 275 pounds of ammonia nitrate to destroy a two-and-half ton truck on the explosive ordnance disposal range Tuesday at 10:45 a.m.

Members of the 30th Civil Engineer Squadron's Explosive Ordnance Disposal Flight, the San Diego County Sheriff's Department and a team of FBI explosive technicians conducted the blast as part of an FBI post-blast seminar.

The seminars are used to teach law enforcement and emergency response crews how to conduct a post-blast investigation following a real-world incident, said Kevin Miles, FBI special agent bomb technician from Los Angeles.

"This isn't your ordinary pipe bomb, this is a massive truck bomb. The blast created a realistic and difficult scenario," said the 22-year explosives veteran.

According to Miles and Tech Sgt. Nelson Almodovar, EOD flight chief, students combed the blast scene looking for clues revealing what type of explosive devices were used, how they were used and who was responsible for the explosion. Bomb dogs were used following the blast to pick up a scent and track suspects. FBI instructs and base EOD staff played the part of the suspects. They handled all explosive



Seminar instructors place explosives in the bed of the deuce truck in preparations to blow it up.



The ordnance is detonated.



See EOD Page 4 Instructors and class members investigate the post-blast damage to the vehicles at the scene.

Healthcare staff assigns teams to Vandenberg

COMPILED FROM 30TH MEDICAL GROUP
STAFF REPORTS

■ Beginning Wednesday, all active duty members and their dependents at Vandenberg will be assigned to a primary care management team and primary care module based on the doctor designated to the sponsor's unit of assignment.

"The premise is that the patient's first line of medical care will be the primary care manager and if that doctor

is not available, another one in the same module will see the patient," explained Col. Alan Newton, 30th Medical Group commander. Doctors within the same module have close working relationships and will be able to quickly convey a patient's healthcare needs back to the primary care manager, he said. This allows active-duty military and their families to become familiar with one doctor and the support staff in a primary care manager team and

primary care module.

By pairing one doctor with a specific Vandenberg unit, the doctor can become familiar with, and closely follow, the health concerns and medical issues of that unit's population. Assigning certain doctors to specific units on base will establish the basic criteria for determining which doctor cares for newcomers to Vandenberg.

The primary care manager associated with the unit of the active-duty

member will be the family's doctor.

"We realize that some individuals may have established relationships with a primary care manager," Newton said. "However, since most of our doctors are new, we ask that you stay with your newly assigned PCM for at least three visits before requesting a change of doctor." Each family practice primary care module has a doctor who is a woman. Women who are TRICARE Prime dependents may go to a TRICARE network gynecologist once

See MEDICAL Page 7

Comment



Col. Steve Lanning
Commander,
30th Space Wing

Commander's Action Line

As the wing commander, my primary focus is on the mission and I believe that our mission success will be based on how well we care for our people on and off the job.

The Action Line is your direct link to me. It provides an avenue for you to voice your concerns, share constructive ideas or give your fellow base members a pat on the back. The Action Line is not a replacement for using the chain of command.

Callers are asked to leave their name and contact number in case more information is needed.

I want Vandenberg to continue to be the best Air Force base in the world. Working together, it will be.

606-7850

e-mail: 30sw.pa@vandenberg.af.mil

Handy phone numbers

Fire, Police, Ambulance.....911	Law Enforcement.....606-3300
Poison Control.....800-876-4766	Housing Maintenance.....734-5586
Clinic Appointments.....606-4077	Space & Missile Times.....606-2040
Healthwise Line.....888-252-3299	Launch Update Line.....606-1857
TRICARE Services.....800-242-6788	MPF Customer Service.....606-7756



STAFF SGT. JANICE CANNON

Vandenberg's newest airmen

The newest members of Team Vandenberg prepare to enter the operational Air Force at the First-Term Airmen's Center. The members are (back row left to right) Airmen 1st Class Cassieopia Lucas, Manuel Painter, John Gilliland, Chris Newman, and Robert Knapp. (Front row left, to right) Airmen 1st Class Pasha McMurray, Jason Mendiola, Airman Basic Rashanda Johnson and Airmen 1st Class Beth Dore and Stephan Pingel.

576th FLTS demonstrates nuclear deterrence then, now

LT. COL. DOUGLAS KELLEY

576th Flight Test Squadron commander

Those who forget the past are doomed to repeat it, or so the saying goes. Here at Vandenberg, it's hard to avoid history—especially the history of America's intercontinental ballistic missile force.

The 576th Flight Test Squadron is a good example of Vandenberg's history and a unit I am proud to command.

The squadron was activated here, at what was then Cooke Air Force Base, in April 1958 as the 576th Strategic Missile Squadron. It operated the Atlas missile, America's first operational ICBM.

The base name was changed from Cooke to Vandenberg in October that year.

Now, the lone gantry at the 576A site is all that's left. It was the site where the first Atlas ICBM went on nuclear alert 41 years ago on Oct. 31. The site was where America first stood toe-to-toe with the Soviet Union in 1959, as if to say, "I dare you."

It took more than 30 years for the "bear" to back down, and the members of the 576th stopped him in his tracks right here at Vandenberg.

Other 576th sites like the D- and E-series are used

as storage facilities now. The refurbishment section occupies the F-series site.

Taurus rockets are launched from another one.

Most of the sites were abandoned when technology made them obsolete.

Usually secured by chain-link fences and unmarked, the sites still tell a story, one rich in our strategic nuclear deterrent heritage—a heritage the 576th began. That's why the squadron chose the Latin verb "ducimus" as its motto.

The English translation means "We lead."

The 576th has led America's ICBM chapter of the Cold War with a heritage of deterrence that continues to this day.

The 576th leads today in the arena of space and

missile testing. The most visible mission our 385-man team performs is the force development flight testing of Air Force Space Command's Minuteman and Peacekeeper ICBMs. The commander of United States Strategic Command directs four launches per year, allowing AFSPC to demonstrate deterrence by proving to the world that America's ICBM alert force is indeed ready to launch now should the need arise.

But test launches are only part of the 576th's mission. The squadron also tests the alert ICBM force in the field through simulated electronic launches. These tests evaluate the entire deployed weapon system to ensure that it operates in the manner it was designed and built to do.

In addition, the 576th certifies the ICBM rapid execution and combat targeting command and control system software annually. This enables the nuclear alert force to operate for the coming year.

Finally, the squadron conducts other tests as directed by the Space Warfare Center commander. Today, the proud professionals of the 576th Flight Test Squadron remember their storied past, and truly earn the motto, "we lead."



SPACE&MISSILETIMES

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Military service limits political activities

Members can express personal opinions, but not as military representatives

BY CAPT. KENT SCOTT-SMITH
45th Space Wing Legal Office

As a military member, you are both encouraged and expected to be a responsible and politically conscious citizen. Every Air Force installation has a program to encourage voter registration and facilitate voting by absentee ballot. While it is our duty to exercise our democratic rights and vote, there are certain political activities that are off limits to active duty military personnel.

These restrictions are meant to keep the military a politically neutral establishment by avoiding partisan politics. They are set out in Air Force Instruction 51-902, Political Activities by Members of the U.S. Air Force and Department of Defense Directive 1344.10, Political Activities by Members of the Armed Forces on Active Duty.

Prohibited partisan political activities include: soliciting votes for a particular candidate or political issue, soliciting or receiving campaign contributions from other members of the military or civilian employees, participating in partisan political campaigns, using government resources such as computers and E-mail to benefit a particular political cause, and selling tickets or promoting political dinners and fund-raising events.

Active-duty military members may not attend partisan political events in uniform, or speak before a partisan political gathering as an advocate of a

political party or candidate. In addition, distributing partisan political petitions, literature and buttons is prohibited, as is performing clerical or other duties for a partisan political committee during the campaign or on election day. These prohibitions are not meant to discourage participation in the democratic process; they are simply designed to keep the military out of contentious partisan issues. Such issues create divisiveness among members, and there is a potential for undue influence over subordinates' political choices. This undermines morale and discipline. It bears reminding that the military establishment is under the control of elected civilian officials and should not appear to support candidates or issues.

Military members may, however, engage in certain political activities. Of course, members may, and should, register and vote for the candidates and issues of their choice. Personal opinions may be expressed about the issues and candidates, but not as a representative of the military. Members should not express political opinions while on duty or in uniform. While members are certainly entitled to their opinions, they should always remember that using contemptuous words against the president and certain other government officials is a violation of the Uniform Code of Military Justice.

Attending rallies and meetings of political clubs, as well as wearing political badges or buttons, is also permissible when not in uniform. You may also display political bumper stickers on your personal

vehicles. However, you may not display a large political sign, banner, or poster on the top or side of your vehicle. In the same vein, letters may be written to the editors of periodicals expressing personal views, taking care to limit such articles to non-partisan issues and signing it personally, and not as a member of the military.

Military members may make monetary contributions to political causes. However, some limitations apply concerning who may receive contributions and how much is received. Contributions to a political party or committee that favor particular candidates are permissible, but contributions directly to a political candidate or a candidate's

Active-duty military members may not attend partisan political events in uniform, or speak before a partisan political gathering as an advocate of a political party or candidate.

own campaign organization are prohibited. In other words, a contribution to the Republican or Democratic Party is allowable, but a contribution to a partisan political candidate is not.

As with other military regulations, violations of the rules are punishable under the UCMJ. Although the lists of permitted and prohibited activities are long, the end result is a fair balance of a long American tradition of the citizen-soldier and our equally long historic distrust of military involvement in the democratic process. Both federal law and Air Force instructions strike an equitable result between these two public interests.

For additional information regarding political activity, call the base legal office at 605-6200.

Committee 'DIGs' into dorm challenges

Group takes Top Life Dorm Council suggestions, makes changes happen

BY MASTER SGT. TY FOSTER

30th Space Wing Public Affairs

■ The Dorm Improvement Group's never-ending quest is to make life better for Vandenberg's unaccompanied housing residents.

The DIG is tasked by Col. Steve Lanning, 30th Space Wing commander, to improve living conditions and address quality of life initiatives for single airmen, said Master Sgt. Brian Joseph, 30th Support Group unaccompanied housing chief.

"People are Colonel Lanning's No. 1 priority and quality of life is at the top of his list," he said.

The DIG is composed of people from the 30th Civil Engineer Squadron, 30th Comptroller Squadron and SABER Contracts and is chaired by Chief Master Sgt. Paul Krim, 30th Space Wing command chief master sergeant.

"The group's focus is to take issues and concerns from the Top Life Dorm Council and see if we can make the changes happen," Joseph said.

During the Top Life meetings, complaints are aired and suggested improvements are proposed by dorm residents, he said.

"This is a forum for all dorm residents, their supervisors and first sergeants to address any concerns or issues that the residents may have," he said.

The meetings are held the last Wednesday of every month at 3 p.m. in the Vandenberg Center.

Because the DIG is focused on quality of life

issues that improve life for the majority of residents, Krim cautioned, "Just because somebody complains about something doesn't make it an issue for the DIG."

He said Joseph fully investigates complaints and suggestions to validate the need for change.

Once the proposal is brought to the DIG, the committee determines if the project will be completed by the 30th CES or a contractor.

When a decision is made it's taken to the commander.

Affirming Lanning's commitment to forge ahead with quality of life initiatives, Joseph said, "He has 'written the checks' to get things done."

Joseph's records show more than \$125,000 is being spent to upgrade vanities, counter tops, medicine cabinets, faucets, light fixtures, weather stripping and environmental systems in buildings 13400, 13402, 13403, 13407 and 13411. Replacing storage locker doors in all 13400 series buildings is also near completion at a cost of nearly \$95,000.

The \$191,621 project to replace vinyl flooring in all the 13400 series buildings should be complete by mid-December. Another \$28,000 is slated for the installa-



Airman 1st Class Tim Bele, a 30th Transportation Squadron vehicle mechanic, uses the newly replaced sink, vanity and flooring in his Delta dorm room. All 13400-series dorms should be finished by March 2001.

tion of six new, gas barbecue grills, Joseph said.

"These are 100-year guaranteed stainless steel barbecue grills," Krim said. However, the durable units can be seriously damaged if people use charcoal in them instead of the installed gas system.

Another issue being studied is a recreational facility with pool tables, video games and a pizza parlor, Krim said.

The goal is to provide young airmen with a fun place to relax without having to leave the base.

Whether completed, underway or proposed, all of these changes began with an idea or suggestion that was aired at a monthly Top Life Dorm Council meeting, Joseph said.

Cops' bomb dogs trail 'suspects'

EOD From Page 1

components prior to the blast to leave a scent for the dogs to track. The suspects returned to the blast site before the dogs and left a scent trail into the vegetation for the dogs to follow.

Closing the scenario today, class members reported their findings to a Los Angeles County District Attorney before graduating and returning to their home departments.

Class participants were bomb technicians from law enforcement

agencies and emergency response crews from Chicago, San Diego, Rockford, Ill. and Orlando, Fla.

In the past technicians have also

been invited from other bases to attend the training. People from Beale, Edwards and Travis Air Force Bases have attended.

"Having military people certified on post-blast investigations allows the

FBI to turn to us during a real-world incident," Almodovar added. "All Vandenberg EOD personnel have graduated from this class and are post-blast investigation certified."

"Having military people certified on post-blast investigations allows the FBI to turn to us during a real-world incident."

Tech. Sgt. Nelson Almodovar
30th CES EOD flight chief



Staff Sgt. William Monroe, 30th Security Forces Squadron, and his military working dog, Duuk, search for explosives on the two-and-a-half-ton vehicle before it's destroyed. Law enforcement officers from across the country attended the five-day seminar.

NEWS

BRIEFS

DAYLIGHT SAVINGS TIME ENDS THIS WEEKEND

Daylight savings time ends Sunday at 2 a.m. People should set their clocks back one hour Saturday night before going to bed.

INVESTIGATORS ISSUE SCAM ALERT ON 'GUARANTEED LOANS'

A Federal Trade Commission investigation has identified a new scam that can affect Air Force men and women. The scam uses classified advertisements in military newspapers to encourage readers to apply for "Guaranteed Loans." Applicants for these loans are required to send a significant up-front loan processing fee with their loan application. The investigation revealed that these "loan agents" have no loans to offer. After cashing the money orders, the "loan agents" use

information from applications to further the scam by committing identity theft, accessing credit cards or opening accounts without the applicant's permission. The FTC offers free help in spotting possible scams in a guide on their web site at www.ftc.gov/bcp/online/buspubs/adscreen.htm

MEDICAL GROUP SCHEDULES TRICARE DENTAL BRIEFINGS

A special presentation by a United Concordia representative has been scheduled in the 30th Medical Group commander's conference room Monday at 2 p.m. and Tuesday at 9 and 10 a.m. The presentations will address benefits of the TRICARE Active-Duty Family Member Dental Plan. Some changes include maximum family payments, orthodontics entitlements and the new dental payment plan. Seating is limited so make reservations by calling 606-7483.

MOTORISTS MUST REGISTER VEHICLES ON BASE

The 2000 base vehicle decals, Air Force Form 2219, expire Dec. 31. Motorists must bring a copy of their

current state registration, identification, driver's license, proof of insurance and the number from their vehicle's decal to the pass and registration office in building 11777. Owners of vehicles not registered in this state must also bring a California Smog Vehicle Inspection Report. Vehicles manufactured before 1975 do not require the smog report. People newly assigned to Vandenberg must register their vehicle within three days of their arrival. People who do not fulfill these requirements may lose their vehicle registration or registration privileges for additional vehicles can be denied for 30 days. For more information, call 30th Security Forces Squadron Pass and Registration at 606-1853.

SPACE WING LEGAL OFFICE HOLDS ANNUAL SEMINAR

The base legal office is holding its annual commanders and first sergeants seminar Tuesday from 8 a.m. to noon in the Vandenberg Center. Officials strongly encourage section commanders and people in supervisory positions to attend. For more information, call Staff Sgt. Mike McSweeney or Senior Airman Jackie Raimondi at 605-6200.

AIR FORCE RECALLS SOUND GUARD EAR PLUGS

The Air Force Medical Logistics Office has determined that Sound Guard brand ear plugs, National Stock Number: 6515-00-137-6345, do not meet density requirement specifications and must be recalled. Call the 30th Medical Group logistics staff at 606-5463 for more information.

JUDGE ADVOCATE GENERAL OFFERS LAW SCHOOL PROGRAMS

Applications for the Funded Legal Education and Excess Leave programs are being accepted Jan. 1 through March 1. The FLEP is a paid legal studies program for active-duty Air Force officers. Applicants must have completed all forms, applied to an American Bar Association accredited law school, received their law school admissions test results and completed an SJA interview by March 1. For more information and an application, call Maj. Mark Allison, at DSN 224-5941 or e-mail him at Mark.Allison@pentagon.af.mil, or visit the web site at www.jagusaf.hq.af.mil



AIRMAN 1ST CLASS AMANDA EDWARDS

The great pumpkin

Three-year-old Julian Daugherty picks his favorite pumpkin out of the 30th Security Forces Squadron pumpkin patch Saturday. The patch, located between the mini-commissary and security forces headquarters, is open through Halloween.

Precautions keep Halloween safe

COMPILED FROM REPORTS

■ When the ghosts and ghouls of Vandenberg take to the streets for Halloween trick-or-treating Tuesday from 6 to 8 p.m. a few simple safety precautions can keep the evening from becoming a real nightmare.

- ◆ Adults and children should cross streets only at corners or marked crosswalks, not from between parked cars. A driver may not see the person until it's too late.

- ◆ If there is no sidewalk, people should walk facing traffic and always watch for cars backing or turning.

- ◆ Drivers need to be extra cautious from 6 to 8 p.m. Keep a keen eye open for those who may forget safety rules.

- ◆ Children 10 years old and younger must be accompanied by an adult. It's also a good idea for parents to know the route their children will be taking and to establish a time for them to return home.

- ◆ Children need to be instructed not to open candy until they return home and an

adult inspects it for tampering.

They should never go into a stranger's house for treats.

- ◆ If children wear costumes, they should be flame retardant, including wigs and bags. It's a good idea for costumes to be free of dangling pieces or high heels that could cause trick-or-treaters to trip or fall.

- ◆ Costumes made of bright, highly visible material are recommended and, if possible, should include reflective strips. Children should also carry a flashlight.

- ◆ Military family housing residents who participate in this year's trick-or-treating should leave their porch lights on and give only wrapped or sealed treats. Residents should remove all obstacles from lawns to prevent children from being injured.

The 30th Security Forces Squadron will have extra people in the housing areas to ensure a safe event. Immediately report any suspicious activities or treats to the law enforcement desk at 606-3911.

MEDICAL From Page 1

a year for an annual PAP and exam without a referral. For more information, visit Vandenberg's TRICARE Service Center or call (800) 242-6788. Requests to change primary care managers will be taken in writing at the TRICARE Service Center and be granted on a case-by-case basis.

Patients assigned to flight or missile medicine will also be assigned to a new primary care manager. With this change, all dependents of active-duty members eligible to be seen in flight/missile medicine will also be eligible to be seen in flight/missile medicine and will be assigned the same doctor as their sponsor. Flight/missile medicine staff will begin seeing all active duty and their family members over age four in some units.

In larger units, because of the organization's size, the flight/missile medicine staff will only see active duty with eligible Air Force Speciality Codes and their family members over age four. Because of the mission requirements of flight surgeons, they belong to

the same primary care module.

This ensures continuity of care when a patient's assigned doctor in flight/missile medicine is unavailable for care.

Military retirees and children will also be assigned to a team of healthcare providers. Children 13 and younger who were cared for by Doctor Le in pediatrics will not be assigned to a new primary care manager, but simply rolled over to the medical group's new pediatrician, Capt. (Dr.) Dawn Peredo. Parents of children and adolescents between the ages of 5 and 14 will have the option of designating Peredo or their family's doctor as their children's caregiver. All children 4 and under will be assigned to Peredo.

Retirees and their families also will not be assigned to a new doctor, but rolled over to the doctor who took their previous primary care manager's place. Again, retirees and their family members must stay with their new doctor for at least three visits before deciding to request another primary care manager.

TRICARE Prime numbers determine staff size, budget

COMPILED FROM 30TH MEDICAL GROUP STAFF REPORTS.

■ The number of staff members and the amount of money, equipment and facilities at the 30th Medical Group is determined by the total number of people enrolled in TRICARE Prime who have a primary care manager at Vandenberg.

With the many changes happening at the 30th Medical Group, Col. Alan Newton said his staff wants to encourage all eligible beneficiaries who have not enrolled in TRICARE Prime or selected a primary care manager at Vandenberg's clinic to enroll and select a doctor as soon as possible.

"This action will help us provide better care collectively to military beneficiaries," said the 30th Medical Group commander. Beneficiaries who want to enroll should stop by the TRICARE Service Center on the first floor of the or call Bonnie Robles at 606-8624 or Andrea Fields at 734-1878 for more information.

See more news on changes in the medical group on Pages 8 and 9 of this issue.

Newton explains changes at medical group

Changes begin with new doctors

By COL. ALAN NEWTON

30th Medical Group commander

A major shift in healthcare delivery is about to take place here at the 30th Medical Group. This shift comes as a changeover in the physician staff brings six new doctors to the Vandenberg clinic.

Over the past few months, Maj. (Dr.) Mark Brown replaced Lt. Col. (Dr.) Thomas Carter as the chief of family practice and Capt. (Dr.) Claire Shervanik, Capt. (Dr.) Thomas Cantalina, Capt. (Dr.) Patrick Shea, and Capt. (Dr.) Peredo replaced Maj. (Dr.) Andrew Kim, Capt. Cecilia Corrado, Maj. (Dr.) Darryl Reigal, and Chi Le. Capt. (Dr.) Rodney Knight is a new addition to our flight/missile medicine team.

These new doctors will help drive some fundamental changes in the way we do business here at the medical group.

We call these changes the "Four Ps" — Patients First, Primary Care Optimization, Primary Care Manager by Name, and Population Health.

Although some of these concepts are not new, my staff and I are dedicated to putting them into practice. Our patients will discover the bold efforts we are making to put them into practice and will find clarification on some new policies and procedures.

The "Four P's" are driving the healthcare evolution in the 30th Medical Group. "Patients First" is my commitment to you, our customers, that you will always receive the best possible care we can deliver. You can know that top priority will continue to be placed on your concerns, and that we will use your feedback to pursue innovative service improvements and make your care here hassle-free.

"Primary Care Optimization" will increase access to care and get you in and out of the clinic faster. We do this by locating together the physicians, support staff, and your medical records, while having available two exam rooms per provider at all times. This will allow easier check-in and less waiting time.

"Primary Care Manager by Name" means that you will no longer be assigned to a group of doctors, but to an individual provider by name. Your primary care manager is, and will be, your family doctor. You should learn the doctor's name and the names of your doctor's support staff. They will be your personal healthcare team and the primary points of contact for all your medical needs. This is intended to give you the look, feel, and personal touch of a smaller doctor's office.

Lastly, "Population Health" is the term used to describe how the Air Force Medical Service has shifted its focus of care. By proactively managing the health and wellness of our population, we will be more likely to prevent disease and injury for all individuals. Nutrition, health awareness, primary care manager by

name, taking care of yourself, exercise, immunizations, Health Enrollment Assessment Reviews, Preventive Health Assessments and wellness check-ups are all part of this effort.

After eight years of planning and implementation by the Air Force Medical Service, this is the final phase to move the military and dependent population, as a whole, from illness intervention to illness prevention.

We are sensitive to the fact that change is never easy. We will do everything we can to ensure a smooth transition for all our beneficiaries during this evolution. Results may not be immediately evident as we "iron out the wrinkles," but, within a few months, these changes will have a beneficial affect on everyone.

Watch for upcoming announcements on the following projects: Telemedicine specialty care; outpatient surgical services; family practice clinic renovations; phone system upgrades; and the new central appointment line phone number change.

For information on the status of these projects, visit or call the TRICARE Service Center, (800) 242-6788, or the health benefits office, 606-8624. Both are located on the first floor of the main clinic building.

With the sweeping changes now occurring here at the 30th Medical Group, I offer you a sincere welcome to a one stop health shop" at Vandenberg's clinic where your good health is our passion and to serve you is our privilege and pleasure.

Atlas Primary Care Module

DR. BROWN PCM TEAM



Maj. (Dr.) Mark Brown

DR. POLITO PCM TEAM



Capt. (Dr.) Laura Polito

Nurse

Capt. Ginger Weiss

Technicians

Tech. Sgt. Anthony Ashmore
Staff Sgt. Marilyn Griffiths
Airman 1st Class Shannon Peckham

Technicians

Staff Sgt. John Pahnke
Senior Airman Cherice Joseph
Senior Airman Paula Moore

Organizations

30th Logistics Group staff
AF Legal Services Agency Judiciary
576th Flight Test Squadron

Organizations

30th Contracting Squadron
532nd Training Squadron
30th Support Group staff
14th Air Force staff
30th Medical Operations Squadron

Minuteman Primary Care Module

DR. SHERVANICK PCM TEAM



Capt. (Dr.) Claire Shervanick

DR. CANTILINA PCM TEAM



Capt. (Dr.) Thomas Cantalina

Nurse

Ruth Stevens

Technicians

Senior Airman Leigh Pollard
Senior Airman Jericho Guarin
Airman Amy Waddington

Technicians

Senior Airman Jimmie Morris
Senior Airman Shante Montgomery
Airman 1st Class Nicole Aly

Organizations

30th Services Squadron
30th Security Forces Squadron
Det. 9, Space and Missile Systems Center
Det. 7, 544th Intelligence Group

Organizations

30th Civil Engineer Squadron
30th Medical Support Squadron
2nd Space Launch Squadron
30th Missile Support Squadron
30th Comptroller Squadron

Appointment change improves healthcare access

COMPILED FROM 30TH MEDICAL GROUP STAFF REPORTS

■ Patients calling the 30th Medical Group for an appointment now have the option of making an appointment with their doctor up to 30 days from the day they call for an appointment.

This change in policy improves a patient's access to care and makes it easier to schedule appointments for routine, follow-up and specialty care for TRICARE Prime beneficiaries, explained 30th Medical Group Commander Col. Alan Newton.

Patients who cannot be scheduled for an appointment the day they call will be told why and how to schedule a future appointment. The appointment priority set by the Department of

Defense is active duty, family members, and retirees and their families enrolled in TRICARE Prime with a primary care manager at Vandenberg's clinic; active duty, family members, and retirees and their families not enrolled in TRICARE Prime; and same-day space-available care for all other eligible healthcare beneficiaries.

Active duty members may begin calling to schedule an acute care appointment at 6:45 a.m. Others calling for acute or routine appointments may begin calling at 7:30

a.m. Any remaining space-available appointments will be booked after 11 a.m.

Callers should be prepared to provide the appointment clerk with the details and reason for their visit to help their doctor better prepare for the appointment.

The medical group's central appointment line number is 606-

4077, but this will soon change. In mid-November, the new appointment line number will change to 606-CARE (2273). The new number will operate

concurrently with 606-4077 for about a month, so those calling the old number will still get the appointment desk during the transition.

After that, 606-CARE will be the only number patients can use to schedule an appointment with the primary care manager. This new number will eventually expand to offer centralized access to most services at the Vandenberg clinic through automated touch-tone phone and menu technology.

"Our goal is to have you speaking with a live person within 60 seconds of your call," Newton said. During peak calling hours, callers may experience slightly longer wait times, but each call will be answered as quickly as possible in the order it's received.

Appointments	606-4077
Family Practice	606-2571
Flight & Missile Medicine	606-5560
TRICARE Service Center	734-1878
Healthwise After Hours Care	(888) 252-3299
Healthcare Information Line	(800) 611-2883
Immunizations	606-8474
Laboratory	606-8475
Pharmacy	606-5327
Pharmacy Refills	734-1155

Titan Flight/Missile Medicine Module

DOCTOR HOLT PCM TEAM DOCTOR KNIGHT PCM TEAM
DOCTOR RYAN PCM TEAM



Capt. (Dr.) David Holt



Maj. (Dr.) Christopher Ryan



Capt. (Dr.) Rodney Knight

Nurse

Maria Coutee

Technician

Airman Benjamin Apolinario

Technician

Airman Marisol Cortez

Technicians

Staff Sgt. Robin Bavin

Airman 1st Class Courtney Swales

Organizations

All Air Force Specialty Codes from:
30th Ops Support Squadron
30th Range Squadron
533rd Training Squadron
30th Aerospace Medicine Squadron
30th Weather Squadron
AFELM
AFOTEC
Aerial Photo
Eligible AFSCs from:
30th Ops Group staff
2nd Space Launch Squadron

Organizations

All AFSCs from:
76th Helicopter Flight
30th Medical Group staff
614th Space Operations Squadron
Air National Guard
17th Test Squadron
534th Training Squadron
Det. 1, 22nd Space Operations Squadron
Eligible AFSCs from:
14th Air Force staff
30th Space Wing staff
576th Flight Test Squadron

Organizations

All AFSCs from:
381st Training Group staff
381st Training Squadron
392nd Training Squadron
Eligible AFSCs for Titan:
1C6X1, 1C1X1, 1A1X1, all people on flying status, including photographers, non-rated flyers and missileers, and officers in the rank of colonel and above.

Family members of sponsors assigned to flight/missile medicine may enroll with a family practice PCM.

Policy changes; patients no longer able to check out original records

COMPILED FROM 30TH MEDICAL GROUP STAFF REPORTS

■ Because of a new policy, original medical records will no longer be checked out to individuals.

"The sensitive nature of the information in a medical record and the rising destruction, theft, loss, and sanitization of these legal documents drives the policy," explained Col. Alan Newton, 30th Medical Group commander.

Medical records are the property of the U.S. government and require the same safeguards given government property, he said.

"You may receive copies of original documents to take with you to downtown referral appointments and full copies when you retire or separate from the military," Newton continued. A fee will be charged for additional copies.

Scout Primary Care and Pediatrics Module



Capt. (Dr.) Patrick Shea



Capt. (Dr.) Dawn Peredo

Nurse

Capt. Gretchen Smith

Technicians

Tech. Sgt. Frank Rapp
Senior Airman LaQuaya Jackson
Airman 1st Class Mark Jackson

Technicians

Senior Airman Jason Stronde
Gloria Valdemar
Rod Rocero

Organizations

30th Communications Squadron
30th Operations Group staff
30th Transportation Squadron
30th Space Wing staff

Children's ages

4 and younger
5 through 14 optional
All children previously enrolled with Doctor Le.

Discovery lands at Edwards AFB

BY RAY JOHNSON

Air Force Flight Test Center Public Affairs

■ With its signature double sonic boom, the Space Shuttle Discovery arrived at Edwards Air Force Base Tuesday.

Originally, Discovery was scheduled to land at Florida's Kennedy Space Center Sunday, but gusty winds forced NASA to divert the landing to Edwards, where the first shuttle, Columbia,

landed on April 14, 1981. NASA also attempted to bring the Discovery down on Monday; however, continued high winds in Florida and rain clouds here prevented that.

As Discovery rolled to a stop, mission control welcomed its crew back to Earth

after a 13-day, 5-million-mile mission where they readied the international space station for its first scheduled full-time residents next week.



JIM ROSS

The Space Shuttle Discovery lands at Edwards Air Force Base, Calif., after a 13-day mission.

"Great to be back," replied Commander Brian Duffy, an Air Force colonel who attended the Air Force Test Pilot School at Edwards in 1982.

Also piloting the shuttle was Lt. Col. Pam Melroy, who attended Test Pilot School in 1991 and flew more than 200 combat and combat support hours during Operation Just Cause and Desert Storm before becoming the third woman to fly a shuttle.

"This is just an awesome moment," Melroy said during a NASA press conference. "We just wrapped up the two most incredible weeks of my life."



AROUND THE AIR FORCE

Defense Security Service reduces backlog

BY DARLENE COWSERT

Standard Systems Group Public Affairs

■ GUNTER ANNEX, Ala. — Upgrading an outdated computer system, devising better plans and receiving more funding has allowed the Defense Security Service staff here to close 62,872 personal security clearance and reinvestigation cases in the last eight months.

This surge is helping reduce a backlog of more than 500,000 cases pending investigation.

This good news came as the DSS swam in the wake of much public and congressional criticism.

DSS is responsible for personnel security clearances and reinvestigations for some

2.4 million Department of Defense people.

"It's a small hurrah, but a hurrah, none the less," said Lt. Col. William Cox, DSS program manager. "The good news is that DSS is on the way up, but the incline is still very steep."

Standard System Group inherited a program lacking requirements, configuration management, baselines and documentation, Cox said.

Since February, SSG has continuously "triaged" the beleaguered enterprise system, Cox said, and DSS is on its way up for the time being.

Contracting and process issues have been resolved, requirements prioritized, and a budget

established, he said.

"The system that could produce a maximum of 1,000 completed investigations on an unusually good day last year, is now hitting better than 2,500 every work day," Cox said. "We've developed software to reflect initial business process streamlining changes and replaced inefficient workflow software, leading to a reduction of 160,000 parts of investigations awaiting computer processing to virtually zero."

Fiscal 2001 initiatives should keep the momentum moving, Cox said. Action items include completing baseline recovery, restructuring and archiving the database, and improving architecture definition.

THIS WEEK IN HISTORY

Oct. 26, 1995- A ribbon-cutting ceremony opening the new Military Family Housing project at Vandenberg was held at 114 Hillside Circle.

Oct. 27, 1998- The 30th Space Wing won its fourth Air Force Outstanding Unit Award for the period Jan. 1, 1997 to Dec. 31, 1997.

Oct. 28, 1985- A group of six female missile officers from inactivated Titan II units began crosstraining at the 4315th Combat Crew Training Squadron for service as Minuteman combat crew members. They were the first women admitted to the previously all-male Minuteman crew force.

NCO takes it off road

Medical group sergeant takes to Vandenberg's trails with intensity

BY STAFF SGT. ANDREW LEONHARD

30th Space Wing Public Affairs

■ Vandenberg is known not only for its spacelift capabilities, but also for its vast expanses of rugged terrain including 450 miles of roads and trails.

One 30th Medical Group NCO knows better than most about the terrain on the third largest U.S. Air Force base.

As an active competitor on mountain bikes since 1975, Staff Sgt. Scott DeLaurentis said he calls some of Vandenberg's trails his "training ground" in his quest to be the best among those on the racing circuit.

"I come from a very competitive family," the NCOIC of outpatient records said. "I picked it up from my brother and dad, who are both very competitive."

He has successfully finished more than 50 races. Recently, the 42-year-old competed in the Scott Tinley's Dirty Adventures Mountain Bike triathlons and duathlons. DeLaurentis finished first and fourth in the two events he entered.

He also finished a Bud Light California State Cross Country Championship series Sept. 24. He finished third overall in California in the Clydesdale division. The Clydesdale division is for competitors weighing more than 200 pounds.

"I did very well in a very demanding series," DeLaurentis said.

He explained that the series was made up of four races at four locations throughout California.

The first race in April was at Castaic Lake, where he finished second. The series also made stops in San Dimas, and Laguna Seca. For the series finale, racers went back to Castaic Lake where DeLaurentis finished fifth and receive his third place overall plaque.

"This series was tough ... I couldn't just relax," DeLaurentis explained. "I had to train



PHOTO CONTRIBUTED BY SCOTT DELAURENTIS

Scott DeLaurentis gives it his all during one of his latest mountain bike races.

hard, because I didn't want to fall behind someone else who was also training between races."

The mountain bike enthusiast also spent time road racing while stationed in Spain.

"Mountain bike racing and road racing have different demands on the body," he said. "Mountain biking requires more strength, and road racing takes more endurance."

DeLaurentis trains eight to 10 hours a week to build his strength, running, weight lifting, and riding. He is also a fitness instructor at the YMCA in Santa Maria.

Among the many people DeLaurentis has met on the race circuit is Staff Sgt. Brian Heirl, an equipment control journeyman from the 576th Flight Test Squadron and DeLaurentis training partner.

Describing DeLaurentis' spirit, Heirl said, "Scott has a very competitive drive when racing. He always wants to finish on top!"

DeLaurentis, like Team Vandenberg, won't settle for second best in his journey to the top of the mountain bike world.

SPORTS

BRIEFS

INTERSERVICE BOXING HERE NOV 4

The fitness center staff has scheduled the second annual Interservice Boxing Invitational Nov. 4 at 7 p.m. in the base gym. The event is free. Vandenberg will put fighters in the ring against Marine, Army and Navy boxers. Call the fitness center staff at 606-3832 for more information.

OVER 30 SOFTBALL STANDINGS

	W	L	Pct.
U.S. Penitentiary	8	1	.889
576th FLTS	7	1	.875
NRO	6	2	.750
30th MSS	6	3	.666
Det 9	5	3	.625
30th CES	4	4	.500
614th SOPS/14 th AF	4	4	.500
30th SFS	6	7	.462
381st TRG	4	5	.444
30th COMM	3	6	.333
30th LG5	1	8	.111

As of Oct. 19



AIRMAN 1ST CLASS/AMANDA EDWARDS

Stitch-n-time

Flo Gordon, 30th Space Wing chapel secretary, sews stripes on an airman's uniform Oct. 19 at the chapel. The Protestant and Catholic Women of the chapel helped Vandenberg's new promotees by sewing on new stripes for recently promoted airmen.

COMMUNITY

CALENDAR

27

FRI

The 30th Transportation Squadron is holding its

fourth annual **haunted trail** tonight and Saturday from 7 p.m. to midnight; and Sunday to Tuesday from 7 to 10 p.m.

The trail is located on Washington Avenue past Ocean Avenue. Admission is \$3 for people 12 years old and up, \$2 for people ages 6 to 12 and children under 5 are free.

The 30th Security Forces Squadron's **Pumpkin Patch** is located in the grassy area

Chapel services

CATHOLIC

- ♦ Sunday Morning Mass 9:45 a.m., Chapel 1
- ♦ Saturday Evening Mass 5 p.m., Chapel 2
- ♦ Daily Mass 11:30 a.m., Chapel 2
- ♦ Confessions Saturday 4:15 to 4:45 p.m., Chapel 2

PROTESTANT

- ♦ Contemporary Worship Service 8:30 a.m., Chapel 2
 - ♦ Traditional Worship Service 11:15 a.m., Chapel 1
 - ♦ Inspirational Worship Service 11:30 a.m., Chapel 2
- For information call the Chapel Office at 606-5773.

between the Commissary and the security force's squadron headquarters. It is open weekdays from 4 to 7 p.m. and 11 a.m. to 5 p.m. on weekends until Halloween. Free field trips and special requests are available by appointment. Call Tech. Sgt. Christopher Mohr at 605-0770, for information.

The Peacekeeper Association is holding the 10th annual **vandenblood manor haunted house**. The manor is located in building 11154, on Iceland Avenue between Midway and Guam avenues.

Tour are tonight and Saturday, 7 p.m. to midnight; Sunday and Monday, 7 to 9 p.m.; and Halloween, 7 p.m. to midnight. Price is \$3 for adults and \$2 for children 12 and under. Oct. 30 is children's night from 7 to 8:30 p.m. For more information, call Staff Sgt. Gregory Myers at 605-0272.

28

SAT

The Air Force Association is holding a

charity **chili cook-off** tomorrow at 11 a.m. in Cocheo Park. The cost is \$2 per bowl or \$5 for all you can eat. Children 8 to 12 can get all you can eat for \$2, and children under 8 eat free. Bread and crackers will

See CC Page 15

CC from Page 14

be provided. All proceeds will go to Operation Kids' Christmas. The AFSA will also have hotdogs and sodas for sale.

Airman Leadership School Class 01-A is sponsoring a **car wash** Saturday from 9 a.m. to 3 p.m. The car wash will be located in the parking lot of the Professional Military Education Center on the corner of California Boulevard and Utah Avenue. Prices for the carwash are: cars \$3, trucks and vans \$5. For more information, call the Airman Leadership School Staff at 606-5595.

31 TUE **Trick-or-treating** hours will be from 6 to 8

p.m. Tuesday. Housing residents who want to participate should leave porch lights on and give only wrapped or sealed treats. The 30th Security Forces Squadron will have extra people in the housing areas to ensure a safe and secure environment.

The chapel staff is holding **Jesus over you night** on Halloween at 6 p.m. in the Chapel 1 Annex. JOY night is a Christian education alternative to Halloween trick-or-treating. This year's theme is Fall Harvest. Those who wish may dress up, however, no scary costumes. Join the chapel staff for fun, games, and prizes. Volunteers are needed to help with games and set up and tear down. Sign-up sheets are located in Chapels 1 and 2. Candy donations are also welcome and can be brought to the Chapel Administration Office. For more information, call Jill Hembroff at 606-6920.

NOV 2 THU A **bone marrow drive** is scheduled for Nov. 2 at the services center from 9 a.m. to 3 p.m. This is a change from the original location. For more

information, call Kathy Ferko at 734-0768.

4 THU The services center staff is holding an **arts and crafts fair** Nov. 4 from 9 a.m. to 3 p.m. on the grassy area next to the bowling alley. A country band, bounce castle, petting zoo and a clown will be there to entertain. Call Lynn Warner at 605-8974 or Kim Saheim at 605-4729 for information or to sign up for a booth.

7 TUE The chapel staff is holding a **commanders' and first sergeants' luncheon** Nov. 7 at 11 a.m. All commanders and first sergeants are invited to the Tri-tip barbecue with all the fixins' luncheon. Those who want to attend should call the chapel at 606-5773 to make a reservation.

***At the Movies***

Tonight
Kings of Comedy
(R) 7:30 p.m.
Rated for language and sexual humor.

Saturday
Kings of Comedy
(R) 3 p.m.

Sunday
Bait
Rated for violence, language and sexuality
(R) 7:30 p.m.

S 30th Services



NEWS

Members'
Sunday Brunch
10 a.m. to 1 p.m.

NEW PRICES!
Adults **\$9.95**
Children ages 4 to 12 **\$.75 per year**
Children under 4 years **FREE**
First Come, First Served!

CHAMPAGNE
at the **Pacific Coast CLUB**

Sunday Brunch MENU
FEATURING
'Build your own' Omelet Station
Cinnamon French Toast
Belgian Waffles
Scrambled Eggs
Applewood Smoked Bacon
Sausage Links
Biscuits & Country Gravy
Mini Danish & Muffins
Pumpkin Tarts
Fresh Fruit
Bagels & Cream Cheese
Carved Steamship Round
Turkey Breast
Baby Red Potatoes
String Beans
Orange Juice/Tomato Juice
Sparkling Champagne

Halloween Video Cartoons for the Kids!

BOWLING

Halloween Youth Costume Party
Sunday from 4 to 6 p.m., prizes for best dressed boy and girl. Thunder Alley will be open too!

9-Pin No-Tap!
Nov. 4 check-in at 6 p.m. Bowling starts 6:30 p.m. Cost: \$10 per person.

OUTDOOR REC

REC CHECK-OUT/OUTDOOR REC
New Saturday Hours of Operation: 9 a.m. to 4 p.m.

RV Storage Lot Fees
Active Duty \$15.00/month
Retired \$15.00/month
DOD Civilians* \$30.00/month
*working on base
Pay 11 months get the 12th month FREE!

YOUTH

Halloween Dance Party
Saturday from 5 to 8 p.m. Costume required.

Boys and Girls Youth Basketball League
Registration ends Nov. 3. For more information, call Youth Center at 606-2152

SERVICE CENTER

Knotts Scary Farm!
Saturday and Tuesday

Universal Halloween Horror Night!
Tuesday

Knott's Berry Farm Free Days
(Veterans' Week)
Nov. 4 through Nov. 12
Call Vandenberg Information Tickets and Travel at 606-7976 for more info.

FITNESS CENTER

Boxing Clinic
For amateur boxing officials. Nov. 4 at 8 a.m. in the Service Center. Call Don Green at 733-2245 or 606-2878.

ROD & GUN

NEW! Five Stand Sporting Clays
second and fourth Tuesday of each month.
New Store Hours:
Weekends: 10 a.m. to 2 p.m.
Wednesdays and Fridays: 11 a.m. to 2 p.m.
Tuesdays and Thursdays: 2 p.m. to 8 p.m.
Closed Mondays

Reminders...

Saturday in the Hawk's Nest
9 p.m. to 4 a.m. with DJ Guy
Lounge opens at 8 p.m.

VANDENBERG 2nd Annual Interservice Boxing Invitational
Nov. 4 at 7 p.m. in the FITNESS CENTER

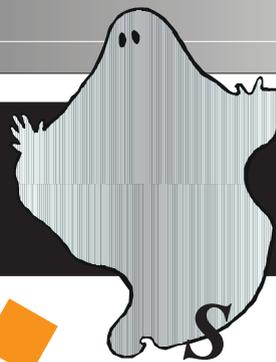
MEN'S BASKETBALL

Vandenberg Hawks

PRESEASON			
Tonight	Blue vs. White (scrimmage)	Vandenberg Fitness Center	7:30 p.m.
Saturday	Blue vs. White (scrimmage)	Cabrillo High	11 a.m.
REGULAR SEASON			
Nov. 3	San Luis All-Stars	Vandenberg Fitness Center	7:30 p.m.

30th Services

NEWS



ARTS & CRAFTS FAIRE!

BOWLING



Arts & Crafts

COUNTRY FAIRE



9 a.m.
to
3 p.m.

SPACES
AVAILABLE
FOR
VENDORS!

\$25
per
space

Saturday, November 4, 2000

CLOWN!

PETTING
ZOO!

LIVE
COUNTRY
BAND!

BOUNCE
CASTLE!

FOOD, GAMES & CRAFT BOOTHS

Faire to be held on grassy area adjacent to the bowling center

Volunteers are needed to help with the Faire!

For details, call Lynn Warner at 605-8974, or Kim Saheim 605-4729

Special!

Starting Thursday,
the Bowling Center
will be hosting a

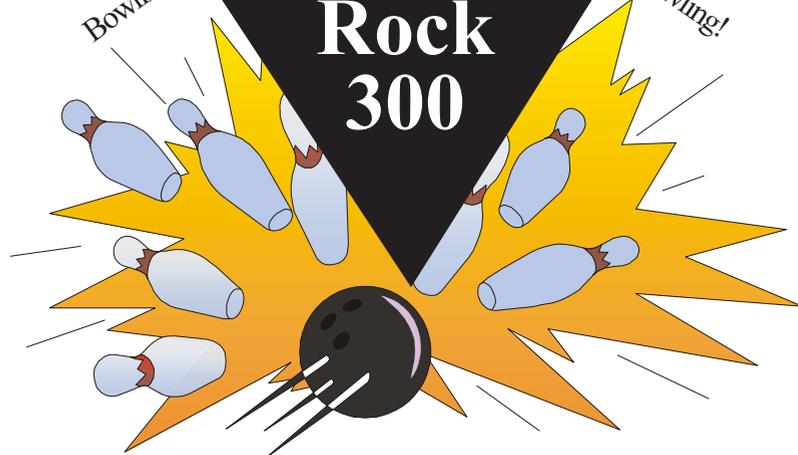
FAMILY NIGHT

with

**THUNDER
Rock
300**

Glow
in the
Dark
Bowling!

Glow
in the
Dark
Bowling!



6 to 9 p.m. every Thursday

\$6 per person

(no other specials honored)

Price includes three hours of bowling with
THUNDER ALLEY and rental shoes included!

Come join the fun as a family!

Child Care FOOD PROGRAM

The Vandenberg AFB Child Development Center, Family Child Care and School-Age Program have renewed their participation in the Child Care Food Program for 2000 through 2001. This federal program offers free meals to eligible participants. Children enrolled are offered the same meals as nonparticipants with no physical segregation of, or other discrimination against, any child because of race, color, national origin, age, sex or disability. There is no discrimination in admission policy, meal service or the use of the facilities.

Enrollment forms are available at any of the facilities. Children must enroll for the new fiscal year. Any child that has participated in the program during the previous year must re-enroll.

If you have any questions please call the **Child Development Center at 606-1555, the Family Day Care Program at 606-4639 or the School-Age Program at 606-2152.**

DINING FACILITY

Home Recipe Program

Submit your mom's or grandmother's awesome home recipe and you could be eating that nice 'home-cooked' meal you've missed since basic training! If your recipe is chosen, your name will appear on the menu board by the meal item. Grab your mom's or grandma's recipe and bring it to the AETC Dining Facility supervisor, and we'll make it for you!



DIAL-A-MENU phone number
for the AETC Dining Facility is 605-2595.